Examination of Orthopedic and Athletic Injuries 5th edition Starkey Test Bank

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Chapter 2: Examination and Management of Acute Pathologies

MULTIPLE CHOICE

1. When performing an immediate on-field examination, which of the following should be evaluated first?
   a. Obstructed airway
   b. Shock like symptoms
   c. Fractures
   d. Lightheadedness

   ANS: A

2. For every minute that defibrillation is delayed, the chance of surviving sudden cardiac arrest reduces by what percentage?
   a. 1%
   b. 5%
   c. 7%
   d. 10%

   ANS: D

3. Which of the following should be included in the emergency action planning?
   a. Personnel, equipment, lines of communication
   b. Personnel, equipment, all administrators present at event
   c. Equipment, lines of communication, phone number of parents
   d. Equipment, phone numbers of parents, all administrators present at the event

   ANS: A

4. True/False. Regardless of sport, the athletic trainer can run onto the field of play when an injury occurs.

   ANS: False

5. The primary goal of the initial examination is to determine:
   a. What care the patient should receive
   b. Who will assist with medical care
   c. If the condition requires emergency management
   d. When the athlete should be removed from the field

   ANS: C

6. List seven aspects that the on-field examination should rule out.

7. Ideally, how many responders should begin the evaluation process:
   a. 1
   b. 2
   c. 3
   d. As many as possible

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ANS: B

8. After splinting an injury, the athlete complains that the pain is getting worse. Which of the following might give you information regarding the injury?
   a. Visual analog pain scale
   b. Taking off the splint
   c. The athlete realizing that he or she is injured and the pain is going to increase
   d. Capillary refill distal to the injury site

   ANS: D

9. Football face mask removal is easiest when using:
   a. Cordless screwdriver
   b. Pruning sheers
   c. Trainers Angels
   d. Manual screwdriver

   ANS: A

10. The return-to-activity decision should be based on all of the following *except* the
    a. relative risk of reinjury.
    b. athlete's functional ability.
    c. athlete's gender.
    d. athlete's age.

    ANS: C
    Rationale: Gender should not alter a return-to-activity decision.

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