Mosbys Textbook for Long-Term Care Nursing Assistants 9th edition Kostelnick Test Bank

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Test Bank - Chapter 01

Q: Not relying on or requiring care from others is

A. deconditioning.
B. independence. (Correct)
C. self-care.
D. hospice.

Q: An acute illness is a(n)

A. sudden illness from which a person should recover. (Correct)
B. ongoing illness for which there is no known cure.
C. illness that is slow or gradual in onset.
D. illness for which there is no reasonable expectation of recovery.

Q: An ongoing illness that is slow or gradual in onset and for which there is no known cure is a(n) _____ illness.

A. acute
B. chronic (Correct)
C. terminal
D. physical

Q: A nursing task is

A. a nursing care pattern focusing on jobs.
B. a nursing care pattern in which an RN is responsible for the person's total care.
C. care or a function that can be delegated to nursing assistants. (Correct)
D. a service that is moved from departments to the bedside.

Q: The duty or obligation to perform some act or function is known as

A. accountability.
B. responsibility. (Correct)
C. delegation.
D. patient-focused care.

Q: Persons living in long-term care centers are called

A. patients.
B. tenants.
C. residents. (Correct)
D. individuals.

Q: Persons receiving care on assisted living units are called

A. tenants. (Correct)
B. clients or customers.
C. patients.
D. residents.

Q: Who is responsible for the entire nursing staff in a nursing center organization?

A. Nurse manager
B. Charge nurse
C. Staff nurse
D. Director of nursing (Correct)

Q: An assisted living facility

A. provides 2 to 3 meals a day and housekeeping and laundry services. (Correct)
B. is for persons with terminal illnesses.
C. provides complex ongoing rehabilitation.
D. is for persons with chronic mental illness.

Q: Which of the following individuals give basic nursing care under the supervision of a licensed nurse?

A. Nurse practitioners
B. Social workers
C. Nursing assistants (Correct)
D. Clinical laboratory technologists

Q: By law, nursing centers must have a medical director, known as which member of the health care team?

A. Doctor (Correct)
B. Director of nursing
C. Charge nurse
D. Hospital administrator

Q: Which health team members assess, make nursing diagnoses, plan, implement, and evaluate nursing care?

A. Physicians
B. RNs (Correct)
C. LPNs
D. Nursing assistants

Q: You are part of the

A. health team and the nursing team. (Correct)
B. board of trustees.
C. case management team.
D. prospective payment system.

Q: LPNs/LVNs are supervised by licensed

A. physicians, dentists, and RNs. (Correct)
B. physical therapists and occupational therapists.
C. agency administrators.
D. social workers, pharmacists, and RNs.

Q: Which health team member is responsible for diagnosing and treating diseases and injuries?

A. Physician (Correct)
B. Nurse practitioner
C. RN
D. Physician's assistant

Q: Which health team member assesses and plans for the nutritional needs of residents?

A. RN
B. Dietitian (Correct)
C. Pharmacist
D. Physician

Q: Which health team member helps residents and families with social, emotional, and environmental issues affecting illness and recovery?

A. Speech-language pathologist
B. Podiatrist
C. Activities director
D. Social worker (Correct)

Q: A hospice is a

A. skilled nursing facility.
B. home health care agency.
C. health care program for persons who present dangers to themselves or others.
D. health care agency or program for persons who are terminally ill. (Correct)

Q: A federal health insurance program for persons 65 years of age and older, or for younger people with certain disabilities is

A. private insurance.
B. group insurance.
C. an HMO.
D. Medicare. (Correct)

Q: Medicaid is a

A. preferred provider organization.
B. private insurance plan purchased by individuals.
C. federal health insurance program for persons with disabilities.
D. health care payment program sponsored by the federal government and operated by the states. (Correct)

Q: The overall goal of the interdisciplinary team is to

A. provide quality resident care. (Correct)
B. carry out the physician's orders.
C. develop care plans for residents.
D. follow center policies and procedures.

Q: What must a nursing center have to operate and provide care?

A. A certificate

B. Accreditation
C. Policies and procedures
D. A license (Correct)

Q: Accreditation for nursing centers is

A. a voluntary process that signals quality and excellence. (Correct)
B. required to receive Medicare and Medicaid funds.
C. a federal requirement for a nursing center to operate.
D. a process required by preferred providers.

Q: You have an important role in meeting standards and in the survey process. You must do which of the following?

A. Avoid speaking with the surveyors.
B. Interview residents and families.
C. Defer any questions asked to the charge nurse.
D. Follow center policies and procedures. (Correct)

Q: Surveys are done to see if the center meets set standards. Your role in the survey process involves which of the following?

A. Having good work ethics (Correct)
B. Making sure all staff meet state requirements
C. Deciding if the center meets the standards
D. Reviewing the nursing department budget

Q: Who of the following could act as the case manager in the long-term care setting?

A. Registered nurse (Correct)
B. Nursing assistant
C. Occupational therapy assistant
D. Medical physician

Q: What protects the public from persons practicing nursing without a license?

A. OBRA
B. The Older Americans Act
C. A State's Nurse Practice Act (Correct)
D. Criminal law

Q: How many hours of instruction for nursing assistant training does OBRA require?

A. At least 16
B. At least 32
C. At least 48
D. At least 75 (Correct)

Q: OBRA requires training and a competency evaluation for nursing assistants working in

A. day cares.
B. nursing centers. (Correct)
C. hospices.

D. doctors' offices.

Q: The competency evaluation required by OBRA involves a

A. written test only.
B. skills test only.
C. written test and a skills test. (Correct)
D. licensing examination.

Q: How many testing attempts does OBRA allow?

A. 1
B. At least 2
C. At least 3 (Correct)
D. At least 4

Q: The nursing assistant registry includes information about

A. prior elementary education.
B. children.
C. marriages.
D. findings of abuse, neglect, or dishonest use of property. (Correct)

Q: OBRA requires retraining and/or a new competency evaluation for persons who

A. have not worked as a nursing assistant for 24 months. (Correct)
B. were found guilty of abuse or neglect.
C. were convicted of a crime.
D. did not have good performance evaluations.

Q: As a nursing assistant, you should

A. report changes in the person's condition to the nurse. (Correct)
B. give drugs and insert tubes into body openings.
C. take verbal or telephone orders from doctors.
D. discuss the person's diagnosis with the family.

Q: A nurse asks you to perform a task that is beyond the legal limits of your role. You should

A. perform the task so that you do not lose your job.
B. politely refuse and explain why. (Correct)
C. ignore the request.
D. think about it for a few days.

Q: Which of the following indicates what your employer expects you to do?

A. Your job description (Correct)
B. The state nurse practice act
C. OBRA
D. Code of ethics

Q: A nurse can delegate

A. responsibilities.
B. accountability.
C. the Five Rights of Delegation.
D. tasks. (Correct)

Q: Which nursing team members cannot delegate?

A. RNs
B. LPNs
C. LVNs
D. Nursing assistants (Correct)

Q: Before a nurse delegates a task to you, the nurse must know which of the following?

A. If the task fits into your schedule for the day.
B. If you are willing to perform the task.
C. What kind of degree the nurse has?
D. What tasks your state allows nursing assistants to perform? (Correct)

Q: Certification of the nursing assistant is maintained at the _____ level.

A. local
B. state (Correct)
C. federal
D. community

Q: The duty or obligation to perform some act or function is

A. accountability.
B. responsibility. (Correct)
C. defamation.
D. malpractice.

Q: Does a nurse have to delegate a task to you?

A. Yes, if the task is in your job description.
B. Yes, if the nurse teaches you how to perform the task.
C. No. The nurse makes delegation decisions that are best for the person. (Correct)
D. No. The nurse performs the task unless he or she is busy.

Q: The Five Rights of Delegation involve the

A. right task, the right circumstances, the right person, the right directions and communication, and the right supervision. (Correct)
B. right law, the right job description, the right policies and procedures, and the right supervision.
C. right task, the right job description, the right person, the right training, and the right supervision.
D. right job description, the right task, the right person, the right directions and communication, and the right supervision.

Q: A nurse asks you to do a urinary catheterization. This involves sterile technique and inserting a tube into the person's bladder. The nurse gives you very clear instructions. What should you do?

A. Perform the task. The nurse's directions were clear.
B. Perform the task if the nurse is available to answer questions.
C. Refuse the task. It is beyond the legal limits of your role. (Correct)
D. Perform the task if another nursing assistant can help you.

Q: You can refuse to do a delegated task if

A. you are too busy.
B. you do not like the task.
C. it is the end of your shift and you are ready to go home.
D. the task is not in your job description. (Correct)

Q: Case managers are allowed to communicate with insurance companies.

A. True (Correct)
B. False

Review Questions - Chapter 01

Q: The goal of comprehensive care is to

A. meet the persons expectations, and have high patient and family satisfaction scores.
B. pass all state, federal and voluntary regulatory inspections and guidelines.
C. help the person maintain the highest possible level of function with all members of the health care team. (Correct)
D. meet all goals of the care plan established by the RN, interdisciplinary team, the person, and the family.

Q: Board and care homes provide

A. complete nursing care to dependent residents.
B. rooms, meals, laundry and supervision to independent residents. (Correct)
C. specialized care to residents with dementia.
D. end of life, hospice care to dependent residents.

Q: A resident begins rehabilitation

A. when an order is written by a physician.
B. when the person is admitted to the center. (Correct)
C. after the person is evaluated by the therapist.
D. when the person and the health care team agree it is appropriate.

Q: Hospice is

A. a health care agency or program for persons who are terminally ill. (Correct)
B. a supplemental program that may implement alternate therapies for those persons contemporary treatment has not worked.
C. an aggressive program that gives hope to terminal patients by offering holistic treatment and may offer experimental, or study, treatment options to those for whom all other treatment options have been exhausted.
D. an extension of hospital care but one that focuses on bringing the person comfort by making her or his time as pleasant and homelike as possible.

Q: Alzheimer's Units (Dementia Care Units) are

A. considered restrictive and archaic and should only be used for those with behavioral issues until those behavioral issues are resolved.
B. closed units that provides a safe setting for persons with memory loss and confusion to wander freely. (Correct)
C. used for other residents until other beds are open and available.
D. once a person is placed in a Dementia care unit, there is increased liability if that person is moved to a regular unit and something happens to him or her.

Q: Who controls policies in a nursing facility?

A. Division of health and senior services
B. Medicare and Medicaid
C. The health care team
D. The owner (Correct)

Q: The nursing team includes

A. RNs, LPN/LVNs, nursing assistants. (Correct)
B. RNs, LPN/LVNs, nursing assistants, doctor, physical therapist, occupational therapist.
C. RNs, LPN/LVNs, nursing assistants, doctor, case manager, social worker.
D. RNs, LPN/LVNs, nursing assistants, doctor, physical therapist, occupational therapist, case manager, social worker.

Q: The nursing assistant's role is to

A. follow the physicians orders.
B. assist the health care team as directed.
C. meet all state, federal, Medicare and Medicaid guidelines.
D. give basic nursing care under the supervision of a licensed nurse. (Correct)

Q: Nursing assistants can have their certification revoked or suspended for

A. being disrespectful to the nurse.
B. putting residents at risk of harm. (Correct)
C. talking too loudly, or being on a cell phone at work.
D. not wearing proper attire.

Q: The federal law that sets minimum training and competency requirements for nursing assstants is

A. OBRA. (Correct)
B. JOINTCO.
C. DHSS Centers for Medicare and Medicaid.
D. the nurse practice act.