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Chapter 2. The World Health Organization and the International Classification of Functioning, Disability and Health

Multiple Choice

1. What **organization** is responsible for development of the ICF framework for coding functional abilities in rehabilitation?
A. United Nations (UN)
B. World Health Organization (WHO)
C. United States
D. United Nations Children's Fund (UNICEF)

ANS: B
Rationale: The WHO is responsible for the development of the ICF framework to be used in conjunction with the ICD coding system for disease and diagnosis.

2. What is the **difference** between the ICF framework and the ICD coding system?
A. The ICF framework is responsible for coding diseases, whereas the ICD coding system codes a medical diagnosis.
B. The ICD coding system codes diseases, whereas the ICF framework codes a medical diagnosis.
C. The ICF framework is responsible for coding functional abilities, whereas the ICD coding system codes diseases.
D. The ICF framework and the ICD coding system both code a medical diagnosis and diseases.

ANS: C
Rationale: The ICF framework is used to code functional abilities in conjunction with the ICD framework, which is used to code diseases or a medical diagnosis.

3. The ICD coding system and the ICF framework are part of a broader system known as the Family of International Classifications. Which **classification system** is responsible for the parameters related to the ICD coding system and the ICF framework?
A. Reference classifications
B. Derived classifications
C. Related classifications
D. Functional classifications

ANS: A

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Rationale: Reference classifications are those responsible for the ICD and the ICF framework. They cover those parameters related to health issues affecting a person's ability to function. Derived classifications include more specialized classifications of diseases or disorders (ICF-CY), and related classifications include aspects of health not commonly addressed or related to specific diseases or disorders. Functional classifications are not part of this system.

4. The ICF framework is important for multiple reasons. Identify the **reason** that signifies its importance in the care of patients in rehabilitation.
A. It is used only in the United States to determine how function is affected by a patient's disease process.
B. It is used in conjunction with HIPAA to protect patient confidentiality.
C. It is used to determine how a patient's disease can affect his or her ability to function.
D. It is used to provide foreign countries with the ability to evaluate a patient's disease or diagnosis.

ANS: C
Rationale: The ICF framework was developed as a worldwide classification system, in conjunction with the ICD framework, to determine how a patient's function is affected by his or her disease or diagnosis.

5. What **organization** endorsed the use of the ICF framework in its publications in 2010?
A. HIPAA
B. ICE
C. WHO
D. APTA

ANS: D
Rationale: The American Physical Therapy Association (APTA) unanimously voted to endorse the use of the ICF framework in the House of Delegates in 2010. Preparations are being made to convert all publications using this material over the next year. HIPAA represents the Health Insurance Portability and Accountability Act, ICE represents Immigration and Customs Enforcement, and WHO represents the World Health Organization.

6. The ICF framework was developed from two key components. Identify the **correct** components.
A. Functioning and disability, and contextual factors
B. Disability and disease, and functioning
C. Functioning, and disease and environmental factors
D. Contextual, and disability and disease factors

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ANS: A
Rationale: The ICF framework was developed from two main components: functioning and disability, and contextual factors.

7. Which **component** includes environmental factors within the ICF?
A. Functional factors
B. Disabilities
C. Disease factors
D. Contextual factors

ANS: D
Rationale: Environmental factors are included within the component of contextual factors. Functional abilities include the other three domains of body structures, body functions, and activities and participation.

8. The ICF framework is divided into four domains, which can then be used to identify the impact on a patient's disease process or disability on his or her function. Choose the **correct domain** that can be identified using the letter *b*.
A. Environmental factors
B. Body structure
C. Body function
D. Activities and participation

ANS: C
Rationale: Body function is the domain represented by the letter *b* in the ICF framework. Body structure is represented by the letter *s,* activities and participation by the letter *d,* and environmental factors by the letter *e.*

9. The letter *d* is used to denote a specific domain in the ICF framework. Identify the **correct domain** that uses this specific letter for identification.
A. Body structure
B. Body function
C. Activities and participation
D. Environmental factors

ANS: C
Rationale: The letter *d* is used to identify those factors that include activities and participation related to the patient's ability to function dependent on how the disease process or disability affects this function. Body function is represented by the letter *b,* body structure is represented by the letter *s,* and environmental factors by the letter *e.*

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10. **When** was the ICD-10 coding system implemented in the United States?
A. January 1, 2015
B. March 1, 2015
C. July 1, 2015
D. October 1, 2015

ANS: D
Rationale: The ICD-10 was implemented in the United States on October 1, 2015. The United States was the last country to implement the ICD-10.

11. Which organization is considered the **authority** for health-care issues within the United Nations system and for those issues related to global health?
A. United Nations
B. World Health Organization
C. American Medical Association
D. World Medical Association

ANS: B
Rationale: The World Health Organization is considered the authority on issues related to health care within the United Nations and for global health matters. WHO is responsible for the development of a universal language related to patient care.

12. When was the APTA's *Guide to Physical Therapist Practice* last **revised?**
A. 2012
B. 2013
C. 2014
D. 2015

ANS: C
Rationale: The last revision of the *Guide to Physical Therapist Practice* was published in 2014 and was transitioned from a textbook format to one that is online.

13. Which would best fit in the **body structure** category?
A. Domestic life
B. Technology
C. Self-care
D. Nervous system

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ANS: D
Rationale: The nervous system is part of the body structure category, whereas domestic life and self-care are part of the activities and participation category and technology is part of the environmental category.

14. Which would best fit in the **body function** category?
A. Walking across the room
B. Weakness in the triceps muscle
C. Difficulty using a walker in the house
D. Inability to get into and out of the bath

ANS: B
Rationale: Weakness in the triceps muscle best fits in the body function category, whereas walking across the room, difficulty using a walker in the house, and inability to get into and out of the bath are all part of the activities and participation category.

15. Which would best fit in the **environmental** category?
A. The patient's relationship with his mother
B. Tightness in the hamstrings
C. Radiating pain down the leg
D. Deficits with speech

ANS: A
Rationale: The patient's relationship with his mother would fall within the environmental category, whereas tightness in the hamstrings, radiating pain down the leg, and deficits with speech would all fit within the body structure category.

16. Which would best fit in the **activities and participation** category?
A. Technology
B. Muscle spasms
C. Depression
D. Ability to learn the home exercise program

ANS: D
Rationale: The ability to learn the home exercise program would best fit in the activities and participation category, whereas technology would best fit within the environmental category, muscle spasms would best fit within the body structure category, and depression would best fit within the body function category.

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17. Which would fit within the **body function** category?
A. House cleaning
B. Circulatory system
C. Positive attitude
D. Self-care

ANS: C
Rationale: A positive attitude would best fit within the body function category, whereas housecleaning and self-care would best fit within the activities and participation category and the circulatory system would best fit within the body structure category.

18. Which would best fit within the **body structure** category?
A. Using a walker to get around the house
B. Difficulty following instructions
C. Tightness in the cervical muscles
D. Difficulty judging step height

ANS: C
Rationale: Tightness in the cervical muscles would best fit within the body structure category, whereas using a walker to get around the house would best fit within the activities and participation category and difficulty following instructions and judging step height would best fit within the body function category.

Multiple Response

19. **Why** was it necessary to transition from the ICD-9 to the ICD-10 coding system?
A. The ICD-10 coding system provides increased specificity for diagnosis in treatment.
B. The ICD-10 coding system provides more input from medical providers for improved billing.
C. The ICD-10 coding system provides the ability to identify additional conditions related to patient care.
D. The ICD-10 coding system provides the ability of the medical provider to identify activities and environmental factors related to the patient's diagnosis.

ANS: A, B, C, & D
Rationale: All of these are reasons to transition from the ICD-9 to the ICD-10 system. Along with increased specificity for the diagnosis of the patient's problems, the ICD-10 coding system also provides identification of additional conditions that might affect the patient's functional outcome and activities and environmental situations that were related to the deficit in function.

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20. Which would best fit within the **body structure** category?
A. Scars on the skin
B. Brain tissue
C. Fractured left femur
D. Eyes and ears

ANS: A, B, C, & D
Rationale: All of the listed activities best fit within the body structure category.

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