Toward Healthy Aging 11th edition Touhy Test Bank

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Test Bank - Chapter 01

Q: When did serious and well-controlled research studies on aging first become available?

A. Only in the past 60 years. (Correct)
B. Since the turn of the 20th century.
C. Following the Great Depression.
D. Since the year 2000.

Q: The son of a nursing home resident asks a nurse: “What is the significance of being certified in gerontology? I see that you are, but not all of the nurses are.” What response best answers the family member’s question?

A. “National certification as a gerontological nurse is a way to demonstrate special knowledge in caring for older adults.” (Correct)
B. “National certification in gerontology is required for all nurses who have worked in this setting for 2 or more years.”
C. “National certification is only available to nurses who have a Baccalaureate degree in nursing.”
D. “Only advanced practice nurses, like nurse practitioners, are certified in gerontology.”

Q: The major goal of the NICHE (Nurses Improving Care for Healthsystem Elders) program includes which of the following?

A. Improve outcomes for hospitalized older adults. (Correct)
B. Increase the number of older adults cared for in hospitals.
C. Increase the number of iatrogenic complications that occur in hospitalized older adults.
D. Decrease 30-day readmission rates for hospitalized older adults.

Q: What is the impact of the Hospital Readmission Reduction Program (HRRP) on avoidable readmissions? *(Select all that apply.)*
(Select all that apply.)

A. Readmission rates for the selected conditions have dropped nationwide. (Correct)
B. Many hospitals have instituted system-wide interventions to prevent readmissions. (Correct)
C. Hospitals are keeping patients longer to avoid readmissions.
D. Potentially avoidable hospitalizations among nursing home residents is increasing.
E. Hospitals have a financial incentive to develop programs to reduce readmissions. (Correct)

Q: Which of the following are true statements about the current health care workforce? *(Select all that apply.)*
(Select all that apply.)

A. Approximately 10% of registered nurses (RNs) are certified in gerontological nursing.
B. The number of geriatricians is expected to increase about 50% over the next 25 years.
C. The professions of social work, physical therapy, and psychiatry are demonstrating the same trends as nursing. (Correct)
D. The world’s older population is expected to grow to at least 1.3 billion in the next 20 years. (Correct)
E. It is anticipated that there will be a need for approximately 3million additional direct care and professional health care workers by the year 2030. (Correct)

Q: Best practice recommendations for nursing education in relation to gerontology include which of the following? *(Select all that apply.)*
(Select all that apply.)

A. Provision of a "stand-alone" course in gerontological nursing (Correct)
B. Integration of gerontological content throughout the curriculum (Correct)
C. Replacement of acute care pediatric clinical experiences with gerontological clinical experiences
D. Recruitment of nurses with Master and Doctoral degrees and a specialty in gerontology to faculty roles (Correct)
E. Requiring all undergraduate nursing students to obtain gerontological certification as a requirement for graduation

Q: What are the current initiatives being implemented to enhance the specialty of gerontological nursing? *(Select all that apply.)*
(Select all that apply.)

A. Mandating of a minimum of a Baccalaureate degree in nursing in order to care for older adults
B. Geriatric Nursing Leadership Academy (GNLA) project (Correct)
C. Promotion of geriatric nursing to excellence to the nursing community (Correct)
D. Requiring a nursing certification specifically required to long-term care
E. Offering scholarships for study and research in geriatric nursing (Correct)

Q: A nurse discusses the "age in place" concept with an older adult client. The nurse would provide information related to which facility? *(Select all that apply.)*
(Select all that apply.)

A. Independent senior housing complexes. (Correct)
B. A long-term care facility that is affiliated with the hospital.
C. Retirement communities. (Correct)
D. Adult day health centers. (Correct)
E. Assisted living facilities. (Correct)

Q: What are the significant factors contributing to the growth of community-based care?: *(Select all that apply.)*
(Select all that apply.)

A. A decrease in the number of available nursing home beds.
B. Rapidly escalating health care costs. (Correct)
C. Older adults' preferences to "age in place." (Correct)
D. Inadequate numbers of nurses with gerontological specialty education.
E. Decreasing numbers of family caregivers.

Q: What are the changes in certified nursing facilities noted in recent years? *(Select all that apply.)*
(Select all that apply.)

A. Increase in the number of subacute beds (Correct)
B. Decrease in nursing facility length of stay (Correct)
C. Increase in level of acuity of the residents (Correct)
D. Decrease in cost of care in the nursing facility
E. Decrease in the number of registered nurses employed in long-term care facilities

Q: Which factor contributes to poor outcomes for older adults during transitions of care? *(Select all that apply.)*
(Select all that apply.)

A. Inability to read and understand discharge instructions (Correct)
B. Inadequate financial resources to purchase medications (Correct)
C. Lack of desire to comply with discharge instructions
D. Improved medication reconciliation during hospitalization
E. High levels of nurse-patient engagement

NCLEX Exam-Style Review Questions - Chapter 01

Q: What type of care is projected to be the fastest growing employment sector in the health care industry?

A. Childcare
B. Eldercare (Correct)
C. Adulthood
D. Adolescent care

Q: What book or journal provides a comprehensive overview of the scope of gerontological nursing for today's geriatric nurse?

A. *Nursing Research*
B. *American Journal of Nursing*
C. *Scope and Standards of Gerontological Nursing Practice* (Correct)
D. Newton and Anderson's first textbook on nursing care of the older adult

Q: As a nursing student who is interested in furthering his or her education in gerontological nursing, which of the following would be beneficial?

A. Advancing Care Excellence for Seniors (ACES)
B. Hartford Institute for Geriatric Nursing (HIGN) (Correct)
C. Geriatric Nursing Education Consortium (GNEC)
D. Hartford Geriatric Nursing Initiative (HGNI)

Q: As a gerontological nurse, where do you know that many older adults live?

A. Nursing homes
B. Rehabilitation centers
C. Their own homes (Correct)
D. Hospitals

Q: As a nurse caring for clients, how do you see yourself advancing the care of older adults, which is so essential now and in the future? (*Select all that apply.*)
(Select all that apply.)

A. Enhancing interest and recruitment (Correct)
B. Combating the consistent sense of apathy concerning the significance of nursing role models of care for older adults (Correct)
C. Being a positive role model (Correct)
D. Demonstrating a deep commitment in caring for the older adult (Correct)
E. Promoting ageism
F. Preparing for geriatric nursing in a school setting (Correct)

Q: As a nurse contemplating a future in gerontological nursing, which of the following might you plan on achieving a master's degree in? (*Select all that apply.*)
(Select all that apply.)

A. Geriatric nurse generalist
B. Gerontological nurse practitioner (GNP) (Correct)

C. Advanced practice registered nurse (APRN) with gerontological certification (Correct)
D. Gerontological clinical nurse specialist (GCNS) (Correct)