Gerontologic Nursing 7th edition Yeager Test Bank

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Test Bank - Chapter 01

Q: In 2010, the revised *Standards and Scope of Gerontological Nursing Practice* was published. The nurse would use these standards to

A. promote the practice of gerontologic nursing within the acute care setting.
B. define the concepts and dimensions of gerontologic nursing practice.
C. elevate the practice of gerontologic nursing.
D. incorporate the concepts of health promotion, health maintenance, disease prevention, and self-care. (Correct)

Q: When attempting to minimize the effect of ageism on the practice of nursing older adults, a nurse needs to first

A. recognize that nurses must act as advocates for aging patients.
B. accept that this population represents a substantial portion of those requiring nursing care.
C. self-reflect and formulate one's personal view of aging and the older patient. (Correct)
D. recognize ageism as a form of bigotry shared by many Americans.

Q: The nurse planning care for an older adult who has recently been diagnosed with rheumatoid arthritis views the priority criterion for continued independence to be the patient's

A. age.
B. financial status.
C. gender.
D. functional status. (Correct)

Q: A nurse working with the older adult population is most likely to assess a need for a financial social service's referral for which person?

A. White male
B. Black female (Correct)
C. Hispanic male
D. Asian American female

Q: A nurse is preparing to complete a health assessment and history on an older patient. Which statement reflects an understanding of the general health status of this population?

A. "I'll need to document the medications the patient is currently prescribed."
B. "I would like to understand how supportive the patient's family members are."
C. "Most older patients are being treated for a variety of chronic health care issues."
D. "It will be interesting to see whether this patient sees herself as being healthy." (Correct)

Q: The nurse is caring for an older adult who has been admitted to an acute care hospital for treatment of a fractured femur. The family expresses concern about their father's pending transfer to a subacute care facility. What response by the nurse is best?

A. "Acute care facilities lack the long-term physical therapy your dad requires."
B. "Your dad will be much happier in a more serene, private environment."
C. "The subacute facility will focus on helping your dad to maintain his independence." (Correct)

D. “Insurance, including Medicare, will cover only a limited amount of time here.”

Q: To best assure both the quality of care and the safety of the older adult patient who requires in-home unlicensed assistive personal (UAP) assistance, which action by the gerontologic nurse is best?

A. Evaluates the competency of the UAP staff. (Correct)
B. Assumes the roles of case manager and patient advocate.
C. Arranges for the needed UAP provided services.
D. Assesses the patient for functional limitations.

Q: The nurse working with older adults understands what information about certification in gerontologic nursing?

A. It is mandatory for those in long-term care settings.
B. It is voluntary and shows clinical expertise in an area. (Correct)
C. It allows nurses to be paid by third-party payers.
D. It allows nurses to advance their careers in a job.

Q: A nurse works in a gerontologic clinic. What action by the nurse takes highest priority?

A. Serving as a patient advocate
B. Educating patients about diseases
C. Helping patients remain independent (Correct)
D. Referring patients to home health care

Q: A nurse is caring for an older patient in the emergency department. What information about the patient will be most helpful in creating a plan of care?

A. Baseline physical and cognitive functioning (Correct)
B. Living conditions and family support
C. Medications and current medical problems
D. Results of the Mini-Mental State Examination

Q: The faculty member explains to students that many older Americans continue to work past the “retirement age.” What best explains this trend?

A. Feeling healthier longer
B. Changing financial outlook (Correct)
C. Becoming bored in retirement
D. A desire to give back

Q: What information does the faculty member teach students about Medicare?

A. Covers anyone with end-stage renal disease (Correct)
B. Part A covers some prescription costs
C. Part B covers inpatient hospital costs
D. Part D eliminates the drug “donut hole”

Q: A nursing manager notes that many older patients are admitted to the nursing unit for acute problems. What action can the manager take to most benefit this population?

A. Provide mandatory education on the needs of the older patient.
B. Create programs that minimize functional losses. (Correct)

C. Ensure staffing numbers are adequate for dependent patients.
D. Encourage all nurses to obtain gerontologic certification.

Q: The dean of a new nursing program wishes to ensure graduates are prepared to care for older patients. What document should guide the dean in designing the curriculum?

A. The Nurse Practice Act for that state
B. The American Nurses Association (ANA) Code of Ethics for nurses
C. *Healthy People 2020*
D. The *Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults* (Correct)

Q: A nurse wants to plan a community event at a retirement center. What topic would most likely be best received?

A. Heart healthy living (Correct)
B. Financial planning
C. Avoiding scams
D. Ethnic cooking classes

Q: The clinic nurse caring for an older diabetic patient with a sixth-grade education anticipates that the patient may experience difficulty with which of the following? (*Select all that apply.*)
(Select all that apply.)

A. Recognizing the importance of keeping clinic appointments. (Correct)
B. Following a low-carbohydrate diet. (Correct)
C. Paying for insulin and syringes. (Correct)
D. Deciding on a primary health care provider.
E. Naming a health care surrogate.

Q: The nurse studying the history of gerontologic nursing learns which information about the specialty? (*Select all that apply.*)
(Select all that apply.)

A. The number of older Americans is diminishing.
B. The gerontologic nursing conference group was established in 1962. (Correct)
C. The gerontologic clinical nurse specialist certification was offered in 1989. (Correct)
D. There were no writings about the care of older persons until World War II.
E. The first *Standards of Practice for Gerontologic Nursing* was written in 1969. (Correct)

Q: The student asks the gerontologic clinic nurse why so many older people are women. What information does the nurse provide? (*Select all that apply.*)
(Select all that apply.)

A. Reduced maternal mortality (Correct)
B. Decreased deaths from infectious diseases
C. More deaths from chronic disease in men (Correct)
D. The protective role of estrogen (Correct)
E. Women tend to smoke and drink less than men

Q: The gerontologic nurse plans community programming for older women, noting what facts about this population subgroup? (*Select all that apply.*)

(Select all that apply.)

A. More likely to live alone (Correct)
B. Increased chance of living in poverty (Correct)
C. Taking care of a spouse
D. Suffering many chronic diseases (Correct)
E. Living with extended families

Q: The nurse knows that the most common causes of death in the older population result from which diseases? (*Select all that apply.*)
(Select all that apply.)

A. Cerebrovascular disease (Correct)
B. Communicable diseases
C. Heart disease (Correct)
D. Cancer (Correct)
E. Diabetes (Correct)