Psychiatric-Mental Health Nursing An Interpersonal Approach 2nd edition Jones Test Bank

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Test Bank to Accompany

PSYCHIATRIC-MENTAL HEALTH NURSING

An Interpersonal Approach

Second Edition

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The Instructor's Manual is designed to assist your instructional efforts in the classroom. Listed are key terms from each chapter as well as expected learning outcomes. The hyperlinks for each chapter are designed to allow the student to view film(s) that augment the main themes of the topic. Various films and/or additional hyperlinks have been recommended for use by the instructor that also allows further exposure to the chapter content. Questions and answers from the case studies presented in Chapters 11 to 19 are also provided to enhance critical thinking skills for students.

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CHAPTER 1

Mental Health Trends and the Historical Role of the Psychiatric-Mental Health Nurse

1. A nurse is giving a presentation about the historical development of modern mental health care. Which of the following should be emphasized as a consequence of 18th- and 19th-century reforms?
   A. Medications were developed that treated mental illness
   B. Care of the mentally ill became more humane
   C. Sigmund Freud developed psychoanalytic theory
   D. Mental illness became viewed as a result of demonic possession

Answer: B

2. Following is a list of significant events in the evolution of mental health care. Place the events in the order in which they occurred.
   A. Establishment of the National Institute of Mental Health
   B. Development of medications that address neurotransmitter uptake
   C. Publication of Surgeon General's Report on Mental Health
   D. Deinstitutionalization of the mentally ill

Answer: A, D, B, C

3. Match the following individuals with their accomplishments.

3.1	Florence Nightingale	A.	Wrote the first psychiatric-mental health nursing textbook
3.2	Harriet Bailey	B.	Advocated for patient self-care and independence
3.3	Effie Taylor	C.	Became first American psychiatric-mental health nurse
3.4	Linda Richards	D.	Established first nursing program for psychiatric-mental health nurses

Answer: 3.1–B; 3.2–A; 3.3–D; 3.4–C

4. In accepting a job on an inpatient unit, a nurse learns that the work environment emphasizes milieu management to facilitate treatment. Which of the following can the nurse expect?
   A. Nurses will be responsible for adjusting light and noise levels to create a less stressful environment
   B. Nurses will facilitate therapeutic group meetings
   C. Nurses will work within a self-managed team framework
   D. Nurses will devote most of their time to working one-on-one with patients

Answer: A

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5. Which of the following are contemporary settings in which a psychiatric-mental health nurse might expect to work?
   A. Residential facilities
   B. Disaster response teams
   C. Schools
   D. All of the aforementioned

Answer: D

6. When it is said that the psychiatric-mental health care nurse adopts a "holistic" view of the patient, what is the best interpretation of this perspective?
   A. The nurse considers the patient's mental and emotional state primary and physical health secondary
   B. The nurse has a master's degree and advanced certification
   C. The nurse takes into account the needs of the patient within the context of the patient's family and community
   D. The nurse does not participate in administering medications to patients but is constrained to nonpharmacological treatments

Answer: C

7. A psychiatric-mental health clinical nurse specialist (CNS) or nurse practitioner (NP) might engage in which of the following activities (select all that apply)?
   A. Prescribing psychopharmacological medication
   B. Individual psychotherapy
   C. Diagnostic screening
   D. Research
   E. Program development

Answers: A, B, D

8. A nurse is preparing a presentation on health care careers for a group of prospective nursing students. The presentation should state that a nurse with a bachelor's degree can perform all of the following tasks EXCEPT:
   A. Patient intake screening
   B. Psychotherapy
   C. Administration of medication
   D. Milieu management

Answer: B

9. The first nurse to strongly emphasize the importance of meeting both the client's physical needs as well as emotional needs was?
   A. Linda Richards
   B. Luella Parsons
   C. Martha Rogers
   D. Joycelyn Elders

Answer: A

10. As a result of nurse theorists such as Peplau and Travelbee, _____ was now considered an important part of the patient's recovery.
   A. Medication
   B. Therapeutic communication
   C. Physical therapy
   D. Activities therapy

Answer: B

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11. Milieu management has to do with?
    A. Discharge planning
    B. The doctor–nurse relationship
    C. Awareness of the setting/environment
    D. Efficient ways of charting

Answer: C

12. When practicing basic level of psychiatric-mental health nursing, the American Nurses Credential Center (ANCC) recognizes the preferred level of preparation as the:
    A. Associate degree
    B. Diploma degree
    C. Master's degree
    D. Bachelor's degree

Answer: D

13. The first advanced psychiatric nursing role was that of the:
    A. Clinical nurse specialist
    B. Certified nurse practitioner
    C. Clinical nurse leader
    D. Certified nurse midwife

Answer: A

14. During the 1990s there was a major shift in psychiatric-mental health treatment in that:
    A. Patients now had complete control over their care
    B. Medication became the first line of treatment and therapy became secondary
    C. Nurses now conducted most of the therapy groups on psychiatric units
    D. Psychiatric inpatient stays lengthened to accommodate insurance requirements

Answer: B

15. Any nurse practicing psychiatric-mental health nursing will be held specifically accountable to:
    A. National League for Nursing Guidelines for Practice
    B. Scope and Standards of Practice for Psychiatric Nurse Practitioners
    C. ANA's Psychiatric-Mental Health Nursing: Scope and Standards of Practice
    D. American Psychiatric Association Code of Ethics

Answer: C

16. Which goal is part of the Federal Government's *Healthy People 2020* initiative?
    A. Reduce the suicide rate
    B. Reduce the proportion of persons who experience major depressive episodes
    C. Increase the proportion of homeless adults with mental health problems who receive mental health services
    D. All of the aforementioned

Answer: D

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