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Name:_____ Class:_____ Date:_____

Chapter 01: What Is Psychology?

1. Ravi is unable to choose the right career path after completing his college education. He plans to visit a psychologist who might help him find the right career. In this scenario, Ravi is most likely to visit a human factors psychologist.

a. True

b. False

ANSWER: False

2. Structuralists emphasized the tendency to organize perceptions into wholes and to integrate separate stimuli into meaningful patterns.

a. True

b. False

ANSWER: False

3. Psychoanalysis is the name of the theory of personality developed by Sigmund Freud.

a. True

b. False

ANSWER: True

4. Erik Erikson focused more on unconscious processes and less on conscious choice and self-direction.

a. True

b. False

ANSWER: False

5. John B. Watson developed the social-cognitive perspective, arguing for the influence of social factors over cognition

a. True

b. False

ANSWER: False

6. Gestalt psychologists claimed that one cannot explain human perceptions, emotions, or thought processes in terms of basic units.

a. True

b. False

ANSWER: True

7. Jalen wondered how many blueberries are necessary for the perfect-tasting pancake. In this example, changing the number of blueberries would be considered the dependent variable.

a. True

b. False

ANSWER: False

8. In the 1940s and 1950s, psychodynamic theory dominated the practice of psychotherapy.

a. True

b. False

ANSWER: True

9. According to structuralists, maladaptive behavior patterns tend to drop out, and only the fittest behavior patterns survive.

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a. True
b. False

ANSWER: False

10. According to the ethical guidelines of the American Psychological Association, animals cannot be harmed under any circumstance while conducting research.

a. True
b. False

ANSWER: False

11. In the context of psychological research, debriefing is the process of explaining the purposes and methods of a completed procedure to a participant.

a. True
b. False

ANSWER: True

12. Many case studies are clinical; that is, they are descriptions of a person's psychological problems and how a psychologist treated them.

a. True
b. False

ANSWER: True

13. A sample consists of multiple populations.

a. True
b. False

ANSWER: False

14. In a study conducted to test the effect of a medicine, one group of participants is given the medicine while another group is not. The latter would be considered an experimental group.

a. True
b. False

ANSWER: False

15. Psychology seeks to describe, explain, predict, and control behavior and mental processes.

a. True
b. False

ANSWER: True

16. Paulina is a kindergarten teacher. Every time one of her students answers correctly during her alphabet classes, she uses phrases like "Well done" and "Keep it up." Her behavior exemplifies reinforcement.

a. True
b. False

ANSWER: True

17. Correlations allow us to determine causality.

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a. True
b. False

ANSWER: False

18. Structuralists tended to ask, "How do behavior and mental processes help people adapt to the requirements of their lives?"

a. True
b. False

ANSWER: True

19. Sociocultural psychologists study those things we refer to as the mind.

a. True
b. False

ANSWER: False

20. As opposed to a dependent variable, an independent variable is manipulated by the experimenters so that its effects may be determined.

a. True
b. False

ANSWER: True

21. Which of the following psychologists might treat psychologically ill offenders, consult with attorneys on matters such as picking a jury, and analyze offenders' behavior and mental processes?

a. forensic psychologists
b. clinical psychologists
c. personality psychologists
d. experimental psychologists

ANSWER: a

22. Which of the following statements is true of the experimental method of research?

a. In the experimental method of research, participants in control groups obtain the treatment being tested.
b. The experimental method fails to answer questions about cause and effect.
c. In the experimental method of research, participants in experimental groups do not obtain the treatment being tested.
d. The experimental method allows psychologists to control the experiences of participants and draw conclusions about cause and effect.

ANSWER: d

23. A person in which field primarily focuses on the relationships between people and work?

a. industrial psychologist
b. human factors psychologist
c. forensic psychologist
d. consumer psychologist

ANSWER: a

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24. Since 15 percent of a university is comprised of Asian-American students, a sample for a study was chosen in such a way that it, too, consisted of 15 percent Asian Americans. This kind of sample would be an example of a _____.
    a. random sample
    b. static sample
    c. crowd sample
    d. stratified sample

ANSWER: c

25. Which of the following is a typical characteristic of biologically-oriented psychologists?
    a. They believe that self-awareness, experience, and choice permit us to invent ourselves and our ways of relating to the world as we progress through life.
    b. They study the influences of ethnicity, gender, culture, and socioeconomic status on behavior and mental processes.
    c. They investigate the ways we perceive and mentally represent the world, remember the past, plan for the future, solve problems, form judgments, make decisions, and use language.
    d. They study the role of heredity in behavior and mental processes such as psychological disorders, criminal behavior, and thinking.

ANSWER: d

26. Which of the following statements is true about the different types of psychologists?
    a. Counseling psychologists deal exclusively with clients who suffer from serious psychological disorders.
    b. Clinical psychologists help clients resolve problems and change self-defeating behavior.
    c. School psychologists focus on planning instructional methods for a school system rather than on individual children.
    d. Health psychologists apply psychology to the criminal justice system.

ANSWER: b

27. Who was a founder of the school of functionalism?
    a. B. F. Skinner
    b. Wilhelm Wundt
    c. William James
    d. Kurt Koffka

ANSWER: c

28. In every experiment, what the researcher is trying to determine has changed or not is called the _____.
    a. dependent variable
    b. confounding variable
    c. correlation coefficient
    d. stratified sample

ANSWER: a

29. Which of the following is a drawback of case studies?
    a. Interviewers may influence participants to give responses that suit their expectations.
    b. Case studies are not descriptive and hence do not offer substantial information about participants.
    c. Interviewers are required to disclose personal information about clients.

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d. Case studies do not collect information about small groups.

ANSWER: a

30. Ned is feeling stressed because of his workload at the office. He is also experiencing insomnia with rapid weight loss. What kind of correlation is there between Ned's stress and the amount of sleep he gets?

a. horizontal
b. negative
c. lateral
d. positive

ANSWER: b

31. As discussed in your text, the *Literary Digest* incorrectly predicted Alf Landon to win the 1936 presidential election over Franklin D. Roosevelt. What is believed to be the primary source of their error?

a. the control group
b. the dependent variable
c. the placebo group
d. the sample

ANSWER: d

32. Which of the following is true of Aristotle's contribution to psychology?

a. He held that people's behavior should be analyzed subjectively and not objectively.
b. He suggested that one could think of behavior in terms of a body and a mind.
c. He argued that human behavior is subject to rules and laws.
d. He pointed out that people's behavior is solely influenced by external stimulation.

ANSWER: c

33. Brandon is a psychologist who is studying the relationship between heredity and mood disorders. He strongly believes that behavior and mental processes have a connection with the brain, hormones, heredity, and evolution. Brandon's beliefs are most consistent with which perspective?

a. psychodynamic
b. cognitive
c. biological
d. humanistic–existential

ANSWER: c

34. Identify a true statement about social–cognitive theorists.

a. They believe that people are typically good and are predisposed to exhibit ethical conduct.
b. They note that people engage in intentional learning by observing others.
c. They define psychology as the scientific study of behavior, not of behavior and mental processes.
d. They believe that human social behavior is solely based on hereditary principles.

ANSWER: b

35. Functionalism was influenced by Darwin's theory of evolution which _____.

a. accepted the belief of random mutations
b. considered humans as another form of animal

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c. believed adaptive behavior patterns are learned and maintained
d. stated it takes thousands of years for species to evolve

ANSWER: b

36. Wilhelm Wundt used which method to try to discover the basic elements of experience?
a. introspection
b. reinforcement
c. psychoanalysis
d. existentialism

ANSWER: a

37. Famous neoanalysts such as Karen Horney and Erik Erikson differ from earlier psychodynamic practitioners in that they _____.
a. emphasized on environmental influences and the learning of habits through repetition
b. focused less on unconscious processes and more on conscious choice and self-direction
c. focused on the evolution of behavior in order to understand the human psyche
d. believed that people perceive separate pieces of information as integrated wholes

ANSWER: b

38. Which of the following are different from clinical psychologists in that their clients typically have adjustment problems, such as trouble making academic or vocational decisions or making friends in college, but not serious psychological disorders?
a. personality psychologists
b. organizational psychologists
c. developmental psychologists
d. counseling psychologists

ANSWER: d

39. Julie's research work requires her to interview a sample of 200 people within two months. She needs to gather data about the sample group's attitude toward certain situations through a questionnaire, but she has limited time to gather the information. Which of the following methods should Julie use to gather the required information?
a. the survey method
b. the placebo method
c. naturalistic observation
d. the experimental method

ANSWER: a

40. Which of the following statements is true of William James's contribution to psychology?
a. He argued that the stream of consciousness was fluid and continuous.
b. He theorized that experience can be broken down into objective sensations and subjective feelings.
c. He pointed out that people were social creatures who influenced one another.
d. He believed that organisms learn to behave only through reinforcement.

ANSWER: a

41. In Gestalt psychology, learning, especially problem solving, is accomplished primarily by _____.

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a. repetition
b. insight
c. continuous practice
d. mechanical reinforcement

ANSWER: b

42. While industrial psychologists focus on the relationships between people and work, the behavior of people in workplaces such as businesses is studied by which of these fields?
a. organizational psychologists
b. forensic psychologists
c. developmental psychologists
d. personality psychologists

ANSWER: a

43. According to the psychoanalytic approach, a good majority of what influences our behavior is _____.
a. an emphasis on unconscious ideas and impulses that originate in childhood conflicts
b. equally divided up between our objective sensations and subjective feelings
c. how we were reinforced as young adults, and how that affects behavior choices
d. our drive towards self-actualization and how we choose to pursue it

ANSWER: a

44. Social-cognitive theorists _____.
a. suggest that people can modify and create their environments
b. primarily emphasize environmental influences and the learning of habits through repetition
c. primarily emphasize environmental influences and the learning of habits through reinforcement
d. suggest that people cannot engage in intentional learning

ANSWER: a

45. Which of the following is the first step in the scientific method?
a. formulating a research question
b. testing a hypothesis
c. calculating correlations
d. modifying theories

ANSWER: a

46. Which of the following is a complete group of interest to researchers, from which a sample is drawn for an experiment?
a. random sample
b. segment
c. population
d. stratified sample

ANSWER: c

47. The construction of a factory near Valley Mont Elementary School adversely affected the concentration of the

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students in the school. In order to help the students cope with this problem, the principal of the school invited a psychologist who was experienced in dealing with humans and their interactions with their surroundings. Which field would this psychologist most likely study?

a. forensic psychology
b. social psychology
c. environmental psychology
d. industrial psychology

ANSWER: c

48. Which of the following is true of B. F. Skinner's contribution to behaviorism?

a. He believed that organisms learn to behave in certain ways because they have been reinforced for doing so.
b. He focused on the relation between conscious experience and behavior in shaping the human psyche.
c. He used introspection to try to discover the basic elements of experience that influenced human behavior.
d. He stated that psychology should be defined as the study of behavior and mental processes.

ANSWER: a

49. One of the advantages of which method is that by distributing questionnaires and analyzing answers with a computer, psychologists can study many thousands of people at a time?

a. surveys
b. case studies
c. interviews
d. simulation techniques

ANSWER: a

50. People in which field of psychology believed that learning consisted of both overt behaviors and meaningful "wholes?"

a. functionalists
b. behaviorists
c. humanists
d. Gestalt

ANSWER: d

51. Erik works as a counselor. He strongly believes in an individual's capacity for self-fulfillment, self-awareness, and decision making. He follows the principle that people are responsible for choosing their conduct. Erik's beliefs best exemplify which perspective?

a. psychodynamic
b. humanistic-existential
c. biological
d. sociocultural

ANSWER: b

52. Who was the founder of behaviorism?

a. William James
b. Sigmund Freud
c. John B. Watson

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d. Wilhelm Wundt

ANSWER: c

53. People in which field of psychology are particularly concerned with issues related to the design of self-driving vehicles?

a. human factors
b. personality
c. forensic
d. industrial

ANSWER: a

54. Identify the neoanalyst among the following.

a. Aristotle
b. Karen Horney
c. B. F. Skinner
d. Carl Rogers

ANSWER: b

55. Someone is having trouble adjusting to the new students in their classroom. This individual does not have any serious psychological disorders but has trouble making new friends. What kind of psychologist would most likely be consulted to help the person?

a. environmental
b. human factors
c. developmental
d. counseling

ANSWER: c

56. According to the biological perspective of psychology, what interacts with inherited factors to determine specific behavior and mental processes?

a. goals set by people
b. cognitive factors
c. dreams experienced by people
d. environmental factors

ANSWER: d

57. According to the American Psychological Association's Handbooks of Ethics in Psychology, which of the following criteria must be met for psychologists to use deception in their experiments?

a. The participants are debriefed afterward.
b. They believe the individuals might not be willing to participate.
c. Only if the names of participants are kept anonymous.
d. They collect stratified samples.

ANSWER: a

58. Which of the following statements is true of clinical psychologists?

a. They study ways to encourage people to recycle and to preserve bastions of wilderness.

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b. They evaluate problems such as anxiety and depression through interviews and psychological tests.
c. They deal with clients who have minor adjustment problems but not with clients who have serious psychological disorders.
d. They deal with legal matters such as whether a defendant was sane when committing a crime.

ANSWER: b

59. Erica is part of a research group that is studying a group of software executives. She is trying to determine the relationship between workplace stress and cancer. As part of the same study, she also advises her subjects on ways to counter workplace stress. Erica is most likely a _____.

a. forensic psychologist
b. personality psychologist
c. health psychologist
d. human factors psychologists

ANSWER: c

60. Jane is a practicing psychologist who assesses the mental status of people charged with crimes and shares her findings with the courts. Jane is most likely a(n) _____.

a. health psychologist
b. forensic psychologist
c. industrial psychologist
d. environmental psychologist

ANSWER: b

61. What similarity did Wilhelm Wundt share with Aristotle?

a. Both used introspection to try to discover the basic elements of experience.
b. Both saw the mind as a natural event that could be studied scientifically, like light and heat.
c. Both believed that physical events were not related to psychological sensation and perception.
d. Both agreed on the relation between the unconscious mind and behavior.

ANSWER: b

62. You have always wanted to know how your friend performs so well on her college exams. To find out how she studies, you decide to study with her for your next exam. This approach is most similar to _____.

a. surveys
b. experiments
c. naturalistic observation
d. case studies

ANSWER: d

63. Which method allows psychologists and other scientists to observe behavior where it happens, or "in the field?"

a. experimental observation
b. controlled observation
c. naturalistic observation
d. introspective observation

ANSWER: c

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64. Which of the following statements is true of applied research?
a. It is categorized as research for its own sake.
b. It is designed to find solutions to specific personal or social problems.
c. It has no immediate application to personal or social problems.
d. It is broad and nonspecific in its approach.
ANSWER: b

65. An association among variables is known as _____.
a. a constant
b. a sample
c. volunteer bias
d. correlation
ANSWER: d

66. Which of these is defined as a way of evaluating the claims and comments of other people that involves skepticism and examination of evidence?
a. introspection
b. critical thinking
c. reinforcement
d. conditioning
ANSWER: b

67. Kohler's pioneering work with chimpanzees revealed _____.
a. that sometimes learning occurs suddenly
b. that they are unable to problem solve
c. a slow and methodical approach to problem solving
d. that they need to see every step involved in the problem-solving process
ANSWER: a

68. Which of the following is a goal of psychology?
a. to establish behavioral and moral standards
b. to explain behavior and mental processes
c. to change social norms
d. to ultimately control human behavior
ANSWER: b

69. Sujay is conducting research on a group of factory machinists as part of a study on workplace stress and heart disease. Before conducting his study, he explains the objective of the study to the subjects and tells them what they would need to do. He gives them the opportunity to choose if they want to participate or not. In other words, Sujay is seeking _____.
a. reinforcement
b. informed consent
c. a placebo effect
d. participant exclusion
ANSWER: b

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70. When you are training a pet, you are most likely relying on which of the following psychological perspectives?
a. functionalist
b. cognitive
c. behaviorist
d. biological
ANSWER: c

71. Amelia is a general physician. One of her patients claimed to be suffering from constant stomach aches. After running some tests, Amelia concludes that the patient is not suffering from any medical disorder. However, the patient insisted that she has stomach cancer. The patient then volunteered for a medical trial where she was given a pill with a new medication while participants in the trial were given sugar pills. This best exemplifies _____.
a. a volunteer bias
b. a placebo
c. a nocebo
d. debriefing
ANSWER: b

72. Which of the following is true of behaviorism?
a. Behaviorists define psychology as the scientific study of behavior, not of behavior and mental processes.
b. Behaviorism emphasizes the role of the unconscious mind over conscious actions and behavior.
c. Behaviorism holds that the mind functions by combining the objective and subjective elements of experience.
d. Behaviorism explains the relationship between the brain, hormones, evolution, heredity, and behavior.
ANSWER: a

73. Which perspective works on the assumption that thoughts, fantasies, and dreams—and the inborn or instinctive behavior patterns of various species—are made possible by the nervous system and especially by the brain?
a. cognitive
b. biological
c. humanistic-existential
d. psychodynamic
ANSWER: b

74. Which of the following people helped conduct pioneering research that added to the Supreme Court decision in 1954 (*Brown versus Board of Education*) to end inequalities in public schools?
a. Kenneth Clark and Mamie Clark
b. John Watson and Mary Calkins
c. William James and Mary Ainsworth
d. Jorge Sanchez and Elizabeth Loftus
ANSWER: a

75. People using which perspective were the first to believe that the mind functions by combining objective and subjective elements of experience?
a. structuralists
b. functionalists
c. behaviorists

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d. psychoanalysts

ANSWER: a

76. Psychologists with which perspective are most likely to explore how individuals find meaning in their lives and seek personal growth?

a. cognitive
b. behaviorist
c. humanistic-existential
d. sociocultural

ANSWER: b

77. Raoul is one of the best football players on the Newborn Warriors. However, his stamina has been reducing and he has been unable to sustain an entire game due to his habit of smoking cigarettes. In order to improve his performance, Raoul is most likely to consult a _____.

a. developmental psychologist
b. human factors psychologist
c. health psychologist
d. social psychologist

ANSWER: c

78. Which of the following perspectives stresses people's capacities for self-fulfillment and the central roles of consciousness, self-awareness, and decision making?

a. behaviorism
b. humanism
c. structuralism
d. functionalism

ANSWER: b

79. Which of the following is an important factor emphasized by the sociocultural perspective in understanding behavior and mental processes?

a. superego
b. gender
c. mutation
d. ego

ANSWER: b

80. Culturally defined concepts of masculinity and femininity are described as which of the following?

a. gender
b. sexuality
c. class
d. race

ANSWER: a

81. Psychologists with which of these perspectives primarily venture into the realm of mental processes such as sensation and perception, memory, intelligence, language, thought, and problem solving to understand human nature?

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a. evolutionary
b. biological
c. cognitive
d. behavioral

ANSWER: c

82. Which of these can be defined as the scientific study of behavior and mental processes?
a. physiology
b. psychology
c. sociology
d. ecology

ANSWER: b

83. Research that is undertaken primarily because the researcher is interested in a research topic is called _____.
a. clinical research
b. general research
c. pure research
d. applied research

ANSWER: c

84. Which of the following is a principle of critical thinking?
a. Avoid being skeptical.
b. Choose critical thinking over research ethics if required.
c. Oversimplify problems if necessary.
d. Insist on evidence.

ANSWER: d

85. Who is credited with establishing the first psychological laboratory in Leipzig, Germany?
a. Gustav Theodor Fechner
b. Sigmund Freud
c. Wilhelm Wundt
d. William James

ANSWER: c

86. The phrase, “You cannot see the forest for the trees” most exemplifies which psychological perspective?
a. structuralists
b. behaviorists
c. Gestalt psychologists
d. cognitive psychologists

ANSWER: c

87. Which of the following statements is true of the scientific method?
a. The scientific method is a strict set of guidelines that psychologists must adhere to when conducting research on human behavior.

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b. The scientific method of research begins by testing a hypothesis.
c. Psychologists using the scientific method of research always confuse correlations—or associations—between research findings with cause and effect.
d. Psychologists are guided by principles of critical thinking as they try to draw conclusions from research evidence collected through the scientific method.

ANSWER: d

88. Who completed all of the academic requirements for a Ph.D. at Harvard but was never awarded it because Harvard would not grant a Ph.D. to a woman?
a. Mary Salter Ainsworth
b. Elizabeth Loftus
c. Mary Whiton Calkins
d. Mamie Phipps Clark

ANSWER: c

89. Which of the following statements is true of psychoanalysis?
a. It was founded by B. F. Skinner.
b. It believes that observable behavior can be changed only through reinforcement.
c. It primarily breaks conscious experience down into objective sensations and subjective feelings.
d. It aims to help patients find socially acceptable ways of expressing wishes and gratifying needs.

ANSWER: d

90. Which of the following expresses the strength and direction (positive or negative) of the relationship between two variables?
a. non-varying constant
b. independent variable
c. correlation coefficient
d. dependent variable

ANSWER: c

91. Which of the following is true of functionalism?
a. It shows that learning is accomplished only through mechanical repetition.
b. It breaks down experience into objective sensations and subjective feelings.
c. It looks at how habits help one cope with common situations.
d. It considers observable behavior to be a result of positive reinforcement and not negative reinforcement.

ANSWER: c

92. Gustav Theodor Fechner, in his book *Elements of Psychophysics*, showed _____.
a. that conscious experience can be broken down into objective sensations and mental images
b. how people are social creatures who influence one another
c. that maladaptive behavior patterns tend to drop out and only the fittest behavior patterns survive
d. how physical events are related to psychological sensation and perception

ANSWER: d

93. Researchers in which field primarily study how we perceive and mentally represent the world, how we learn,

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remember the past, plan, problem solve, and use language?

a. human factors psychology
b. social psychology
c. developmental psychology
d. cognitive psychology

ANSWER: d

94. A participant's agreement to participate in research after receiving information about the purposes of the study and the nature of the treatments is referred to as _____.

a. conditioning
b. debriefing
c. informed consent
d. volunteer bias

ANSWER: c

95. Structuralists tended to ask, "What are the pieces that make up thinking and experience?" In contrast, adherents to which perspective tended to ask, "How do behavior and mental processes help people adapt to the requirements of their lives?"

a. cognitive psychology
b. behaviorism
c. functionalism
d. psychoanalytic

ANSWER: c

96. Sofia does not like eating vegetables. To ensure that she eats vegetables, her mother offers her an extra helping of dessert every time Sofia finishes her vegetables. In the context of behaviorism, this is known as _____.

a. reinforcement
b. introspection
c. catharsis
d. psychoanalysis

ANSWER: a

97. A hypothesis is a _____.

a. frustrating state of existence
b. statement about something you are interested in
c. formal definition of an independent variable
d. statement about behavior or mental processes that is testable through research

ANSWER: d

98. An error in research reflecting the prospect that people who offer to participate in research studies differ systematically from people who do not is known as _____.

a. volunteer bias
b. random sampling
c. the correlation coefficient
d. an independent variable

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ANSWER: a

99. Which of these s the school of psychology that argues that the mind consists of three basic elements—sensations, feelings, and images—that combine to form experience?

a. structuralism
b. behaviorism
c. functionalism
d. existentialism

ANSWER: a

100. Which of the following proposes reasons for relationships among events and allow us to derive explanations and predictions?

a. norms
b. samples
c. theories
d. habits

ANSWER: c

101. Which perspective is grounded in the work of Carl Rogers and Abraham Maslow?

a. humanistic-existential
b. behaviorism
c. functionalism
d. structuralism

ANSWER: a

102. Derris is a research assistant in Dr. Smith's psychology lab. When the participant asked him what the conditions of the study were, Derris replied, "I do not know.' This is an example of a _____ study.

a. blind
b. double-blind
c. correlational
d. case

ANSWER: b

103. Which of the following is true of the humanistic-existential perspective?

a. It focuses exclusively on unconscious processes.
b. It completely rejects the cognitive perspective.
c. It views people as free to choose and as being responsible for choosing their own behavior.
d. It assumes that the inborn behavior patterns of various species are made possible by the brain and cannot be adapted.

ANSWER: c

104. Caroline is a psychologist who studies how stress induces ailments such as heart problems and headaches. Some of her clients are smokers, and she is helping them quit smoking. She also suggests lifestyle changes to her clients to help them reduce and cope with stress. Caroline can best be described as a(n) _____.

a. forensic psychologist

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b. educational psychologist
c. industrial psychologist
d. health psychologist

ANSWER: d

105. When a patient insists on having a medical cure but a physician does not believe that medicine is necessary, the physician may prescribe sugar pills. Such fake pills are called _____.

a. analgesics
b. noceboes
c. placebos
d. antidepressants

ANSWER: c

106. A source of bias that may occur in research findings when participants are allowed to choose for themselves a certain treatment in a scientific study is called a _____.

a. gender bias
b. correlation
c. selection factor
d. sampling error

ANSWER: c

107. On his first day as a school psychologist, Daniel took a trip to the school ground and quietly sat in the corner watching the children play. He noticed several patterns in the way children behave with each other, especially when they were playing games. Daniel is most likely using the method of _____.

a. naturalistic observation
b. introspection
c. reinforcement
d. mass survey

ANSWER: a

108. B. F. Skinner proposed _____.

a. the theory of psychoanalysis, and that disorders are caused by repressed desires
b. that organisms learn to behave in certain ways because their behavior has a positive outcome
c. that organisms behave in certain ways because of inherited traits and not acquired traits
d. the basic theories of functionalism as it relates to major depressive disorder

ANSWER: b

109. Dr. Van Nostrand is trying to understand how messages are sent between the nervous system and endocrine system. He has no practical application in mind. What type of work is he doing?

a. applied research
b. pure research
c. developmental psychology
d. clinical psychology

ANSWER: b

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Chapter 01: What Is Psychology?

110. If Yaquiline is interested in studying the psychology of sexual orientation, which field should they enter?
a. personality psychology
b. social psychology
c. environmental psychology
d. industrial psychology
ANSWER: a

111. Juan loves watching crime dramas, and dreams of working to help determine whether defendants are competent for trial. What would be the best college major for Juan?
a. health psychology
b. pure research
c. forensic psychology
d. human factors psychology
ANSWER: c

112. Which early researcher published Elements of Psychophysics, showing how physical events can stimulate psychological experiences?
a. Aristotle
b. Wundt
c. James
d. Fechner
ANSWER: d

113. The views of which ancient Greek philosopher fit best with Wilhelm Wundt's structuralism?
a. Aristotle
b. Plato
c. Socrates
d. Democritus
ANSWER: c

114. Winnie is doing research to determine whether depression may have value as an adaptation. To which school of thought does Winnie subscribe?
a. functionalism
b. structuralism
c. behaviorism
d. humanism
ANSWER: a

115. Which psychologist is most likely to reject the idea that the mind can be studied objectively?
a. Wilhelm Wundt
b. William James
c. John B. Watson
d. Kurt Koffka

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ANSWER: c

116. Javinder was arguing with Pina, Kurt, over the best approach to studying psychology. John insisted that we should consider only what we can observe, while Kurt maintained that human perceptions cannot be explained only in terms of basic units, that it is more than the sum of its parts. To which school of thought does John subscribe?

a. Gestalt
b. functionalism
c. structuralism
d. behaviorism

ANSWER: d

117. Every morning, when Leroy entered the classroom, he would purposely pretend to trip and fall to make a big scene. His classmates laughed and Leroy got in trouble. Why did Leroy continue this behavior?

a. He enjoyed being punished.
b. The laughter of his classmates reinforced the behavior.
c. Leroy was just naturally clumsy.
d. He wants to be expelled.

ANSWER: b

118. Liu wants to study how people see patterns in their perception, which school of thought should he enter?

a. behaviorism
b. Gestaltism
c. functionalism
d. structuralism

ANSWER: b

119. Who of the following would be most hostile to the idea that learning is not merely mechanical and responsive?

a. Wundt
b. Kohler
c. Watson
d. Freud

ANSWER: c

120. Charlie the Chimp saw that the bananas he wanted were out of his reach. He thought for a while and quickly realized he could stack boxes to reach them. Which researcher most likely set up this test of insight?

a. Kohler
b. Freud
c. Pavlov
d. Watson

ANSWER: a

121. Which of the following pairs of psychologists are most likely to disagree?

a. Kohler and Koffka
b. Wundt and Fechner

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c. Watson and Freud
d. Skinner and Watson

ANSWER: c

122. Alex is trying to overcome their shyness. The therapist asks to talk about their childhood, looking for unconscious conflicts. Alex's therapist is most likely following which school of thought?
a. behaviorism
b. Gestaltism
c. functionalism
d. psychoanalytic

ANSWER: d

123. Which two early approaches are no longer followed by psychologists today?
a. behaviorism and biological
b. structuralism and functionalism
c. Gestaltism and cognitive
d. humanistic and sociocultural

ANSWER: b

124. Sergei is having disturbing thoughts. His therapist suggests doing blood work to measure the level of hormones. Which perspective is Sergie's therapist using?
a. biological
b. gestalt
c. cognitive
d. sociocultural

ANSWER: a

125. Which contemporary perspective is most likely a combination of structuralism, functionalism, Gestalt, and the ideas of Socrates?
a. behavioral
b. biological
c. cognitive
d. sociocultural

ANSWER: c

126. Evelyn's therapist keeps reminding her that she must take responsibility for her thoughts and actions, and reinvent herself. Which approach is her therapist most likely using?
a. biological
b. humanistic-existential
c. cognitive
d. psychodynamic

ANSWER: b

127. Karen Horney and Erik Erikson are two examples of psychologists who put their own spin on Freud's methods, and call themselves _____.

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a. cognitions
b. existentialists
c. behaviorists
d. neoanalysts

ANSWER: d

128. Which of the following schools of thought holds that people can modify and create their own environments as part of learning?
a. social cognitive
b. sociocultural
c. behaviorist
d. functionalism

ANSWER: a

129. Minh wants to study the influence of gender on behavior and mental processes. Which school of thought should they pursue?
a. neoanalytical
b. sociocultural
c. behaviorist
d. Gestalt

ANSWER: b

130. Who was among the first to show that intelligence tests are culturally biased?
a. Lillian Comas-Diaz
b. Richard Suinn
c. Mimi Clark
d. Jorge Sanchez

ANSWER: d

131. Who discovered the primacy and recency effects while pioneering the involvement of women in psychology?
a. Lillian Comas-Diaz
b. Mary Whiton Calkins
c. Elizabeth Loftus
d. Mary Salter Ainsworth

ANSWER: b

132. Efraim is interested in how parents and children make attachments to each other. Whose work was most influential on this topic?
a. Karen Horney
b. Elizabeth Loftus
c. Mary Salter Ainsworth
d. Mary Whiton Calkins

ANSWER: c

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133. Miguel's eyewitness testimony was debunked by an expert witness who showed how his memory was clouded by prejudice and other factors. On which researcher's work did the expert rely?

a. Elizabeth Loftus
b. Karen Horney
c. Lillian Comas-Diaz
d. Mihaly Csikszentmihalyi

ANSWER: a

134. Kojo wants to figure out if playing violent video games causes people to choose violent behaviors. Since an experiment to prove causation would likely be unethical, what kind of conclusion would Kojo find using appropriate research methods?

a. correlation
b. causation
c. variable independence
d. variable dependence

ANSWER: a

135. Veronica wants the people in her study to reflect the proportionate demographics of her country. Which type of sample should she seek?

a. random
b. stratified
c. convenience
d. convergence

ANSWER: b

136. Lifong is a person with a disorder that produces three distinct personalities. Which method is best suited to study Lifong's disorder?

a. naturalistic observation
b. surveys
c. correlational study
d. case study

ANSWER: d

137. Dr. Han is investigating whether eating chocolate improves scores on memory tests among people 75 years or older. Which element of his planned experiment is the independent variable?

a. scores on the memory test
b. the amount of chocolate consumed
c. the age of the participants
d. the gender identification of the participants

ANSWER: b

138. Gilberto signed up to participate in a trial for a new vaccine. If he gets the actual vaccine candidate, in which group must he belong?

a. control group
b. random group

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c. experimental group
d. stratified group

ANSWER: c

139. Nathan is known to have moments of unnecessary drama when he behaves as if he is having a panic attack, even though he really isn't. During these moments, his friend friend Agador helps him to relax by giving him two tablets that Nathan thinks are real medication. In fact, they are just compressed baking soda that have no medicine in them. If Nathan feels better after taking the tablets, stating that they help him relax, the baking soda pills are acting as a(n) _____.

a. placebo
b. nocebo
c. confound
d. dependent variable

ANSWER: a

140. Alejandro is participating in a study of a drug that is supposed to increase reaction time and foot speed. If neither he nor the researcher knows if Alejandro got the real drug or the placebo, what kind of study is it?

a. single blind
b. controlled
c. double blind
d. correlational

ANSWER: c

141. Shayma has just listened to a political speech, but she still wants to evaluate the evidence for the claims made in the speech for herself. Which aspect of critical thinking is Shayma displaying?

a. examine assumptions
b. be skeptical
c. be cautious
d. examine definitions of terms

ANSWER: b

142. Alex uses his podcast to spread his conspiracy theory that chimpanzees set wildfires as revenge for being subject to experimentation. If Tempie demands proof, what aspect of critical thinking are they using?

a. be cautious
b. examine assumptions
c. examine definitions of terms
d. insist on evidence

ANSWER: d

143. Herbert wants to create an experiment that will prove that one sex is better at driving than the other. Mahyim rejects his premise by using which aspect of critical thinking?

a. be skeptical
b. examine definitions of terms
c. examine assumptions
d. insist on evidence

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ANSWER: c

144. Breonna insists racism is only present if a person violently attacks someone of another race while spewing racial slurs, but Jacqueline believes that racism happens when someone supports policies that benefit one group over another. On which point and aspect of critical thinking do Breonna and Jacqueline disagree?

a. examine definitions of terms
b. examine assumptions
c. be skeptical
d. insist on evidence

ANSWER: a

145. Parminter read online that someone got sick from taking the measles vaccine, so he refused to have his son inoculated. Which aspect of critical thinking did Parminter forget?

a. consider alternative interpretations
b. be especially skeptical of anecdotes
c. do not oversimplify
d. do not overgeneralize

ANSWER: a

146. Sigmund assumed from his case studies that everyone was repressing their feelings of homosexual attraction, a mistake in which aspect of critical thinking?

a. examine definitions of terms
b. do not overgeneralize
c. be skeptical
d. be especially skeptical of anecdotes

ANSWER: b

147. Tunde has concluded that the only reason Jerry chooses bullying behaviors is due to his lack of dopamine. Which aspect of critical thinking has Tunde mistaken?

a. be especially skeptical of anecdotes
b. do not overgeneralize
c. do not oversimplify
d. insist on evidence

ANSWER: c

148. Dr. Wu lets volunteers for his experiment know about possible side effects of the vaccine candidate. In doing so, he is gaining his participants' _____.

a. informed consent
b. liability protection
c. insurance information
d. next of kin

ANSWER: a

149. Olive took part in an experiment to determine at what point a person would intervene to stop a bully. After the experiment, researchers explained their methods to Olive as part of _____.

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a. limiting their liability
b. gaining informed consent
c. debriefing him
d. upgrading his clearance

ANSWER: c

150. Which condition(s) must be met before an ethics committee will approve an experiment that harms animals?
a. There must be no alternative, and the benefits justify the harm.
b. Researchers must prove the animal is not capable of feeling pain.
c. The harm must be of short duration and ended as quickly as possible.
d. Researchers must show that no humans have volunteered to participate.

ANSWER: a

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