Structure and Function of the Body 16th edition Patton Test Bank

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MULTIPLE CHOICE

1. Which of the following is not a subatomic particle that makes up the atom?
   a. Ion
   b. Proton
   c. Neutron
   d. Electron

   ANS: A DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

2. The atomic number of an atom is equal to the number of:
   a. electrons.
   b. neutrons.
   c. protons.
   d. neutrons and protons.

   ANS: C DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

3. The atomic mass of an atom is equal to the number of:
   a. electrons.
   b. neutrons.
   c. protons.
   d. neutrons and protons combined.

   ANS: D DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

4. This subatomic particle is found in the nucleus of the atom.
   a. Electron
   b. Neutron
   c. Proton
   d. neutrons and protons

   ANS: D DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

5. This subatomic particle is found in orbitals around the nucleus of the atom.
   a. Electron
   b. Neutron
   c. Proton
   d. Neutrons and protons

   ANS: A DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

Structure and Function of the Body 16th edition Patton Test Bank

6. This is not a characteristic of a proton:
   a. contributes to the atom's atomic number.
   b. contributes to the atom's atomic mass.
   c. is located in the nucleus of the atom.
   d. carries a negative electrical charge.

   ANS: D DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

7. This is not a characteristic of a neutron:
   a. contributes to the atom's atomic number.
   b. contributes to the atom's atomic mass.
   c. is located in the nucleus of the atom.
   d. has no electrical charge.

   ANS: A DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

8. This is not a characteristic of an electron:
   a. is in an orbital around the nucleus of the atom.
   b. has a negative electrical charge.
   c. contributes to the atom's atomic number.
   d. move about in chaotic, unpredictable paths.

   ANS: C DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

9. A particular atom has 16 protons, 17 neutrons, and 16 electrons. The atomic number of this atom is:
   a. 49.
   b. 32.
   c. 33.
   d. 16.

   ANS: D DIF: Applying REF: p. 21 OBJ: 2
   TOP: Atoms

10. A particular atom has 16 protons, 17 neutrons, and 16 electrons. The atomic mass of this atom is:
    a. 49.
    b. 32.
    c. 33.
    d. 16.

    ANS: C DIF: Applying REF: p. 21 OBJ: 2
    TOP: Atoms

11. The second energy level of an atom:
    a. has four orbitals.
    b. can hold eight electrons.
    c. is a lower energy level then the first energy level.

Structure and Function of the Body 16th edition Patton Test Bank

d. can hold only two electrons.

ANS: B DIF: Applying REF: p. 21 | p. 22 OBJ: 2
TOP: Atoms

12. Compounds are:
a. pure substances.
b. made up of only one type of atom.
c. made up of two or more different types of atoms.
d. make up 96% of the human body.

ANS: C DIF: Remembering REF: p. 22
OBJ: 1 TOP: Elements, molecules, and compounds

13. The formula for oxygen gas is O_2; this means it is:
a. made up of two atoms of oxygen.
b. a molecule.
c. a compound.
d. made up of two atoms of oxygen and is a molecule.

ANS: D DIF: Applying REF: p. 22 OBJ: 1
TOP: Elements, molecules, and compounds

14. If an atom had 20 protons and 18 electrons, it would:
a. have a negative 2 charge.
b. have a plus 2 charge.
c. be attracted to a positively charged ion.
d. have a negative 2 charge and be attracted to a positively charged atom.

ANS: B DIF: Applying REF: p. 22 | p. 23 OBJ: 3
TOP: Ionic bonds

15. Ionic bonds:
a. usually dissolve easily in water.
b. produced ions when dissolved in water.
c. are formed by atoms of opposite charge.
d. usually dissolve easily in water.

ANS: D DIF: Remembering REF: p. 22 | p. 23
OBJ: 3 TOP: Ionic bonds

16. Covalent bonds:
a. dissociate in water.
b. are formed when electrons are shared between atoms.
c. are formed by atoms of opposite charge.
d. dissociate in water and are formed by atoms of opposite charge.

ANS: B DIF: Remembering REF: p. 24
OBJ: 3 TOP: Covalent bonds

17. Organic compounds must contain:
a. oxygen.

Structure and Function of the Body 16th edition Patton Test Bank

b. carbon–oxygen bonds.
c. hydrogen–oxygen bonds.
d. electrical charges in regions when tiny hydrogen atoms are not able to equally share their electrons.

ANS: D DIF: Remembering REF: p. 24
OBJ: 4 TOP: Inorganic chemistry

18. Which of the following is not true of water?
a. Water is the most abundant organic compound in the body.
b. Water is found both in and around the cells of the body.
c. Water is the solvent in which most other compounds are dissolved.
d. Water is essential to life.

ANS: A DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water

19. In a dehydration synthesis reaction:
a. water is a reactant.
b. water is a product.
c. a large molecule is broken down into a smaller one.
d. water is both a reactant and a large molecule broken down into a smaller one.

ANS: B DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

20. In a dehydration synthesis reaction:
a. hydrogen and oxygen are removed from the reactants.
b. water is added to the reactants.
c. water is broken down into hydrogen and oxygen.
d. water is broken down into other reactants.

ANS: A DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

21. In a hydrolysis reaction:
a. water is a product.
b. water is a reactant.
c. water is broken down into hydrogen and oxygen.
d. the product is larger than either reactant.

ANS: B DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

22. Which of the following statements is true?
a. The process of hydrolysis is used to build a larger molecule from smaller molecules.
b. Water is an end product of a hydrolysis reaction.
c. The process of dehydration synthesis is used to build a larger molecule from smaller molecules.
d. Water is a reactant in a dehydration synthesis reaction.

Structure and Function of the Body 16th edition Patton Test Bank

ANS: C DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

23. Which is not true of the following chemical equation? $K^+ + Cl^- = KCl$
    a. The equation indicates that there are two reactants.
    b. The equation indicates that there is one product.
    c. The equation indicates that the reaction occurs in both directions equally.
    d. The equation indicates that there are three products.

    ANS: C DIF: Remembering REF: p. 25
    OBJ: 4 TOP: Water chemistry

24. An acid:
    a. has a pH greater than 7.
    b. has a pH less than 7.
    c. has more OH^- ions than H^+ ions in solution.
    d. has a pH that is neutral.

    ANS: B DIF: Remembering REF: p. 26
    OBJ: 6 TOP: Acids, bases, and salts

25. A base:
    a. has a pH greater than 7.
    b. has a pH less than 7.
    c. has more OH^- ions than H^+ ions in solution.
    d. has a pH greater than 7 and has more OH^- ions than H^+ ions in solution.

    ANS: D DIF: Remembering REF: p. 26
    OBJ: 6 TOP: Acids, bases, and salts

26. A solution with a pH of 6:
    a. is an acid.
    b. is a base.
    c. has 10 times more H^+ ions than a solution with a pH of 5.
    d. is neutral.

    ANS: A DIF: Remembering REF: p. 26
    OBJ: 6 TOP: Acids, bases, and salts

27. A solution with a pH of 11:
    a. is an acid.
    b. is a base.
    c. has 10 times more OH^- ions than a solution with a pH of 10.
    d. is a base and has 10 times more OH^- ions than a solution with a pH of 10.

    ANS: D DIF: Remembering REF: p. 26
    OBJ: 6 TOP: Acids, bases, and salts

28. When the body removes CO_2 by way of the respiratory system:
    a. it lowers the pH of the blood.
    b. it raises the pH of the blood.

Structure and Function of the Body 16th edition Patton Test Bank

c. it has no effect on pH because CO_2 is neither an acid nor a base.
d. it is acting as a buffer.

ANS: B DIF: Remembering REF: p. 26 | p. 27
OBJ: 6 TOP: Homeostasis of pH

29. If a strong acid were added to one container of pure water and an equal amount of a weak acid were added to a second container of pure water:
a. the pH of both containers would go up equally.
b. the pH of both containers would go down equally.
c. the pH of the container with the strong acid would go up more than the container with the weak acid.
d. the ions of the container with the strong acid may neutralize each other.

ANS: D DIF: Applying REF: p. 26 | p. 27 OBJ: 6
TOP: Acids, bases, and salts

30. Which of the following is a monosaccharide?
a. Glucose
b. Sucrose
c. Lactose
d. Glucagon

ANS: A DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

31. Which of the following is a disaccharide?
a. Glucose
b. Sucrose
c. Starch
d. Glycogen

ANS: B DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

32. Which of the following is a polysaccharide?
a. Glucose
b. Lactose
c. Sucrose
d. Glycogen

ANS: D DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

33. Liver cells and muscle cells are able to store chains of glucose in a molecule called:
a. glycogen.
b. polyglucose.
c. sucrose.
d. lactose.

ANS: A DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

Structure and Function of the Body 16th edition Patton Test Bank

34. Which of the following is not true of triglycerides?
    a. A part of the molecule attracts water.
    b. The molecule contains three fatty acids.
    c. The molecule contains glycerol.
    d. Triglycerides are used by the body to store energy.

    ANS: A DIF: Remembering REF: p. 28
    OBJ: 7 TOP: Lipids

35. Which of the following is not true of phospholipids?
    a. The molecule contains three fatty acids.
    b. The molecule has a water-attracting part.
    c. The molecule has a water-repelling part.
    d. It is important in the structure of the cell membrane.

    ANS: A DIF: Remembering REF: p. 28
    OBJ: 7 TOP: Phospholipids

36. Which of the following is not true of cholesterol?
    a. It is a steroid lipid.
    b. It helps stabilize the cell membrane.
    c. It contains only two fatty acids.
    d. It is the starting point for making the hormone estrogen.

    ANS: C DIF: Remembering REF: p. 29
    OBJ: 7 TOP: Steroids

37. This lipid can be found in the cell membrane:
    a. triglycerides.
    b. phospholipids.
    c. cholesterol.
    d. phospholipids and cholesterol.

    ANS: D DIF: Remembering REF: p. 29
    OBJ: 7 TOP: Lipids

38. Which of the following is a structural protein?
    a. Hormones
    b. Collagen
    c. Growth factor
    d. Enzymes

    ANS: B DIF: Remembering REF: p. 30
    OBJ: 7 TOP: Proteins

39. The “lock and key” model is use to describe the functioning of:
    a. enzymes.
    b. collagen molecules.
    c. keratin molecules.
    d. enzymes and keratin molecules.

Structure and Function of the Body 16th edition Patton Test Bank

ANS: A DIF: Remembering REF: p. 30
OBJ: 7 TOP: Proteins

40. Which of the following is not true of enzymes?
    a. They function on the lock and key model.
    b. They are functional proteins.
    c. They are catalysts.
    d. They are not essential for chemical reactions.

    ANS: D DIF: Remembering REF: p. 30
    OBJ: 7 TOP: Proteins

41. This molecule is found in DNA but not RNA:
    a. guanine.
    b. thymine.
    c. uracil.
    d. adenine.

    ANS: B DIF: Remembering REF: p. 30
    OBJ: 7 TOP: Nucleic acids

42. This molecule is found in DNA but not RNA:
    a. adenine.
    b. ribose sugar.
    c. deoxyribose sugar.
    d. phosphate.

    ANS: C DIF: Remembering REF: p. 30
    OBJ: 7 TOP: Nucleic acids

43. This molecule is found in RNA but not DNA:
    a. guanine.
    b. thymine.
    c. uracil.
    d. adenine.

    ANS: C DIF: Remembering REF: p. 30
    OBJ: 7 TOP: Nucleic acids

44. This molecule is found in RNA but not DNA:
    a. ribose sugar.
    b. deoxyribose sugar.
    c. adenine.
    d. cytosine.

    ANS: A DIF: Remembering REF: p. 30
    OBJ: 7 TOP: Nucleic acids

45. This subatomic particle does not contribute to the mass of an atom:
    a. proton.
    b. neutron.

Structure and Function of the Body 16th edition Patton Test Bank

c. electron.
d. protons and electrons.

ANS: C DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

46. The magnesium atom has two electrons in its outer energy level and is willing to donate both of them. The sodium atom has seven electrons in its outer energy level and will accept one electron. The chemical formula for the compound formed by magnesium and sodium would be:
a. Mg_2Na.
b. $MgNa_2$.
c. Mg_2S.
d. MgS_2.

ANS: B DIF: Creating REF: p. 21 | p. 22 OBJ: 3
TOP: Ionic bonds

47. Which of the following organs help maintain the proper pH of body fluids?
a. Kidneys by forming urine
b. Lungs by exhaling carbon dioxide
c. Spleen by filtering the blood
d. Kidneys by forming urine and the spleen by filtering blood

ANS: D DIF: Remembering REF: p. 26
OBJ: 6 TOP: Homeostasis of pH

48. Which of the following lipids do not contain fatty acids?
a. Phospholipids
b. Cholesterol
c. Triglycerides
d. Phospholipids and cholesterol

ANS: B DIF: Remembering REF: p. 29
OBJ: 7 TOP: Lipids

49. Which of the following lipids are used as starting points in the making of hormones?
a. Phospholipids
b. Cholesterol
c. Triglycerides
d. Cholesterol and triglycerides

ANS: B DIF: Remembering REF: p. 29
OBJ: 7 TOP: Lipids

50. In an atom, each orbital can hold:
a. one electron.
b. two electrons.
c. eight electrons.
d. hydrogen can hold two and the rest of the atoms can hold eight.

ANS: B DIF: Remembering REF: p. 21

Structure and Function of the Body 16th edition Patton Test Bank

OBJ: 2 TOP: Atoms

51. An isotope is an atom with:
    a. more protons than electrons.
    b. more electrons than protons.
    c. the same number of protons but different number of neutrons.
    d. more protons than electrons and more electrons than protons.

    ANS: C DIF: Remembering REF: p. 23
    OBJ: 3 TOP: Clinical Application: Radioactive Isotopes

52. Which of the following carries a positive electrical charge?
    a. Proton
    b. Neutron
    c. Electron
    d. Both proton and neutron

    ANS: A DIF: Remembering REF: p. 21
    OBJ: 2 TOP: Atoms

53. Which of the following is found in the nucleus of the atom?
    a. Proton
    b. Neutron
    c. Electron
    d. Both proton and neutron

    ANS: D DIF: Remembering REF: p. 21
    OBJ: 2 TOP: Atoms

54. Which of the following is found in orbitals surrounding the nucleus of the atom?
    a. Proton
    b. Neutron
    c. Electron
    d. Both proton and neutron

    ANS: C DIF: Remembering REF: p. 21
    OBJ: 2 TOP: Atoms

55. Which of the following carries no electrical charge?
    a. Proton
    b. Neutron
    c. Electron
    d. Both proton and neutron

    ANS: B DIF: Remembering REF: p. 21
    OBJ: 2 TOP: Atoms

56. Which of the following contributes to the atom's atomic mass?
    a. Proton
    b. Neutron
    c. Electron

Structure and Function of the Body 16th edition Patton Test Bank

d. Both proton and neutron

ANS: D DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

57. Which of the following contributes to the atom's atomic number?
a. Proton
b. Neutron
c. Electron
d. Both proton and neutron

ANS: A DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

58. Which of the following carries a negative electrical charge?
a. Proton
b. Neutron
c. Electron
d. Both proton and neutron

ANS: C DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

59. Which of the following contain three fatty acids and a molecule of glycerol?
a. Enzymes
b. Triglycerides
c. Phospholipids
d. Disaccharides

ANS: B DIF: Remembering REF: p. 28
OBJ: 7 TOP: Lipids

60. Which of the following is an example of a monosaccharide?
a. Glucose
b. Lactose
c. Glycogen
d. Starch

ANS: A DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

61. Which of the following has thymine as one of its nucleotides?
a. DNA
b. RNA
c. mRNA
d. ATP

ANS: A DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids

62. Which of the following is a lipid with a water-attracting and water-repelling part of its molecule?

Structure and Function of the Body 16th edition Patton Test Bank

a. Triglycerides
b. Cholesterol
c. Phospholipids
d. ATP

ANS: C DIF: Remembering REF: p. 28
OBJ: 7 TOP: Lipids

63. Which of the following is an example of a structural protein?
a. Enzymes
b. Collagen
c. Glycogen
d. Starch

ANS: B DIF: Remembering REF: p. 30
OBJ: 7 TOP: Proteins

64. Which of the following is an example of a functional protein?
a. Collagen
b. Glycogen
c. Enzymes
d. Starch

ANS: C DIF: Remembering REF: p. 30
OBJ: 7 TOP: Proteins

65. Which of the following is a lipid that can be found along with cholesterol in the cell membrane?
a. Triglycerides
b. Phospholipids
c. Both triglycerides and phospholippids
d. Neither triglycerides and phospholipids

ANS: B DIF: Remembering REF: p. 29
OBJ: 7 TOP: Phospholipids

66. Which of the following is a nucleic acid with a double helix structure?
a. DNA
b. RNA
c. Both DNA and RNA
d. Neither DNA or RNA

ANS: A DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids

67. Which of the following is a protein whose function is explained by the lock and key model?
a. Collagen
b. Glycogen
c. Enzymes
d. Starch

ANS: C DIF: Remembering REF: p. 30

Structure and Function of the Body 16th edition Patton Test Bank

OBJ: 7 TOP: Proteins

68. Which of the following has uracil as one of its nucleotides?
    a. DNA
    b. RNA
    c. Both DNA and RNA
    d. Neither DNA or RNA

    ANS: B DIF: Remembering REF: p. 30
    OBJ: 7 TOP: Nucleic acids

69. Which of the following is an example of a disaccharide?
    a. Glucose
    b. Dextrose
    c. Glycogen
    d. Lactose

    ANS: D DIF: Remembering REF: p. 27
    OBJ: 7 TOP: Carbohydrates

70. Which of the following is a starting substance for making the hormones estrogen and testosterone?
    a. Lactose
    b. Collagen
    c. DNA
    d. Cholesterol

    ANS: D DIF: Remembering REF: p. 29
    OBJ: 7 TOP: Steroids

71. Which of the following acts as a chemical catalyst?
    a. DNA
    b. RNA
    c. Enzymes
    d. Phospholipids

    ANS: C DIF: Remembering REF: p. 30
    OBJ: 7 TOP: Proteins

72. Which of the following is an example of a polysaccharide?
    a. Glucose
    b. Glycogen
    c. Dextrose
    d. Lactose

    ANS: B DIF: Remembering REF: p. 27
    OBJ: 7 TOP: Carbohydrates

73. Which of the following is the steroid lipid?
    a. Cholesterol
    b. Triglycerides

Structure and Function of the Body 16th edition Patton Test Bank

c. Enzymes
d. Phospholipids

ANS: A DIF: Remembering REF: p. 29
OBJ: 7 TOP: Lipids

74. This element is not one of the elements that make up 96% of the body.
a. Nitrogen
b. Hydrogen
c. Oxygen
d. Sodium

ANS: D DIF: Remembering REF: p. 22
OBJ: 1 TOP: Elements, molecules, and compounds

75. This is a way the body can remove excess H^+ ions from the body:
a. excreting them in the urine.
b. exhaling CO_2 from the lungs.
c. using a buffer.
d. urine excretion, exhalation of CO_2, and buffers.

ANS: D DIF: Remembering REF: p. 26
OBJ: 6 TOP: Homeostasis of pH

76. This modified nucleotide plays an important role in energy-transfer in the body:
a. adenosine triphosphate.
b. enzymes.
c. mRNA.
d. glycoproteins.

ANS: A DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids

77. Low blood pH results in a condition called:
a. alkalosis.
b. acidosis.
c. atherosclerosis.
d. hydrolysis.

ANS: B DIF: Remembering REF: p. 26
OBJ: 6 TOP: Homeostasis of pH

MATCHING

Match the name of the element with the correct symbol.
a. Potassium
b. Phosphorus
c. Sodium
d. Calcium
e. Carbon
f. Hydrogen

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g. Chlorine
h. Nitrogen

1. C
2. Ca
3. Cl
4. H
5. Na
6. P
7. K
8. N

1. ANS: E DIF: Remembering REF: p. 22
   OBJ: 1 TOP: Elements, molecules, and compounds
2. ANS: D DIF: Remembering REF: p. 22
   OBJ: 1 TOP: Elements, molecules, and compounds
3. ANS: G DIF: Remembering REF: p. 22
   OBJ: 1 TOP: Elements, molecules, and compounds
4. ANS: F DIF: Remembering REF: p. 22
   OBJ: 1 TOP: Elements, molecules, and compounds
5. ANS: C DIF: Remembering REF: p. 22
   OBJ: 1 TOP: Elements, molecules, and compounds
6. ANS: B DIF: Remembering REF: p. 22
   OBJ: 1 TOP: Elements, molecules, and compounds
7. ANS: A DIF: Remembering REF: p. 22
   OBJ: 1 TOP: Elements, molecules, and compounds
8. ANS: H DIF: Remembering REF: p. 22
   OBJ: 1 TOP: Elements, molecules, and compounds

Match the term with its definition or explanation.
a. Proton
b. Electron
c. Neutron
d. Atomic mass
e. Atomic number
f. Element
g. Compound
h. Hydrolysis
i. Acid
j. Base
k. Covalent bond
l. Ionic bond
m. Water
n. Buffer
o. Electrolytes
p. Dehydration synthesis

9. A process where a molecule of water is used to make large compounds smaller
10. A substance composed of more than one type of element

Structure and Function of the Body 16th edition Patton Test Bank

11. When an ionic compound dissociates in water, it forms these
12. Bond formed by the attraction of opposite charges
13. A subatomic particle with a positive charge
14. The most important inorganic compound in the body
15. A substance that resists a change in pH
16. A subatomic particle with a negative charge
17. The sum of the protons and neutrons in an atom
18. The number of protons in an atom
19. A pure substance made up of only one kind of atom
20. A subatomic particle with no charge
21. A substance that increases the concentration of H^+ ions in a solution
22. A bond formed when electrons are shared
23. A substance that increases the concentration of OH^- ions in a solution
24. A process where a molecule of water is removed to make two small molecules into one larger molecule

9. ANS: H DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry
10. ANS: G DIF: Remembering REF: p. 22
OBJ: 1 TOP: Elements, molecules, and compounds
11. ANS: O DIF: Remembering REF: p. 23
OBJ: 3 TOP: Ionic bonds
12. ANS: L DIF: Remembering REF: p. 23
OBJ: 3 TOP: Ionic bonds
13. ANS: A DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms
14. ANS: M DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water
15. ANS: N DIF: Remembering REF: p. 27
OBJ: 6 TOP: Acids, bases, and salts
16. ANS: B DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms
17. ANS: D DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms
18. ANS: E DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms
19. ANS: F DIF: Remembering REF: p. 22
OBJ: 1 TOP: Elements, molecules, and compounds
20. ANS: C DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms
21. ANS: I DIF: Remembering REF: p. 26
OBJ: 6 TOP: Acids, bases, and salts
22. ANS: K DIF: Remembering REF: p. 24
OBJ: 3 TOP: Covalent bonds
23. ANS: J DIF: Remembering REF: p. 26
OBJ: 6 TOP: Acids, bases, and salts
24. ANS: P DIF: Remembering REF: p. 25

Structure and Function of the Body 16th edition Patton Test Bank

OBJ: 5 TOP: Water chemistry

Match the term with the definition or explanation.

a. Glucose
b. Enzyme
c. Triglyceride
d. Glycogen
e. Cholesterol
f. Adenosine triphosphate
g. RNA
h. Phospholipids
i. Collagen
j. DNA

25. This is an example of a functional protein.
26. This nucleic acid has thymine as one of its nitrogen bases.
27. This lipid has a side that attracts water and another side that repels water and is important in formation of cell membranes.
28. This is the monosaccharide that the body prefers for its source of energy.
29. This is an example of a structural protein.
30. This nucleic acid has uracil as one of its nitrogen bases.
31. This lipid is made up of a molecule of glycerol and three fatty acids.
32. This is a special type of nucleotide that is used to transfer energy in the body.
33. This is a lipid that is used in the making of a number of hormones in the body.
34. This is the polysaccharide that the human body stores for energy.

25. ANS: B DIF: Remembering REF: p. 30
OBJ: 7 TOP: Proteins
26. ANS: J DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids
27. ANS: H DIF: Remembering REF: p. 28
OBJ: 7 TOP: Lipids
28. ANS: A DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates
29. ANS: I DIF: Remembering REF: p. 30
OBJ: 7 TOP: Protein
30. ANS: G DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids
31. ANS: C DIF: Remembering REF: p. 28
OBJ: 7 TOP: Lipids
32. ANS: F DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids
33. ANS: E DIF: Remembering REF: p. 29
OBJ: 7 TOP: Lipids
34. ANS: D DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

Structure and Function of the Body 16th edition Patton Test Bank

TRUE/FALSE

1. Matter can be defined as anything that occupies space and has mass.

   ANS: T DIF: Remembering REF: p. 21
   OBJ: 1 TOP: Levels of chemical organization

2. Atoms have never been seen by scientists, but their presence is strongly supported by the atomic theory.

   ANS: F DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

3. The proton of the atom carries a positive electrical charge.

   ANS: T DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

4. The proton of the atom is found in orbitals around the nucleus.

   ANS: F DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

5. The proton of an atom is found in the nucleus.

   ANS: T DIF: Remembering REF: p. 21
   OBJ: 2 TOP: Atoms

6. An atom with 15 protons would have an atomic mass of 15.

   ANS: F DIF: Applying REF: p. 21 OBJ: 2
   TOP: Atoms

7. An atom with 15 protons would have an atomic number of 15.

   ANS: T DIF: Applying REF: p. 21 OBJ: 2
   TOP: Atoms

8. An atom with 15 protons and 15 electrons would have an atomic mass of 30.

   ANS: F DIF: Applying REF: p. 21 OBJ: 2
   TOP: Atoms

9. An atom with 15 protons and 15 neutrons would have an atomic mass of 30.

   ANS: T DIF: Applying REF: p. 21 OBJ: 2
   TOP: Atoms

10. Neutrons have no electrical charge.

Structure and Function of the Body 16th edition Patton Test Bank

ANS: T DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

11. Neutrons and electrons are found in the nucleus of the atom.

ANS: F DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

12. Neutrons contribute to the atomic number of an atom.

ANS: F DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

13. Neutrons contribute to the atomic mass of the atom.

ANS: T DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

14. Electrons carry a negative electrical charge.

ANS: T DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

15. The number of electrons plus the number of protons is equal to the atomic number of an atom.

ANS: F DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

16. All orbitals of an atom can hold two electrons.

ANS: T DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

17. All energy levels of an atom can hold four orbitals.

ANS: F DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

18. All energy levels can hold eight electrons.

ANS: F DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

19. The first energy level of an atom can hold only two orbitals.

ANS: F DIF: Remembering REF: p. 22
OBJ: 2 TOP: Atoms

Structure and Function of the Body 16th edition Patton Test Bank

20. The first energy level of an atom is closest to the nucleus and is the lowest energy level.

ANS: T DIF: Remembering REF: p. 22
OBJ: 2 TOP: Atoms

21. The terms *energy level* and *electron orbital* are interchangeable.

ANS: F DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

22. Elements are pure substances.

ANS: T DIF: Remembering REF: p. 22
OBJ: 1 TOP: Elements, molecules, and compounds

23. The terms *molecule* and *compound* are interchangeable.

ANS: F DIF: Remembering REF: p. 22
OBJ: 1 TOP: Elements, molecules, and compounds

24. A formula of a compound tells you the number and types of elements that make up that compound.

ANS: T DIF: Remembering REF: p. 22
OBJ: 1 TOP: Elements, molecules, and compounds

25. The elements sodium, oxygen, hydrogen, and nitrogen make up 96% of the human body.

ANS: F DIF: Remembering REF: p. 22
OBJ: 1 TOP: Elements, molecules, and compounds

26. An atom is said to be chemically stable when its outer energy level is full.

ANS: T DIF: Remembering REF: p. 22
OBJ: 3 TOP: Chemical bonding

27. An atom with one more electron than proton would have a plus one charge.

ANS: F DIF: Applying REF: p. 23 OBJ: 3
TOP: Ionic bonds

28. In order for an atom to be an ion, the number of electrons cannot equal the number of protons.

ANS: T DIF: Applying REF: p. 23 OBJ: 3
TOP: Ionic bonds

29. When ionic compounds dissolve in water, they tend to dissociate into ions.

Structure and Function of the Body 16th edition Patton Test Bank

ANS: T DIF: Remembering REF: p. 23
OBJ: 3 TOP: Ionic bonds

30. The ions that are dissolved in water are called electrolytes.

ANS: T DIF: Remembering REF: p. 23
OBJ: 3 TOP: Ionic bonds

31. The symbol for a sodium atom that has lost one electron would be Na.

ANS: F DIF: Applying REF: p. 23 OBJ: 3
TOP: Ionic bonds

32. The symbol for a sodium atom that has lost one electron would be Na^+.

ANS: T DIF: Applying REF: p. 23 OBJ: 3
TOP: Ionic bonds

33. Atom X has eight electrons, two in its first energy level and six in its second energy level. It would most likely form an ion with a plus two charge.

ANS: F DIF: Creating REF: p. 23 OBJ: 3
TOP: Ionic bonds

34. Covalent bonds do not usually dissociate in water.

ANS: T DIF: Remembering REF: p. 24
OBJ: 3 TOP: Covalent bonds

35. Covalent bonds dissociate into ions when dissolved in water.

ANS: F DIF: Remembering REF: p. 24
OBJ: 3 TOP: Covalent bonds

36. All compounds in the human body are, by definition, organic compounds.

ANS: F DIF: Remembering REF: p. 24
OBJ: 4 TOP: Inorganic chemistry

37. Organic compounds must have either a C–C or C–H bond.

ANS: T DIF: Remembering REF: p. 24
OBJ: 4 TOP: Inorganic chemistry

38. Water is an inorganic compound.

ANS: T DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water

Structure and Function of the Body 16th edition Patton Test Bank

39. Aqueous solutions have water as the solvent.

ANS: T DIF: Remembering REF: p. 25
OBJ: 5 TOP: Solutions

40. In a dehydration synthesis reaction, water is always a reactant.

ANS: F DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

41. In a dehydration synthesis reaction, water is always a product.

ANS: T DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

42. In dehydration synthesis reaction, smaller reactants are joined to form a larger product.

ANS: T DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

43. In the process of hydrolysis, a molecule of water is broken down to hydrogen and oxygen.

ANS: F DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

44. In hydrolysis, water is used to break the bonds of a larger molecule and convert it to smaller molecules.

ANS: T DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

45. In a hydrolysis reaction, water is always an end product.

ANS: F DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

46. Hydrolysis is virtually the reverse of a dehydration synthesis reaction.

ANS: T DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water chemistry

47. Acids produce an excess of H^+ ions.

ANS: T DIF: Remembering REF: p. 26
OBJ: 6 TOP: Acids, bases, and salts

48. Bases produce an excess of OH^- ions.

Structure and Function of the Body 16th edition Patton Test Bank

ANS: T DIF: Remembering REF: p. 26
OBJ: 6 TOP: Acids, bases, and salts

49. An increase in H^+ ions will cause an increase in the pH value.

ANS: F DIF: Remembering REF: p. 26
OBJ: 6 TOP: Acids, bases, and salts

50. An increase in pH value would mean more H^+ ions are in solution.

ANS: F DIF: Applying REF: p. 26 OBJ: 6
TOP: Acids, bases, and salts

51. A solution with a pH of 4 has 100 times more H^+ ions than a solution with a pH of 2.

ANS: F DIF: Applying REF: p. 26 OBJ: 6
TOP: Acids, bases, and salts

52. A solution with a pH of 3 has 10 times more H^+ ions than a solution with a pH of 4.

ANS: T DIF: Applying REF: p. 26 OBJ: 6
TOP: Acids, bases, and salts

53. A solution that has a greater concentration of OH^- ions than H^+ ions would be called a base.

ANS: T DIF: Remembering REF: p. 26
OBJ: 6 TOP: Acids, bases, and salts

54. A strong acid added to a solution would raise the pH more than the same amount of a weak acid added to the solution.

ANS: F DIF: Applying REF: p. 26 OBJ: 6
TOP: Acids, bases, and salts

55. When a neutralization reaction occurs between a strong acid and base, one of the end products is water.

ANS: T DIF: Remembering REF: p. 26
OBJ: 6 TOP: Acids, bases, and salts

56. A buffer is a chemical that helps prevent a sudden change in pH.

ANS: T DIF: Memorization REF: p. 27
OBJ: 6 TOP: Homeostasis of pH

57. The word *carbohydrate* literally means “sugar.”

ANS: F DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

Structure and Function of the Body 16th edition Patton Test Bank

58. Both sucrose and lactose are monosaccharides.

ANS: F DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

59. Glucose is used by the body as a source of energy.

ANS: T DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

60. Both sucrose and lactose are disaccharides.

ANS: T DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

61. A molecule of glycogen contains more saccharide units than a molecule of sucrose.

ANS: T DIF: Applying REF: p. 27 OBJ: 7
TOP: Carbohydrates

62. A molecule of glucose has more saccharide units than a molecule of lactose.

ANS: F DIF: Applying REF: p. 27 OBJ: 7
TOP: Carbohydrates

63. Muscles store chains of glucose in a molecule called dextrose.

ANS: F DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

64. Glycogen and starch are both polysaccharides.

ANS: T DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

65. Cholesterol is an important source of energy for the body.

ANS: F DIF: Remembering REF: p. 27
OBJ: 7 TOP: Steroids

66. Phospholipids and triglycerides both contain fatty acids.

ANS: T DIF: Remembering REF: p. 28
OBJ: 7 TOP: Lipids

67. Phospholipids and triglycerides both have parts of their molecules that attract water.

ANS: F DIF: Remembering REF: p. 28

Structure and Function of the Body 16th edition Patton Test Bank

OBJ: 7 TOP: Lipids

68. Phospholipids are the starting substance for several steroid hormones in the body.

ANS: F DIF: Remembering REF: p. 28
OBJ: 7 TOP: Phospholipids

69. Both phospholipids and cholesterol are structural components of the cell membrane.

ANS: T DIF: Remembering REF: p. 28 | p. 29
OBJ: 7 TOP: Lipids

70. Both phospholipids and cholesterol are steroid lipids.

ANS: F DIF: Remembering REF: p. 29
OBJ: 7 TOP: Lipids

71. The bonds that join amino acids together to form a protein are called peptide bonds.

ANS: T DIF: Remembering REF: p. 29
OBJ: 7 TOP: Proteins

72. The functional proteins in the body include hormones, collagen, and cell membrane receptors.

ANS: F DIF: Remembering REF: p. 30
OBJ: 7 TOP: Proteins

73. The shape of proteins determines their role in body chemistry.

ANS: T DIF: Remembering REF: p. 29 | p. 30
OBJ: 7 TOP: Proteins

74. The basic building blocks of nucleic acids are nucleotides.

ANS: T DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids

75. Both DNA and RNA contain uracil.

ANS: F DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids

76. Both DNA and RNA contain a sugar molecule as part of their structure.

ANS: T DIF: Applying REF: p. 30 OBJ: 7
TOP: Nucleic acids

77. Both DNA and RNA have a double helix structure.

Structure and Function of the Body 16th edition Patton Test Bank

ANS: F DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids

78. DNA is the “master code” for making proteins.

ANS: T DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids

79. LDLs have a high concentration of protein and low concentration of lipid.

ANS: F DIF: Remembering REF: p. 29
OBJ: 7 TOP: Clinical Application: Blood Lipoproteins

80. HDL is sometimes called the “bad” cholesterol.

ANS: F DIF: Remembering REF: p. 29
OBJ: 7 TOP: Clinical Application: Blood Lipoproteins

81. LDL is sometimes called the “bad” cholesterol.

ANS: T DIF: Remembering REF: p. 29
OBJ: 7 TOP: Clinical Application: Blood Lipoproteins

82. High levels of LDL are associated with the development of atherosclerosis.

ANS: T DIF: Remembering REF: p. 29
OBJ: 7 TOP: Clinical Application: Blood Lipoproteins

83. An atom’s mass number is usually greater than its atomic number.

ANS: T DIF: Applying REF: p. 21 OBJ: 2
TOP: Atoms

84. An atom’s atomic number is usually greater than its mass number.

ANS: F DIF: Applying REF: p. 21 OBJ: 2
TOP: Atoms

85. Electrons move in an elliptical orbit rather than a circular orbit around the nucleus.

ANS: F DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

86. An electron in the third energy level is closer to the nucleus than an electron in the second energy level.

ANS: F DIF: Remembering REF: p. 21
OBJ: 2 TOP: Atoms

Structure and Function of the Body 16th edition Patton Test Bank

87. All compounds are molecules, but not all molecules are compounds.

ANS: T DIF: Applying REF: p. 22 OBJ: 1
TOP: Elements, molecules, and compounds

88. The bond between carbon and hydrogen in an organic compound is an example of a covalent bond.

ANS: T DIF: Remembering REF: p. 24
OBJ: 4 TOP: Inorganic chemistry

89. Water is the most abundant solute in the body.

ANS: F DIF: Remembering REF: p. 25
OBJ: 5 TOP: Water

90. Chemical bonds can store potential chemical energy.

ANS: T DIF: Remembering REF: p. 25
OBJ: 3 TOP: Water chemistry

91. The primary source of energy used by the body is a carbohydrate.

ANS: T DIF: Remembering REF: p. 27
OBJ: 7 TOP: Carbohydrates

92. The only group of organic compounds that contains sugar is the carbohydrates.

ANS: F DIF: Applying REF: p. 27 | p. 30 OBJ: 7
TOP: Carbohydrates | Nucleic acids

93. Adenosine triphosphate is a modified nucleotide that is important in energy transfer in the body.

ANS: T DIF: Remembering REF: p. 30
OBJ: 7 TOP: Nucleic acids

94. If blood pH tests indicate that your blood pH is high, you are suffering from alkalosis.

ANS: T DIF: Applying REF: p. 26 OBJ: 6
TOP: Homeostasis of pH

Structure and Function of the Body 16th edition Patton Test Bank