# *Understanding Human Behavior 10th edition Honeycutt Test Bank*

SKU: 9780357618608-TEST-BANK

Name:_____ Class:_____ Date:_____

**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

*Match each of the terms below with the appropriate sentence.*

a. Empowerment b. Client-centered care
c. Self-reliant d. Excellence
e. Self-confidence f. Standards of performance

*REFERENCES:* Challenges and Satisfaction in Health Care
Providing Client-Centered Care
Practicing Empowerment

*QUESTION TYPE:* Matching

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* UHB.ANHT.24.01.01 - Describe the challenges and satisfactions of working in health care.
UHB.ANHT.24.01.02 - Explain the importance of client-centered care for health care professionals.
UHB.ANHT.24.01.04 - Explain the meaning of empowerment and apply the concept of empowerment to real-life situations.

*OTHER:* Blooms: Remembering
Blooms: Understanding

*DATE CREATED:* 6/22/2023 5:26 AM

*DATE MODIFIED:* 7/7/2023 2:25 AM

1. Your commitment to providing quality, _____, begins now.
*ANSWER:* b
*POINTS:* 1

2. The key to _____ lies in putting forth that little bit of extra effort to achieve a superior performance.
*ANSWER:* d
*POINTS:* 1

3. _____ refer to the level of quality you (or your supervisor) expect from your work.
*ANSWER:* f
*POINTS:* 1

4. _____ people solve most life problems for themselves rather than expecting others to take care of their needs.
*ANSWER:* c
*POINTS:* 1

5. The ability to take responsibility for your own life and make your own decisions is known as _____.
*ANSWER:* a
*POINTS:* 1

6. Performing your work well can provide _____ and a deep sense of satisfaction.
*ANSWER:* e
*POINTS:* 1

*For each of the study techniques below, label whether researchers found the technique to be effective or not effective. A and B may be used more than once*
a. effective

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**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

b. not effective

*REFERENCES:* Practicing Habits That Lead to Success
*QUESTION TYPE:* Matching
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.03 - Explain how your study habits as a student relate to your future work habits as a health care professional.
*OTHER:* Blooms: Understanding
*DATE CREATED:* 6/22/2023 7:32 AM
*DATE MODIFIED:* 7/7/2023 2:27 AM

7. Explaining to yourself or a study partner, in your own words, why the information you are studying is true or important
*ANSWER:* a
*POINTS:* 1

8. Explaining to yourself or a study partner how new information relates to information you already know.
*ANSWER:* a
*POINTS:* 1

9. Rereading the text.
*ANSWER:* b
*POINTS:* 1

10. Varying your study sessions so that you work on several types of information, assignments, or problems in a single session.
*ANSWER:* a
*POINTS:* 1

11. Testing yourself or taking a practice test on the material you are trying to learn.
*ANSWER:* a
*POINTS:* 1

12. Highlighting the text you are reading.
*ANSWER:* b
*POINTS:* 1

13. Spreading out your study time into several shorter sessions rather than one long session.
*ANSWER:* a
*POINTS:* 1

14. Summarizing the text you are reading.
*ANSWER:* b
*POINTS:* 1

15. According to the chapter, it is important for health care professionals to have high performance standards because _____.
a. performance that is less than 100 percent correct can harm a patient

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b. patients are likely to sue if they think they have received unsatisfactory care
c. maintaining high performance standards can lead to a raise or a promotion
d. only highly qualified applicants are likely to find jobs in the health care field

*ANSWER:* a

*FEEDBACK:*
a. Correct. High performance standards ensures proper care to patients.
b. Incorrect. High performance standards should not be implemented just to avoid a lawsuit.
c. Incorrect. High performance standards should not be implemented just to get a raise or promotion.
d. Incorrect. High performance standards should not be implemented just to get a job.

*POINTS:* 1
*REFERENCES:* Challenges and Satisfaction in Health Care
*QUESTION TYPE:* Multiple Choice
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.02 - Explain the importance of client-centered care for health care professionals.
*OTHER:* Blooms: Understanding
*DATE CREATED:* 6/22/2023 7:38 AM
*DATE MODIFIED:* 8/7/2023 5:42 AM

16. By understanding an assignment's _____, students can see the assignment as an opportunity to learn, rather than a chore to complete.
a. grade
b. length
c. purpose
d. difficulty

*ANSWER:* c

*FEEDBACK:*
a. Incorrect. Grades should not be the main focus when completing an assignment.
b. Incorrect. The amount of time it takes to complete an assignment should not be the main focus when completing it.
c. Correct. Understanding the purpose of an assignment can help students learn from it.
d. Incorrect. The difficulty level of an assignment should not be the main focus of an assignment.

*POINTS:* 1
*REFERENCES:* Practice Habits That Lead to Success
*QUESTION TYPE:* Multiple Choice
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.03 - Explain how your study habits as a student relate to your future work habits as a health care professional.
*OTHER:* Blooms: Understanding
*DATE CREATED:* 6/22/2023 7:48 AM
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**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

17. The best way to measure your achievement in your studies is to _____.
    a. compare your performance to that of your classmates
    b. evaluate your progress toward your goal of becoming a qualified health care professional
    c. keep track of your grades
    d. focus on just what you need to do to pass the class

*ANSWER:* b

*FEEDBACK:*
a. Incorrect. Achievement is not based on how you compare to other students.
b. Correct. Achievement should be based on becoming a qualified health care professional.
c. Incorrect. Achievement is not based on keeping track of your grades.
d. Incorrect. You should not just do what is needed to pass a class.

*POINTS:* 1
*REFERENCES:* Practice Habits That Lead to Success
*QUESTION TYPE:* Multiple Choice
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.03 - Explain how your study habits as a student relate to your future work habits as a health care professional.
*OTHER:* Blooms: Understanding
*DATE CREATED:* 6/22/2023 7:52 AM
*DATE MODIFIED:* 8/7/2023 5:44 AM

18. Empowerment means _____.
    a. making decisions for yourself based on what you really want or need
    b. having the power to control others
    c. knowing how to get what you want almost all the time
    d. holding a position of authority in society

*ANSWER:* a

*FEEDBACK:*
a. Correct. Empowerment means making decisions for yourself based on what you really want or need.
b. Incorrect. Empowerment is not having the power to control others.
c. Incorrect. Empowerment is not knowing how to get what you want.
d. Incorrect. Empowerment is not holding a position of authority in society.

*POINTS:* 1
*REFERENCES:* Practicing Empowerment
*QUESTION TYPE:* Multiple Choice
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.04 - Explain the meaning of empowerment and apply the concept of empowerment to real-life situations.
*OTHER:* Blooms: Remembering
*DATE CREATED:* 6/22/2023 7:54 AM
*DATE MODIFIED:* 8/7/2023 5:45 AM

19. Which is an example of empowerment?

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**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

a. Daedalus chooses a college major that will please their parents.
b. Uros turns down a promotion they wanted because their partner tells them it would involve too much travel out of town.
c. Dimas informs family members that they are not to be disturbed during their study time.
d. Bala tells their partner, "We can see whatever movie you want."

*ANSWER:* c

*FEEDBACK:*
a. Incorrect. Selecting a college major your parents want you to have does not demonstrate empowerment.
b. Incorrect. Turning down a promotion to please other people does not demonstrate empowerment.
c. Correct. Dimas firmly establishing what you need to be successful is demonstrating empowerment.
d. Incorrect. Allowing other people to make decisions does not demonstrate empowerment.

*POINTS:* 1
*REFERENCES:* Practicing Empowerment
*QUESTION TYPE:* Multiple Choice
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.04 - Explain the meaning of empowerment and apply the concept of empowerment to real-life situations.
*OTHER:* Blooms: Understanding
*DATE CREATED:* 6/22/2023 7:57 AM
*DATE MODIFIED:* 7/12/2023 5:04 AM

20. By respecting patients' wishes and involving them in decisions when appropriate, you contribute to the patients' _____.

a. chance of recovery
b. will to live
c. feelings of empowerment
d. health and happiness

*ANSWER:* c

*FEEDBACK:*
a. Incorrect. Respecting your patients does not necessarily impact their chance of recovery.
b. Incorrect. Respecting your patients does not relate to if they feel empowered.
c. Correct. Respecting your patents contributes to their desire to live.
d. Incorrect. Respecting your patients does not necessarily lead to their health and happiness.

*POINTS:* 1
*REFERENCES:* Practicing Empowerment
*QUESTION TYPE:* Multiple Choice
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.04 - Explain the meaning of empowerment and apply the concept of empowerment to real-life situations.
*OTHER:* Blooms: Understanding

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**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

*DATE CREATED:* 6/22/2023 8:00 AM
*DATE MODIFIED:* 8/7/2023 5:46 AM

21. Use the _____ stated by your instructor and listed in the textbook as guidelines for what you are expected to learn.
    a. grading policy
    b. examples
    c. review questions
    d. objectives and goals

*ANSWER:* d
*FEEDBACK:*
    a. Incorrect. The grading policy should not be your focus in the class.
    b. Incorrect. The examples provided do not tell you what you are expected to learn.
    c. Incorrect. The review questions provided do not tell you what you are expected to learn.
    d. Correct. The objectives and goals provided are guides for what are taught in the class.

*POINTS:* 1
*REFERENCES:* Practicing Habits That Lead to Success
*QUESTION TYPE:* Multiple Choice
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.03 - Explain how your study habits as a student relate to your future work habits as a health care professional.
*OTHER:* Blooms: Understanding
*DATE CREATED:* 6/22/2023 8:03 AM
*DATE MODIFIED:* 7/7/2023 2:47 AM

22. Your two primary responsibilities as a student are to take advantage of opportunities to learn and to decide what _____ will guide your performance.
    a. questions
    b. standards
    c. job opportunities
    d. study skills

*ANSWER:* b
*FEEDBACK:*
    a. Incorrect. Questions do not guide your standards of performance.
    b. Correct. One of your primary responsibilities as a student is to decide your own standards of performance.
    c. Incorrect. Job opportunities should not guide your standards of performance.
    d. Incorrect. Study skills do not guide your standards of performance.

*POINTS:* 1
*REFERENCES:* Practicing Habits That Lead to Success
*QUESTION TYPE:* Multiple Choice
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.03 - Explain how your study habits as a student relate to your future work habits as a health care professional.
*OTHER:* Blooms: Understanding

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**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

*DATE CREATED:* 6/22/2023 8:07 AM
*DATE MODIFIED:* 7/7/2023 2:47 AM

23. Why is it important to identify your areas of weakness as well as your strengths?
*ANSWER:* By identifying areas of weakness, you can devote extra effort to these areas. Improving these areas will make you a better student and a better health care professional.
*POINTS:* 1
*REFERENCES:* Practicing Habits That Lead to Success
*QUESTION TYPE:* Subjective Short Answer
*HAS VARIABLES:* False
*STUDENT ENTRY MODE:* Basic
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.03 - Explain how your study habits as a student relate to your future work habits as a health care professional.
*OTHER:* Blooms: Applying
*DATE CREATED:* 6/22/2023 8:10 AM
*DATE MODIFIED:* 7/7/2023 2:48 AM

24. Identify one area of weakness that you would like to improve. Describe a specific action you can take to strengthen this area.
*ANSWER:* Answers will vary.
*POINTS:* 1
*REFERENCES:* Practicing Habits That Lead to Success
*QUESTION TYPE:* Subjective Short Answer
*HAS VARIABLES:* False
*STUDENT ENTRY MODE:* Basic
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.03 - Explain how your study habits as a student relate to your future work habits as a health care professional.
*OTHER:* Blooms: Applying
*DATE CREATED:* 6/22/2023 8:11 AM
*DATE MODIFIED:* 7/7/2023 2:50 AM

25. Tell why you agree or disagree with the following statement: Learning to use effective study techniques is just as important as setting aside enough time to study.
*ANSWER:* Answers will vary. Sample answer: Using effective study techniques ensures that you learn as much as possible during your study time.
*POINTS:* 1
*REFERENCES:* Practicing Habits That Lead to Success
*QUESTION TYPE:* Subjective Short Answer
*HAS VARIABLES:* False
*STUDENT ENTRY MODE:* Basic
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.03 - Explain how your study habits as a student relate to your future work habits as a health care professional.
*OTHER:* Blooms: Applying
*DATE CREATED:* 6/22/2023 8:13 AM

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**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

*DATE MODIFIED:* 7/7/2023 2:51 AM

26. Tell why you agree or disagree with this statement: For future health care professionals, learning "just enough to pass" is not acceptable.

*ANSWER:* Answers will vary. Sample answer: Future health care professionals have a responsibility to their future patients to learn as much as possible now in order to provide a high quality of care in the future.
*POINTS:* 1
*REFERENCES:* Practicing Habits That Lead to Success
*QUESTION TYPE:* Subjective Short Answer
*HAS VARIABLES:* False
*STUDENT ENTRY MODE:* Basic
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.03 - Explain how your study habits as a student relate to your future work habits as a health care professional.
*OTHER:* Blooms: Applying
*DATE CREATED:* 6/22/2023 8:14 AM
*DATE MODIFIED:* 7/12/2023 5:10 AM

27. List three challenges for health care professionals.

*ANSWER:* Answers will vary. Sample answer: Three challenges for health care professionals are setting high performance standards, ensuring patient safety, and attending to each patient's personal needs.
*POINTS:* 1
*REFERENCES:* Challenges and Satisfactions in Health Care
*QUESTION TYPE:* Subjective Short Answer
*HAS VARIABLES:* False
*STUDENT ENTRY MODE:* Basic
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.01 - Describe the challenges and satisfactions of working in health care.
*OTHER:* Blooms: Understanding
*DATE CREATED:* 6/22/2023 8:15 AM
*DATE MODIFIED:* 7/7/2023 2:52 AM

28. Explain how your study habits as a student are related to the performance standards you will have as a health care professional.

*ANSWER:* Answers will vary. Sample answer: By taking every opportunity to learn, you will increase the level of knowledge you bring to your job as a health care professional. Any information that you do not learn now is information that you will not have later when assisting patients. Students who take shortcuts or do just enough work to get by are likely to bring the same habits to their jobs. Those who work for excellence now are preparing themselves to be excellent health care professionals.
*POINTS:* 1
*REFERENCES:* Providing Client-Centered Care
*QUESTION TYPE:* Essay
*HAS VARIABLES:* False
*STUDENT ENTRY MODE:* Basic

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**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

*LEARNING OBJECTIVES:* UHB.ANHT.24.01.02 - Explain the importance of client-centered care for health care professionals.
*OTHER:* Blooms: Applying
*DATE CREATED:* 6/22/2023 8:20 AM
*DATE MODIFIED:* 7/7/2023 2:53 AM

29. Briefly describe two experiences: one that won you the approval of others and one that others may not have known about but that brought you a sense of personal accomplishment. Was the satisfaction you felt after each experience similar or different?
*ANSWER:* Answers will vary.
*POINTS:* 1
*REFERENCES:* Practicing Empowerment
*QUESTION TYPE:* Essay
*HAS VARIABLES:* False
*STUDENT ENTRY MODE:* Basic
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.04 - Explain the meaning of empowerment and apply the concept of empowerment to real-life situations.
*OTHER:* Blooms: Applying
*DATE CREATED:* 6/22/2023 8:21 AM
*DATE MODIFIED:* 7/7/2023 2:53 AM

30. Describe your own standards for achievement as a student, and name several specific steps you will take to meet those standards.
*ANSWER:* Answers will vary.
*POINTS:* 1
*REFERENCES:* Practicing Habits That Lead to Success
*QUESTION TYPE:* Essay
*HAS VARIABLES:* False
*STUDENT ENTRY MODE:* Basic
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.03 - Explain how your study habits as a student relate to your future work habits as a health care professional.
*OTHER:* Blooms: Applying
*DATE CREATED:* 6/22/2023 8:23 AM
*DATE MODIFIED:* 7/7/2023 2:54 AM

31. Describe the standards you hope to set for yourself in your job as a health care professional, and name several specific steps you will take to meet those standards.
*ANSWER:* Answers will vary.
*POINTS:* 1
*REFERENCES:* Practicing Empowerment
*QUESTION TYPE:* Essay
*HAS VARIABLES:* False
*STUDENT ENTRY MODE:* Basic

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**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

*LEARNING OBJECTIVES:* UHB.ANHT.24.01.04 - Explain the meaning of empowerment and apply the concept of empowerment to real-life situations.
*OTHER:* Blooms: Applying
*DATE CREATED:* 6/22/2023 8:24 AM
*DATE MODIFIED:* 7/7/2023 2:58 AM

32. Which of the following is NOT a common challenge to health care providers?
a. Long working hours
b. Staff shortages
c. Job satisfaction
d. Job burnout
*ANSWER:* c
*FEEDBACK:*
a. Incorrect. Long working hours is a common challenge to health care providers.
b. Incorrect. Staff shortages is a common challenge to health care providers.
c. Correct. Job satisfaction is not a common challenge to health care providers.
d. Incorrect. Burnout is a common challenge to health care providers.
*POINTS:* 1
*REFERENCES:* Challenges and Satisfaction in Health Care
*QUESTION TYPE:* Multiple Choice
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.01 - Describe the challenges and satisfactions of working in health care.
*OTHER:* Blooms: Remembering
*DATE CREATED:* 6/22/2023 8:25 AM
*DATE MODIFIED:* 8/3/2023 7:46 AM

33. If you perform your work well, it is likely to lead to _____.
a. increased self-confidence
b. decreased job satisfaction
c. self-reliance
d. decreased self-determination
*ANSWER:* a
*FEEDBACK:*
a. Correct. High performance will lead to increased self-confidence.
b. Incorrect. High performance will not lead to decreased job satisfaction.
c. Incorrect. High performance will not lead to self-reliance.
d. Incorrect. High performance will not lead to decreased self-determination.
*POINTS:* 1
*REFERENCES:* Challenges and Satisfaction in Health Care
*QUESTION TYPE:* Multiple Choice
*HAS VARIABLES:* False
*LEARNING OBJECTIVES:* UHB.ANHT.24.01.01 - Describe the challenges and satisfactions of working in health care.
*OTHER:* Blooms: Understanding

*DATE CREATED:* 6/22/2023 8:32 AM

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**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

*DATE MODIFIED:* 8/7/2023 5:47 AM

34. What is your main responsibility as a student?
    a. Pass all of your classes
    b. Take advantage of every opportunity to learn
    c. Maintain a high grade point average
    d. Find a study buddy

*ANSWER:* b

*FEEDBACK:*
a. Incorrect. Passing your classes is not your main responsibility.
b. Correct. Your main responsibility is to take advantage of every opportunity to learn.
c. Incorrect. Maintaining a high grade point average is not your main priority as a student.
d. Incorrect. Finding a study buddy should not be your main priority as a student.

*POINTS:* 1

*REFERENCES:* Providing Client-Centered Care

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* UHB.ANHT.24.01.02 - Explain the importance of client-centered care for health care professionals.

*OTHER:* Blooms: Understanding

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Name:_____ Class:_____ Date:_____

**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

*Match each of the terms below with the appropriate sentence.*

a. Empowerment b. Client-centered care
c. Self-reliant d. Excellence
e. Self-confidence f. Standards of performance

1. Your commitment to providing quality, _____, begins now.
*ANSWER:* b

2. The key to _____ lies in putting forth that little bit of extra effort to achieve a superior performance.
*ANSWER:* d

3. _____ refer to the level of quality you (or your supervisor) expect from your work.
*ANSWER:* f

4. _____ people solve most life problems for themselves rather than expecting others to take care of their needs.
*ANSWER:* c

5. The ability to take responsibility for your own life and make your own decisions is known as _____.
*ANSWER:* a

6. Performing your work well can provide _____ and a deep sense of satisfaction.
*ANSWER:* e

*For each of the study techniques below, label whether researchers found the technique to be effective or not effective. A and B may be used more than once*

a. effective
b. not effective

7. Explaining to yourself or a study partner, in your own words, why the information you are studying is true or important
*ANSWER:* a

8. Explaining to yourself or a study partner how new information relates to information you already know.
*ANSWER:* a

9. Rereading the text.
*ANSWER:* b

10. Varying your study sessions so that you work on several types of information, assignments, or problems in a single session.
*ANSWER:* a

11. Testing yourself or taking a practice test on the material you are trying to learn.
*ANSWER:* a

12. Highlighting the text you are reading.
*ANSWER:* b

13. Spreading out your study time into several shorter sessions rather than one long session.

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*ANSWER:* a

14. Summarizing the text you are reading.
*ANSWER:* b

15. According to the chapter, it is important for health care professionals to have high performance standards because _____.
a. performance that is less than 100 percent correct can harm a patient
b. patients are likely to sue if they think they have received unsatisfactory care
c. maintaining high performance standards can lead to a raise or a promotion
d. only highly qualified applicants are likely to find jobs in the health care field
*ANSWER:* a

16. By understanding an assignment's _____, students can see the assignment as an opportunity to learn, rather than a chore to complete.
a. grade
b. length
c. purpose
d. difficulty
*ANSWER:* c

17. The best way to measure your achievement in your studies is to _____.
a. compare your performance to that of your classmates
b. evaluate your progress toward your goal of becoming a qualified health care professional
c. keep track of your grades
d. focus on just what you need to do to pass the class
*ANSWER:* b

18. Empowerment means _____.
a. making decisions for yourself based on what you really want or need
b. having the power to control others
c. knowing how to get what you want almost all the time
d. holding a position of authority in society
*ANSWER:* a

19. Which is an example of empowerment?
a. Daedalus chooses a college major that will please their parents.
b. Uros turns down a promotion they wanted because their partner tells them it would involve too much travel out of town.
c. Dimas informs family members that they are not to be disturbed during their study time.
d. Bala tells their partner, “We can see whatever movie you want.”
*ANSWER:* c

20. By respecting patients' wishes and involving them in decisions when appropriate, you contribute to the patients' _____.

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**Chapter 1 - Challenges and Responsibilities of Health Care Professionals**

a. chance of recovery
b. will to live
c. feelings of empowerment
d. health and happiness

*ANSWER:* c

21. Use the _____ stated by your instructor and listed in the textbook as guidelines for what you are expected to learn.
a. grading policy
b. examples
c. review questions
d. objectives and goals

*ANSWER:* d

22. Your two primary responsibilities as a student are to take advantage of opportunities to learn and to decide what _____ will guide your performance.
a. questions
b. standards
c. job opportunities
d. study skills

*ANSWER:* b

23. Why is it important to identify your areas of weakness as well as your strengths?

*ANSWER:* By identifying areas of weakness, you can devote extra effort to these areas. Improving these areas will make you a better student and a better health care professional.

24. Identify one area of weakness that you would like to improve. Describe a specific action you can take to strengthen this area.

*ANSWER:* Answers will vary.

25. Tell why you agree or disagree with the following statement: Learning to use effective study techniques is just as important as setting aside enough time to study.

*ANSWER:* Answers will vary. Sample answer: Using effective study techniques ensures that you learn as much as possible during your study time.

26. Tell why you agree or disagree with this statement: For future health care professionals, learning "just enough to pass" is not acceptable.

*ANSWER:* Answers will vary. Sample answer: Future health care professionals have a responsibility to their future patients to learn as much as possible now in order to provide a high quality of care in the future.

27. List three challenges for health care professionals.

*ANSWER:* Answers will vary. Sample answer: Three challenges for health care professionals are setting high performance standards, ensuring patient safety, and attending to each patient's personal needs.

28. Explain how your study habits as a student are related to the performance standards you will have as a health care professional.

*ANSWER:* Answers will vary. Sample answer: By taking every opportunity to learn, you will increase the level of

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knowledge you bring to your job as a health care professional. Any information that you do not learn now is information that you will not have later when assisting patients. Students who take shortcuts or do just enough work to get by are likely to bring the same habits to their jobs. Those who work for excellence now are preparing themselves to be excellent health care professionals.

29. Briefly describe two experiences: one that won you the approval of others and one that others may not have known about but that brought you a sense of personal accomplishment. Was the satisfaction you felt after each experience similar or different?
*ANSWER:* Answers will vary.

30. Describe your own standards for achievement as a student, and name several specific steps you will take to meet those standards.
*ANSWER:* Answers will vary.

31. Describe the standards you hope to set for yourself in your job as a health care professional, and name several specific steps you will take to meet those standards.
*ANSWER:* Answers will vary.

32. Which of the following is NOT a common challenge to health care providers?
a. Long working hours
b. Staff shortages
c. Job satisfaction
d. Job burnout
*ANSWER:* c

33. If you perform your work well, it is likely to lead to _____.
a. increased self-confidence
b. decreased job satisfaction
c. self-reliance
d. decreased self-determination
*ANSWER:* a

34. What is your main responsibility as a student?
a. Pass all of your classes
b. Take advantage of every opportunity to learn
c. Maintain a high grade point average
d. Find a study buddy
*ANSWER:* b

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