Drugs Across the Spectrum 9th edition Goldberg Test Bank

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Chapter 01: An Overview of Drugs

1. Substances that affect the nervous system, including mental processes, perceptions, consciousness, cognition, or mood, are called _____.

a. ergogenic aids
b. anabolic aids
c. psychoactive drugs
d. designer drugs

ANSWER: c
POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

2. The unintentional or inappropriate use of prescribed or over-the-counter drugs is referred to as _____.

a. drug use
b. drug dependence
c. drug abuse
d. drug misuse

ANSWER: d
POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

3. The intentional and inappropriate use of prescribed or over-the-counter drugs is called _____.

a. drug use
b. drug abuse
c. drug dependence
d. drug misuse

ANSWER: d
POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

4. According to the American Psychiatric Association, a complex disease that changes the structure and functioning of the brain is called _____.

a. substance abuse disorder
b. condition
c. diagnosis
d. misconception

ANSWER: a
POINTS: 1
REFERENCES: What is Substance Abuse Disorder?
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

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5. The use of illegal drugs is referred to as _____.
   a. illicit drug use
   b. covert drug use
   c. level 4 drug abuse
   d. over-the-counter drug abuse

ANSWER: a
POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

6. Taking a drug to relieve pain is an example of a _____.
   a. protective factor
   b. risk factor
   c. positive reinforcement
   d. negative reinforcement

ANSWER: d
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

7. Any substance that alters one's physiology of psychology when consumed is known as a _____.
   a. protective factor
   b. substance use disorder
   c. drug
   d. experimentation

ANSWER: c
POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

8. A complex disease that impacts the structure and function of the brain is called _____.
   a. a trigger
   b. a substance abuse disorder
   c. a withdrawal symptom
   d. a reactive stimulus

ANSWER: b
POINTS: 1
REFERENCES: What Is Substance Abuse Disorder?
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

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9. Physiological symptoms that appear upon the discontinuation of a drug are called _____.
   a. withdrawal symptoms
   b. neurological bursts
   c. detox bursts
   d. behavioral projections

ANSWER: a
POINTS: 1
REFERENCES: What Is Substance Abuse Disorder?
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

10. It is estimated that the socioeconomic impact of illicit drugs in the United States is more than _____ annually.
   a. $600 billion
   b. $400 trillion
   c. $100 million
   d. $250 billion

ANSWER: a
POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

11. Nearly _____ % of older Americans combine the use of alcohol with medication.
   a. 1
   b. 0.5
   c. 75
   d. 20

ANSWER: d
POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

12. Discontinuation of prescribed medication against the prescribing healthcare professional's advice is considered _____.
   a. drug abuse
   b. drug misuse
   c. drug titration
   d. detoxification

ANSWER: b
POINTS: 1
REFERENCES: Drug Misuse
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

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13. _____ reduce a person's risk for drug use behavior.
    a. Negative feedback loops
    b. Protective factors
    c. Positive feedback loops
    d. Risk factors

ANSWER: b
POINTS: 1
REFERENCES: Substance Use
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

14. Family, friends, peers, school, and social groups are considered _____ factors.
    a. individual
    b. interpersonal
    c. institutional
    d. community

ANSWER: b
POINTS: 1
REFERENCES: Substance Use
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

15. Almost _____ of all emergency room visits were attributed to pharmaceutical drugs.
    a. one-third
    b. one-fourth
    c. one-fifth
    d. one-half

ANSWER: a
POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

16. Of those who have prescribed medication, it is estimated that almost _____ % misuse their prescriptions.
    a. 18
    b. 2
    c. 7
    d. 35

ANSWER: c
POINTS: 1
REFERENCES: Drug Misuse
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

17. Individuals between the ages of _____ have the highest rate environmental influences for alcohol use disorder.

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a. 42 and 49
b. 26 and 33
c. 34 and 41
d. 18 and 25

ANSWER: d
POINTS: 1
REFERENCES: Theories of Substance Abuse Theories of Substance Abuse Disorder
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

18. Adolescents at the _____ risk for drug use are from areas that have fewer educational opportunities and are generally made up of underrepresented racial and ethnic groups.

a. lowest
b. highest
c. most modest
d. closest to negligible

ANSWER: b
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

19. Alcohol consumption rates by fraternity and sorority members were found to be _____ than those of non-Greek-affiliated college students.

a. the same
b. statistically negligible
c. significantly lower
d. significantly higher

ANSWER: d
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

20. Peer influence has been found to be affected by one's _____.

a. interpersonal and societal influences
b. environmental influences
c. individual influences
d. rebelliousness

ANSWER: a
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

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21. The Aztec, Toltec, and Navajo cultures use psychedelic substances to achieve an altered state for its _____ effects.

a. cognitive
b. medicinal
c. spiritual
d. sleep-inducing

ANSWER: c
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

22. Subscribers to _____ believe the Tree of Life mentioned in the Bible was a marijuana plant.

a. Catholicism
b. Rastafarianism
c. Hinduism
d. Aztecan

ANSWER: b
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

23. During the Vietnam War, at least _____ % of enlisted men used heroin, and more than half of them became addicted while in Vietnam.

a. 35
b. 50
c. 10
d. 20

ANSWER: a
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

24. Individuals affiliated with religious groups, schools, and government institutions are _____ to use drugs.

a. more likely
b. less likely
c. unable
d. pressured

ANSWER: b
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

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25. _____ includes a physiological and physical need for a drug despite negative consequences.
    a. Drug abuse
    b. Drug compulsion
    c. Drug addiction
    d. Drug fixation

ANSWER: c
POINTS: 1
REFERENCES: What Is Substance Abuse Disorder?
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

26. The term _____ is used to describe drug dependence due to the complexity of a chronic or long-lasting disease.
    a. physical dependency
    b. substance abuse disorder
    c. drug addiction
    d. psychological dependency

ANSWER: b
POINTS: 1
REFERENCES: What Is Substance Abuse Disorder?
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

27. People _____ on a drug need to take the drug to ward off withdrawal symptoms.
    a. genetically addicted
    b. mentally addicted
    c. emotionally dependent
    d. physically dependent

ANSWER: d
POINTS: 1
REFERENCES: What Is Substance Abuse Disorder?
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

28. _____ are physical symptoms that appear after a drug is discontinued.
    a. Withdrawal symptoms
    b. Dependence symptoms
    c. Interdependence
    d. Substance abuse disorder

ANSWER: a
POINTS: 1
REFERENCES: What Is Substance Abuse Disorder?
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

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29. Low self-esteem, poor interpersonal skills, need for immediate gratification, and impulsivity are _____ characteristics associated with drug abuse.

a. genetic
b. selective
c. personality
d. negligible

ANSWER: c
POINTS: 1
REFERENCES: Theories of Substance Abuse Disorder
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

30. Those with a substance abuse disorder tend to _____ the extent of drug use by their peers.

a. overestimate
b. disregard
c. underestimate
d. hyperfocus on

ANSWER: a
POINTS: 1
REFERENCES: Theories of Substance Abuse Disorder
QUESTION TYPE: Multiple Choice
HAS VARIABLES: False

a. Drug
b. Substance Abuse Disorder
c. Illicit Drug Use
d. Drug Dependency
e. Drug Misuse
f. Negative Reinforcement
g. Positive Reinforcement
h. Protective Factors
i. Psychoactive Drugs
j. Withdrawal Symptoms

QUESTION TYPE: Matching
HAS VARIABLES: False

31. Physical symptoms that appear after a drug is discontinued

ANSWER: j
POINTS: 1

32. Reduce a person's risk for drug use behavior

ANSWER: h
POINTS: 1

33. The use of illegal drugs

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ANSWER: c
POINTS: 1

34. The body adjusts to the presence of a substance and will exhibit withdrawal symptoms if the drug is discontinued
ANSWER: d
POINTS: 1

35. A complex disease that affects the brain
ANSWER: b
POINTS: 1

36. The intentional or inappropriate use of a drug
ANSWER: e
POINTS: 1

37. Rewarding a positive behavior
ANSWER: g
POINTS: 1

38. Any substance that alters one's ability physiology of psychology when consumed
ANSWER: a
POINTS: 1

39. Removing negative stimulus after behavior
ANSWER: f
POINTS: 1

40. Drugs that affect the nervous system including mental processes, perceptions, consciousness, cognition, or mood
ANSWER: i
POINTS: 1

41. Unintentional or inappropriate use of prescription or over-the-counter drugs is not drug misuse.
a. True
b. False
ANSWER: False
POINTS: 1
REFERENCES: Drug Misuse
QUESTION TYPE: True / False
HAS VARIABLES: False

42. Mixing drugs is an example of drug misuse.
a. True
b. False
ANSWER: True
POINTS: 1
REFERENCES: Drug Misuse

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QUESTION TYPE: True / False
HAS VARIABLES: False

43. Licit drugs are illegal to sell, possess, and use.
    a. True
    b. False
ANSWER: False
POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: True / False
HAS VARIABLES: False

44. Nearly 20% of older adults combine the use of alcohol with medication.
    a. True
    b. False
ANSWER: True
POINTS: 1
REFERENCES: Drug Misuse
QUESTION TYPE: True / False
HAS VARIABLES: False

45. The younger a person is when they use alcohol, the more likely they will develop alcohol dependency as an adult.
    a. True
    b. False
ANSWER: True
POINTS: 1
REFERENCES: Drug Misuse
QUESTION TYPE: True / False
HAS VARIABLES: False

46. A pattern of taking a substance that causes significant problems is substance abuse.
    a. True
    b. False
ANSWER: True
POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: True / False
HAS VARIABLES: False

47. A combination of both protective factors and risk factors plays a role in whether an individual is more or less likely to abuse drugs.
    a. True
    b. False
ANSWER: True
POINTS: 1

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REFERENCES: Substance Use
QUESTION TYPE: True / False
HAS VARIABLES: False

48. It is estimated almost 7% of people misuse the prescriptions they are taking.
    a. True
    b. False
ANSWER: True
POINTS: 1
REFERENCES: Drug Misuse
QUESTION TYPE: True / False
HAS VARIABLES: False

49. Only environmental factors make up protective factors and risk factors.
    a. True
    b. False
ANSWER: False
POINTS: 1
REFERENCES: Substance Use
QUESTION TYPE: True / False
HAS VARIABLES: False

50. Opioids kill more people than any other drug.
    a. True
    b. False
ANSWER: False
POINTS: 1
REFERENCES: Drug Misuse
QUESTION TYPE: True / False
HAS VARIABLES: False

51. During the COVID-19 pandemic, nearly 25% of people that felt self-isolated reported using alcohol and drugs to help them cope with feeling isolated.
    a. True
    b. False
ANSWER: True
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: True / False
HAS VARIABLES: False

52. People who need to take the drug to ward off withdrawal symptoms are said to be psychologically dependent.
    a. True
    b. False
ANSWER: False

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POINTS: 1
REFERENCES: What Is Substance Abuse Disorder?
QUESTION TYPE: True / False
HAS VARIABLES: False

53. Community factors include social norms and networks that exist in a community.
    a. True
    b. False
ANSWER: True
POINTS: 1
REFERENCES: Substance Use
QUESTION TYPE: True / False
HAS VARIABLES: False

54. Simple curiosity is a common reason individuals try drugs.
    a. True
    b. False
ANSWER: True
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: True / False
HAS VARIABLES: False

55. It is a myth that boredom is a risk factor for drug use.
    a. True
    b. False
ANSWER: False
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: True / False
HAS VARIABLES: False

56. Euphoria after drug usage is an example of negative reinforcement.
    a. True
    b. False
ANSWER: False
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: True / False
HAS VARIABLES: False

57. If taking a drug relieves pain, this is an example of negative reinforcement.
    a. True
    b. False
ANSWER: True

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POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: True / False
HAS VARIABLES: False

58. Some argue that drug use to seek pleasure is a protected right set forth in the Declaration of Independence.
a. True
b. False
ANSWER: True
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: True / False
HAS VARIABLES: False

59. Regardless of age, peer pressure is a huge risk factor for drug use because all age groups place the same value on the opinions that others hold of them.
a. True
b. False
ANSWER: False
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: True / False
HAS VARIABLES: False

60. College students living in Greek housing (fraternities and sororities) have much higher rates of alcohol consumption than do those living outside of Greek housing.
a. True
b. False
ANSWER: True
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: True / False
HAS VARIABLES: False

61. Define and give examples of drug use, misuse, and abuse.
ANSWER:
- Drug use: any substance that alters one's physiology of psychology when consumed
- Drug misuse: unintentional or inappropriate use of prescribed or over-the-counter drugs
- Substance (drug) abuse: a pattern of taking a substance that causes significant problems

POINTS: 1
REFERENCES: Introduction
QUESTION TYPE: Essay
HAS VARIABLES: False

62. Compare and contrast drug dependency and drug addiction.
ANSWER:
- Drug dependency refers to the body adjusting to the pressure of a substance and will exhibit

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withdrawal symptoms if the drug is discontinued.
- Drug addiction refers to a physiological and physical need for a drug despite negative consequences. This is considered outdated terminology and is often replaced with the term *substance use disorder*.
- Both connote a compulsive need to use a drug and an inability to cease using it even if serious consequences ensue. However, drug dependence can occur without physical dependence.

POINTS: 1
REFERENCES: What Is Substance Abuse Disorder?
QUESTION TYPE: Essay
HAS VARIABLES: False

63. Explain the differences between the substance use disorder theories: personality theories, theories of self-medication, biological theories, and social theories.

ANSWER:
- Personality theories: specific personality traits related to addiction; traits include learned helplessness, low self-esteem, neuroticism, etc.; stimuli or events that increase the likelihood of a particular behavior
- Theories of self-medication: theory that substance use derives from the motivation to alleviate negative symptoms. People take drugs to remove hurt and pain (emotionally or physically).
- Biological theories: Genetic theory means a person is predisposed to addiction by hereditary influence.
- Social theories: culture and social influences contribute to drug addiction

POINTS: 1
REFERENCES: What Is Substance Abuse Disorder?
QUESTION TYPE: Essay
HAS VARIABLES: False

64. What factors affect or are inherent in the 18- to 25-year-old age group that predispose them to having the highest rates of drug abuse? Can anything be done to change this?

ANSWER: Answer will vary.
POINTS: 1
REFERENCES: Motives for Drug Use
QUESTION TYPE: Subjective Short Answer
HAS VARIABLES: False

65. Substance abuse is very costly to society. The public healthcare costs related to substance abuse exceed $600 billion annually. What do you think the roles of the individual, family, community, and government are in dealing with substance abuse?

ANSWER: Answer will vary.
POINTS: 1
REFERENCES: Substance Use
QUESTION TYPE: Subjective Short Answer
HAS VARIABLES: False

66. Key risk factors to drug abuse have been identified as lack of parental supervision, poor social skills, availability of

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drugs at school, community poverty, and parental abuse of drugs. In contrast, protective factors that prevent drug abuse are parental monitoring and support, positive relationships, school antidrug policies, neighborhood pride, and parents reinforcing nonuse of drugs. What are some steps that can be taken by individuals, households, schools, and communities to begin diminishing risk factors for drug abuse?

ANSWER: Answer will vary.
POINTS: 1
REFERENCES: Substance Use
QUESTION TYPE: Subjective Short Answer
HAS VARIABLES: False

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