Sole's Introduction to Critical Care Nursing 9th edition Makic Test Bank

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Test Bank - Chapter 01

Q: Which of the following professional organizations best supports critical care nursing practice?

A. American Association of Critical-Care Nurses (Correct)
B. American Heart Association
C. American Nurses Association
D. Society of Critical Care Medicine

Q: A nurse has been working as a staff nurse in the surgical intensive care unit for 2 years and is interested in certification. Which credential would be most applicable for her to seek?

A. ACNPC
B. CCRN-E
C. CCRN (Correct)
D. PCCN

Q: What is the main purpose of certification for critical care nursing?

A. To assure the consumer that critical nurses will not make a mistake.
B. To help prepare the critical care nurse for graduate school.
C. To assist in promoting magnet status for a facility.
D. To validate a nurse's knowledge of critical care nursing. (Correct)

Q: What is the focus of the synergy model of practice?

A. Allowing unrestricted visiting for the patient 24 hours each day.
B. Providing holistic and alternative therapies.
C. Considering the needs of patients and their families, which drives nursing competency. (Correct)
D. Addressing the patients' needs for energy and support.

Q: The family of your critically ill patient tells you that they have not spoken with the physician in over 24 hours and they have some questions that they want clarified. During morning rounds, you convey this concern to the attending intensivist and arrange for her to meet with the family at 4:00 PM in the conference room. Which competency of critical care nursing does this represent?

A. Advocacy and moral agency in solving ethical issues
B. Clinical judgment and clinical reasoning skills
C. Collaboration with patients, family members, and healthcare team members (Correct)
D. Facilitation of learning for patients, family members, and healthcare team members

Q: The AACN Competence Framework provides an initial competency for practice approach that validates a core set of what?

A. Evidence-based practice guidelines
B. Healthy work environment recommendations
C. National Patient Safety Goals
D. Knowledge, skills, and abilities (KSAs) (Correct)

Q: The charge nurse is responsible for making the patient assignments on the critical care unit. She assigns the experienced, certified nurse to care for the acutely ill patient diagnosed with

sepsis who also requires continuous renal replacement therapy and mechanical ventilation. She assigns the nurse with less than 1 year of experience to two patients who are more stable. This assignment reflects implementation of what guiding framework?

A. Crew resource management model
B. National Patient Safety Goals
C. Quality and Safety Education for Nurses (QSEN) model
D. Synergy model of practice (Correct)

Q: The vision of the American Association of Critical-Care Nurses is a healthcare system driven by achieving what goal?

A. Maintaining a healthy work environment.
B. Providing care from a multiprofessional team under the direction of a critical care physician.
C. Effectively meeting the needs of critically ill patients and families. (Correct)
D. Creating respectful, healing, and humane environments.

Q: What is the most important outcome of effective communication?

A. Demonstrating caring practices to family members.
B. Ensuring that patient teaching is provided
C. Meeting the diversity needs of patients.
D. Reducing patient errors. (Correct)

Q: The nurse is caring for a critically ill patient whose urine output has been low for 2 consecutive hours. After a thorough patient assessment, you call the primary care provider with the following report.
Dr. Smith, I'm calling about Mrs. P., your 65-year-old patient in CCU 10. Her urine output for the past 2 hours totaled only 40 mL. She arrived from surgery to repair an aortic aneurysm 4 hours ago and remains on mechanical ventilation. In the past 2 hours, her heart rate has increased from 80 to 100 beats per minute and her blood pressure has decreased from 128/82 to 100/70 mm Hg. She is being given an infusion of normal saline at 100 mL per hour. Her right atrial pressure through the subclavian central line is low at 3 mm Hg. Her urine is concentrated. Her BUN and creatinine levels have been stable and in normal range. Her abdominal dressing is dry with no indication of bleeding. My assessment suggests that Mrs. P. is hypovolemic and I would like you to consider increasing her fluids or giving her a fluid challenge. Using the SBAR model for communication, the information the nurse gives about the patient's history and vital signs is appropriate for what part of the model?

A. Situation
B. Background (Correct)
C. Assessment
D. Recommendation

Q: The family members of a critically ill, 90-year-old patient bring in a copy of the patient's living will to the hospital, which identifies the patient's wishes regarding health care. The nurse discusses the contents of the living will with the patient's physician. This is an example of implementation of which of the AACN Standards of Professional Performance?

A. Acquires and maintains current knowledge and competency in patient care
B. Acts ethically in all areas of practice (Correct)
C. Considers factors related to safety, effectiveness, cost, and effect in planning and delivering care
D. Uses clinical inquiry and integrates research findings in practice

Q: Which of the following assists the critical care nurse in ensuring that care is appropriate and based on research?

A. Clinical practice guidelines (Correct)
B. Computerized physician order entry
C. Consulting with advanced practice nurses
D. Implementing Joint Commission National Patient Safety Goals

Q: Comparing the patient's current (home) medications with those ordered during hospitalization and communicating a complete list of medications to the next care provider when the patient is transferred within an organization or to another setting are strategies toward best achieving what patient related goal?

A. Identify patients correctly.
B. Ensure the right information is provided to the right clinician.
C. Reconciling medications across the continuum of care. (Correct)
D. Reducing harms associated with administration of anticoagulants.

Q: As part of nursing management of a critically ill patient, orders are written to keep the head of the bed elevated at 30 degrees, awaken the patient from sedation each morning to assess readiness to wean from mechanical ventilation, and implement oral care protocols every 4 hours. These interventions are done as a group to reduce the risk of ventilator-associated pneumonia. This group of evidence-based interventions is often referred to using what term?

A. Bundle of care. (Correct)
B. Clinical practice guideline.
C. Patient safety goal.
D. Quality improvement initiative.

Q: A nurse who works in an intermediate care unit that has experienced high nursing turnover. There is a newly hired nurse manager who tells the staff that he is going to focus on creating a healthy work environment as a way to address turnover. The manager asks the nurse what her professional goals for the upcoming year are, and how he can help to support her in achieving them and celebrating her successes. This situation in an example of what key component of a healthy work environment?

A. Effective decision making
B. Meaningful recognition (Correct)
C. Appropriate staffing
D. Promotion of nurse retention

Q: Which of the following statements describes the core concept of the synergy model of practice?

A. All nurses must be certified in order to have the synergy model implemented.
B. Family members must be included in daily interdisciplinary rounds.
C. Nurses and physicians must work collaboratively and synergistically to influence care.
D. Unique needs of patients and their families influence nursing competencies. (Correct)

Q: A nurse who plans care based on the patient's gender, ethnicity, spirituality, and lifestyle is said to demonstrate what focus?

A. Becoming a moral advocate.

B. Facilitating all forms of learning.
C. Responding to diversity. (Correct)
D. Using effective clinical judgment.

Q: Which of the following is a National Patient Safety Goal? *(Select all that apply.)*
(Select all that apply.)

A. Identify patients correctly. (Correct)
B. Eliminate use of patient restraints.
C. Reconcile medications across the continuum of care. (Correct)
D. Comply with guidelines for hand hygiene. (Correct)

Q: Which of the following is (are) official journal(s) of the American Association of Critical-Care Nurses? *(Select all that apply.)*
(Select all that apply.)

A. *American Journal of Critical Care* (Correct)
B. *Critical Care Clinics of North America*
C. *Critical Care Nurse* (Correct)
D. *Critical Care Nursing Quarterly*

Q: What were identified as the first critical care units? *(Select all that apply.)*
(Select all that apply.)

A. Burn units.
B. Coronary care units (Correct)
C. Recovery rooms. (Correct)
D. Neonatal intensive care units.
E. High-risk OB units.

Q: Which of the following nursing activities demonstrates implementation of the AACN Standards of Professional Performance? *(Select all that apply.)*
(Select all that apply.)

A. Attending a meeting of the local chapter of the American Association of Critical-Care Nurses in which a continuing education program on sepsis is being taught (Correct)
B. Collaborating with a pastoral services colleague to assist in meeting spiritual needs of the patient and family (Correct)
C. Participating on the unit's nurse practice council (Correct)
D. Reading an article from *Critical Care Nurse* on management of venous thromboembolism, and hosting a journal club for your colleagues to make best practice recommendations and discuss (Correct)
E. Using evidence-based strategies to prevent ventilator-associated pneumonia (Correct)

Q: Which scenarios contribute to effective handoff communication at change of shift? *(Select all that apply.)*
(Select all that apply.)

A. The nephrology consultant physician is making rounds and asks the nurse to provide an update on the patient's status and assist in placing a central line for hemodialysis.
B. The noise level is high because twice as many staff members are present and everyone is giving report in the nurse's station.

C. The unit has decided to use a standardized checklist/tool for change-of-shift reports and patient transfers. (Correct)

D. Both the off-going and the oncoming nurses conduct a standardized report at the patient's bedside and review key assessment findings. (Correct)

E. The off-going nurse is giving the patient medications at the same time as giving handoff report to the oncoming nurse.

Q: Which strategy is important to addressing issues associated with the aging workforce? *(Select all that apply.)*
(Select all that apply.)

A. Allowing nurses to work flexible shift durations (Correct)

B. Encouraging older nurses to transfer to an outpatient setting that is less stressful

C. Hiring nurse technicians that are available to assist with patient care, such as turning the patient (Correct)

D. Developing a staffing model that accurately reflects the unit's needs. (Correct)

E. Remodeling patient care rooms to include devices to assist in patient lifting

Q: Which of the following strategies will assist in creating a healthy work environment for the critical care nurse? *(Select all that apply.)*
(Select all that apply.)

A. Celebrating improved outcomes from a nurse-driven protocol with a pizza party (Correct)

B. Implementing a medication safety program designed by pharmacists

C. Modifying the staffing pattern to ensure a 1:1 nurse/patient ratio

D. Offering quarterly joint nurse-physician workshops to discuss unit issues (Correct)

E. Using the Situation-Background-Assessment-Recommendation (SBAR) technique for handoff communication (Correct)

Mastery Questions - Chapter 01

Q: The charge nurse makes assignments for the critical care unit and assigns the experienced nurse to care for two complex patients and the novice nurse to care for the less complex patient. The charge nurse based assignments on which model of practice?

A. Institute for Healthcare Improvement
B. Quality and Safety Education for Nurses
C. Synergy model (Correct)
D. Universal care

Q: The American Association of Critical-Care Nurses (AACN) publishes various journals, including which of the following?

A. *American Journal of Critical Care* (Correct)
B. *Critical Care Medicine*
C. *Critical Care Nursing Quarterly*
D. *Dimensions of Critical Care Nursing*

Q: The nurse is interested in reducing healthcare–associated infections. Which action should the nurse take to achieve this?

A. Use two methods of client identification.
B. Assess the client for suicidal risk.
C. Wash hands before and after patient care. (Correct)
D. Perform a time-out before procedures.

Q: The nurse is interested in pursuing critical care nursing practice as a career. After listening to an explanation of critical care nursing, which statement indicates understanding?

A. “Collaborative practice interferes with effective patient care.”
B. “Critical care nurses coordinate care for critically ill patients in various settings.” (Correct)
C. “*Critical care nursing* is defined as care rendered in an intensive care unit.”
D. “Technological advances have had little effect on ethical dilemmas.”

Q: The critical care nurse has just listened to a lecture on standards of professional performance. The nurse then agrees to serve as a preceptor for a nurse new to critical care. Which statement by the critical care nurse indicates an understanding of the standards of professional performance?

A. “Professional standards include maintaining current knowledge in patient care.”
B. “Professional standards include providing leadership in the practice setting.” (Correct)
C. “Professional standards include using clinical inquiry in practice.”
D. “Professional standards include using skilled communication to collaborate with others.”

Q: The most important reason for the nurse to develop effective communication skills is to

A. collaborate with team members during interdisciplinary rounds.
B. develop skills in patient/family education.
C. ensure that the hospital is meeting Joint Commission requirements.
D. promote patient safety and reduce errors. (Correct)

Q: Handoff communication is essential in reducing errors. Which action can the nurse take to reduce errors in communication?

A. Begin the practice of bedside shift report between nurses.
B. Seek information on crew resource management training.
C. Initiate a system of forms and checklists to convey information during rounds.
D. Implement strategies to control noise during transfer report of a patient. (Correct)

Q: What action can the nurse manager initiate to promote collaboration?

A. Implement weekly in-services presented by the intensivist.
B. Institute multiprofessional bedside rounds one or two times per shift. (Correct)
C. Invite team members to after-work social events.
D. Mandate attendance at multiprofessional meetings.

Q: What actions can the nurse manager take to promote a healthy work environment? *(Select all that apply.)*
(Select all that apply.)

A. Acknowledge family contributions. (Correct)
B. Limit staffing to reduce noise.
C. Be effective in decision making. (Correct)
D. Give meaningful recognition to team members. (Correct)
E. Encourage respect for one another. (Correct)

Q: What actions can the nurse take to remain aware of current and emerging trends affecting practice and emerging trends affecting practice and patient care? *(Select all that apply.)*
(Select all that apply.)

A. Read professional journals. (Correct)
B. Work in many areas of nursing.
C. Join a journal club. (Correct)
D. Become involved in a unit-based council. (Correct)
E. Attend local professional meetings. (Correct)