Fundamental Concepts and Skills for Nursing 7th edition Williams Test Bank

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Test Bank - Chapter 01

Q: Florence Nightingale's contributions to nursing practice and education

A. are historically important but have no validity for nursing today.
B. were neither recognized nor appreciated in her own time.
C. were a major factor in reducing the death rate in the Crimean War. (Correct)
D. were limited only to the care of severe traumatic wounds.

Q: Early nursing education and care in the United States

A. were directed at community health.
B. provided independence for women through education and employment. (Correct)
C. were an educational model based in institutions of higher learning.
D. have continued to be entirely focused on hospital nursing.

Q: In order to fulfill the common goals defined by nursing theorists (promote wellness, prevent illness, facilitate coping, and restore health), the LPN must take on the roles of

A. caregiver, educator, and collaborator. (Correct)
B. nursing assistant, delegator, and environmental specialist.
C. medication dispenser, collaborator, and transporter.
D. dietitian, manager, and housekeeper.

Q: Although nursing theories differ in their attempts to define nursing, all of them base their beliefs on common concepts concerning

A. self-actualization, fundamental needs, and belonging.
B. stress reduction, self-care, and a systems model.
C. curative care, restorative care, and terminal care.
D. human relationships, the environment, and health. (Correct)

Q: Standards of care for the nursing practice of the LPN are established by the

A. Boards of Nursing Examiners in each state.
B. National Council of States Boards of Nursing (NCSBN).
C. American Nurses Association (ANA).
D. National Association of Licensed Practical Nurses. (Correct)

Q: The LPN demonstrates an evidence-based practice by

A. using a drug manual to check compatibility of drugs.
B. using scientific information to guide decision making. (Correct)
C. using medical history of a patient to direct nursing interventions.
D. basing nursing care on advice from an experienced nurse.

Q: Lillian Wald and Mary Brewster established the Henry Street Settlement Service in New York in 1893 in order to

A. offer a shelter to injured war veterans.
B. found a nursing apprenticeship.
C. provide health care to poor persons living in tenements. (Correct)

D. offer better housing to low-income families.

Q: An educational pathway for an LPN/LVN refers to an LPN/LVN

A. learning on the job and being promoted to a higher level of responsibility.
B. moving from a maternity unit to a more complicated surgical unit.
C. obtaining additional education to move from one level of nursing to another. (Correct)
D. learning that advancement requires consistent work and commitment.

Q: When diagnosis-related groups (DRGs) were established by Medicare in 1983, the purpose was to

A. put patients with the same diagnosis on the same unit.
B. attempt to contain the costs of health care. (Correct)
C. increase the availability of medical care to older adults.
D. identify a patient's condition more quickly.

Q: The advent of diagnosis-related groups (DRGs) required that nurses working in health care agencies

A. record supportive documentation to confirm a patient's need for care in order to qualify for reimbursement. (Correct)
B. use the DRG rather than their own observations for patient assessment.
C. be aware of the specific drugs related to the diagnosis.
D. acquire cross-training to make staffing more flexible.

Q: If a member of a health maintenance organization (HMO) is having respiratory problems such as fever, cough, and fatigue for several days and wants to see a specialist, the person is required to go

A. directly to an emergency room for treatment.
B. to any general practitioner of choice.
C. directly to a respiratory specialist.
D. to a primary care provider for a referral. (Correct)

Q: An advantage of preferred provider organizations (PPOs) is that

A. they make insurance coverage of employees less expensive to employers. (Correct)
B. there are fewer physicians to choose from than in an HMO.
C. long-term relationships with physicians are more likely.
D. patients may go directly to a specialist for care.

Q: After passing the National Council Licensure Examination for Practical Nurses (NCLEX PN), the nurse is qualified to take an additional certification in the field of

A. pharmacology. (Correct)
B. care of infants and children.
C. operating room technology.
D. Psychiatric care.

Q: Nursing interventions are best defined as activities that

A. are taken to improve the patient's health. (Correct)

B. involve researching methods to maintain asepsis.
C. include the family in nursing care.
D. review guidelines for handling infectious wastes.

Q: Nurse Practice Acts define the legal scope of an LPN's practice, which are written and enforced by

A. American Nurses Association.
B. National Council Licensure Examiners.
C. each state. (Correct)
D. each health care agency.

Q: Women volunteers were organized to give nursing care to the wounded soldiers during the Civil War by

A. Florence Nightingale.
B. Dorothea Dix. (Correct)
C. Clara Barton.
D. Lillian Wald.

Q: The nursing theory presented by Sister Calista Roy is based on

A. reduction of stress.
B. achievement of maximum level of wellness.
C. relief of self-care deficit.
D. adaptation modes. (Correct)

Q: The founding of the Red Cross is attributed to

A. Lillian Wald.
B. Dorothea Dix.
C. Florence Nightingale.
D. Clara Barton. (Correct)

Q: The nursing theorist whose practice framework is based on 14 fundamental needs is

A. Dorothy Johnson.
B. Jean Watson.
C. Virginia Henderson. (Correct)
D. Martha Rogers.

Q: The nursing theory that uses seven behavioral subsystems in an adaptation model is

A. Betty Neumann.
B. Sister Calista Roy.
C. Dorothy Johnson. (Correct)
D. Patricia Benner.

Q: The *Standards of Nursing Practice* are designed to direct LPNs to

A. advance their nursing career.
B. seek a scientific basis for their interventions.
C. deliver safe, knowledgeable care. (Correct)

D. a leadership role.

Q: A state's Nurse Practice Act is designed to protect the

A. physician.
B. nurse.
C. public. (Correct)
D. hospital.

Q: It is appropriate for practical nurses to provide direct patient care to persons in a hospital under the supervision of a

A. medical assistant.
B. registered nurse on the unit. (Correct)
C. supervising nurse who is responsible for care on several units.
D. more experienced LPN on the unit.

Q: An example of tertiary health care is

A. hospice care. (Correct)
B. restorative care.
C. emergency care.
D. home health care.

Q: Which nursing care delivery systems have some nursing schools adopted as the foundation of their education programs?

A. Relationship-based care (Correct)
B. Team nursing
C. Patient-centered care
D. Total patient care

Q: Which nursing care delivery system has been fully embraced by the nursing community and is identified as one of the seven QSEN competencies?

A. Relationship-based care
B. Team nursing
C. Patient-centered care (Correct)
D. Total patient care

Q: Which of the following is considered a positive aspect of the Affordable Care Act?

A. A 38-year-old mother is penalized on their taxes for not purchasing health insurance.
B. A 42-year-old laborer who has chronic kidney disease is denied insurance coverage.
C. Jamie, age 24, cannot continue insurance coverage on their parent's insurance since graduating from college.
D. Maria, age 60, is able to obtain health insurance at a rate that is manageable on their income. (Correct)

Q: In the United States, the Young Women's Christian Association (YMCA) in New York opened what school as the first practical nursing school?

A. Ballard School (Correct)
B. Shepard-Gill School of Practical Nursing

C. Army School of Nursing
D. Household Nursing School

Q: Characteristics of primary nursing include (*Select all that apply.*)
(Select all that apply.)

A. elimination of fragmentation of care between shifts. (Correct)
B. evolved in the mid-1950s.
C. planning and direction performed by one nurse. (Correct)
D. ancillary workers used to increase productivity. (Correct)
E. the care plan covering the entire day. (Correct)
F. associate nurses taking over care and planning when the primary nurse is off duty. (Correct)

Q: In 1991, the American Nurses Association (ANA) published the *Standards of Nursing Practice.* These standards are designed to (*Select all that apply.*)
(Select all that apply.)

A. set standards for safe nursing care delivery. (Correct)
B. define the legal scope of practice.
C. state legal requirements for clinical practice.
D. protect the nurse, patient, and health care agency. (Correct)
E. regulate the nursing profession.
F. define activities in which nurses may engage. (Correct)

Q: During the Civil War, nursing schools offered education to women both in England and in the United States. The schools in the United States differed from those in Europe because in US schools (*Select all that apply.*)
(Select all that apply.)

A. students worked without pay. (Correct)
B. the core curriculum was the same.
C. instruction was presented by physicians at the bedside. (Correct)
D. the educational focus was on nursing care.
E. classes were held separately from the clinical experience.

Q: Preferred provider organizations (PPOs) use capitated cost for what purpose to finance their services and pay the physical cost of the service. (*Select all that apply.*)
(Select all that apply.)

A. To facilitate long-term patient-provider relationships.
B. To finance their services (Correct)
C. To facilitate ease of service transfer when a person changes employment
D. To make insurance coverage less expensive for the employer (Correct)
E. To pay the physical cost of the service (Correct)

Review Questions - Chapter 01

Q: Who was the first visiting nurse?

A. Florence Nightingale
B. Phoebe (Correct)
C. Dorothea Dix
D. Clara Barton

Q: In the 20th century, nurses moved into

A. hospitals.
B. long-term care facilities.
C. the community. (Correct)
D. state mental health facilities.

Q: Who established the Henry Street Settlement Service in New York City?

A. Lillian Wald (Correct)
B. Dorothea Dix
C. Florence Nightingale
D. Richard Bradley

Q: Which educational nursing program takes 2 to 5 years to complete?

A. Nursing assistant (NA) program
B. Practical nursing (LPN, LVN) program
C. Registered nursing program (RN) (Correct)
D. Advanced practice nursing (APN) program

Q: Which was the first care delivery system for practical nurses?

A. Team nursing
B. Functional nursing care (Correct)
C. Total patient care
D. Primary nursing

Q: What was the intent of diagnosis-related groups (DRGs)?

A. Offer more health care services
B. Extend hospital stays
C. Improve health care
D. Contain health care costs (Correct)

Q: What nursing term is used to identify a statement about relationships among concepts or facts, based on existing information?

A. Nursing theory (Correct)
B. Nursing process
C. Nursing Standards of Practice
D. Nursing research

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Q: What task would be appropriately assumed by a LPN?

A. Applying supplemental oxygen as prescribed (Correct)
B. Supervises the unit's certified nursing assistants (CNAs)
C. Is tasked with administrating IV medications.
D. Is responsible for providing discharge teaching

Q: When considering nursing goals, what nursing intervention is focused on the restoration of a patient's health?

A. Administering flu vaccinations at a health fair
B. Monitoring a post-operative patient's pain level
C. Teaching an anxious patient to deep breath.
D. Administering an antibiotic as prescribed. (Correct)

Q: The goals of nursing include (*Select all that apply*.)
(Select all that apply.)

A. to promote wellness. (Correct)
B. to prevent illness. (Correct)
C. to facilitate coping. (Correct)
D. to restore health. (Correct)
E. to contain cost