Orthopedic Interventions for the Physical Therapist Assistant 1st edition Raffensperger Test Bank

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Chapter 01

Multiple Choice
Identify the choice that best completes the statement or answers the question.

____ 1. The PTA utilizes the plan of care in all of the following ways EXCEPT:
a. Comparison of findings to track patient status
b. Understanding of when to call EMS
c. Understanding of what interventions are to be used in treatment
d. Ensuring that interventions are within the professional/personal scope of the PTA

____ 2. Under which of the following circumstances should you most deliberately communicate with the PT ?
a. Your patient has a positive orthopedic test that was previously negative
b. Your patient has increased functional independence since last visit
c. Your patient has no change in ROM since last visit
d. Your patient is on track to meet their goals by discharge

____ 3. If a patient communicates a concern and you tell them what you've heard them say and your interpretation of how they must be feeling, you are using:
a. Restatement
b. Reflection
c. Clarification
d. "I" messages

____ 4. You are treating a patient who tells you his pain is so severe he thinks he will need surgery and will be unable to return to work. He is worried that his disabled wife will leave him if he is unemployed. This is an example of:
a. A red flag
b. A yellow flag
c. A blue flag
d. A black flag

____ 5. Taking the patient's history is one of the first steps in patient assessment. All of the following may be part of the patient's history EXCEPT:
a. Medical test results
b. Current medications
c. Chief complaint
d. Vital signs

____ 6. Red flag findings usually indicate:
a. The patient has some incorrect beliefs about his or her problem
b. The presence of psychiatric symptoms
c. It is appropriate to refer the patient to another medical professional for further testing
d. The presence of work-related factors that may impact recovery

____ 7. Which of the following diagnostic tests may be used to diagnose pathology of a joint capsule?
a. Myelogram
b. Arthrogram
c. Discogram
d. CT scan

____ 8. Which of the following findings could be determined by an x-ray?
a. Fracture
b. Bone infection
c. Herniated disc
d. Cartilage tear
e. All of the above

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____ 9. Two tests that are often done in combination to check the function of the nervous system are:
a. DEXA and CT scan
b. EMG and NCV
c. Doppler and bone scan
d. MRI and discogram

____ 10. Which of the following is a common side effect when using an NSAID?
a. GI bleeding
b. Constipation
c. Dry mouth
d. Blurred vision

____ 11. Which of the following is an indication of decreased deep tendon reflexes (DTRs)?
a. 1+
b. 2+
c. 3+
d. More than one of the above

____ 12. The therapist has evaluated a patient who scored 4 on the PHQ-2 depression screening, and relates feeling depressed since surgery. This would be a(n) _____ flag on the initial evaluation.
a. Red
b. Yellow
c. Orange
d. Blue

True/False
Indicate whether the statement is true or false.

____ 13. A patient's living situation is of no concern to a PTA treating orthopedic pathologies.

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Chapter 01
Answer Section

MULTIPLE CHOICE

1. ANS: B
2. ANS: A
3. ANS: B
4. ANS: B
5. ANS: D
6. ANS: C
7. ANS: B
8. ANS: A
9. ANS: B
10. ANS: A
11. ANS: A
12. ANS: C

TRUE/FALSE

13. ANS: F

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