Marriage and Family Therapy A Practice-Oriented Approach 2nd edition Metcalf Test Bank

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Test Bank for

MARRIAGE AND FAMILY THERAPY

A Practice-Oriented Approach

Second Edition

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Editor

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1. The concept of balance of fairness is synonymous with which theory?
   a. transgenerational
   b. strategic
   *c. contextual
   d. constructivist

2. The _____ school of family therapy views resistance as what occurs when a therapist fails to adapt to what the family needs in therapy.
   *a. solution focused
   b. structural
   c. experiential
   d. Mental Research Institute (MRI)

3. Teams of observers positioned behind a one-way mirror are most commonly used by _____ family therapists.
   a. experiential
   b. behavioral
   c. Bowenian
   *d. Milan

4. Who is generally considered the "father of general systems theory"?
   a. Carl Sagan
   b. Noam Chomsky
   c. Milton Erickson
   *d. Ludwig von Bertalanffy

5. In Bowen's model, performing an assessment by interviewing one partner at a time is
   a. a good method of bringing out family secrets
   b. a way to reduce conflict between partners
   *c. a method for preventing marital conflict from interfering with the assessment process
   d. standard procedure

6. According to narrative therapy, by maintaining a dominant story of their problems, family members fail to see _____ in their problems.
   a. the paradox in
   b. their contributions to
   *c. unique outcomes
   d. underlying causes of

7. A family enters therapy because the five year old is uncontrollable and has been diagnosed as being autistic. The recommended approach for treating the family is
   a. Milan systemic
   b. structural
   *c. psychoeducational
   d. solution focused

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8. When first starting out with a family in therapy, it is important to
   a. speak mostly to the person who made the initial call as he or she is the member who can get the family to each session and is the most helpful
   b. allow family members to interrupt one another, as you want to be careful not to offend anyone
   c. plan a specific strategy in which you decide where each member should sit so that you can avoid the family escalating into a fight
   *d. adjust your style to the family's, paying close attention to both verbal and nonverbal cues as you attempt to engage with each member of the family

9. The theory that sees the therapist's use of self as central to the assessment process is
   a. structural
   b. transgenerational
   *c. experiential
   d. Milan systemic

10. The effort to create anxiety in the large system is the goal of
   a. Bowen
   b. Minuchin
   *c. Whitaker
   d. Framo

11. Which of the following best defines homeostasis?
   a. a concept that posits that in the end all things are the same.
   *b. a term that addresses the tendency for all systems to gravitate toward remaining the same over time.
   c. a concept identifying the particular distinctions between homosapiens and other biological systems.
   d. a concept that speaks to the ripple effect in systems.

12. Compared to Mental Research Institute (MRI) brief therapy, experiential is
   *a. more reliant upon the therapist's personal feelings
   b. the preferred approach when working with idiosyncratic clients
   c. more easily described as a set of procedures
   d. a foundation upon which the Milan school created their approach

13. Symptom relief is a lesser goal of which school?
   *a. Bowen
   b. strategic
   c. Mental Research Institute (MRI)
   d. structural

14. The multicultural framework encourages therapists to speak with families about their
   a. ethnicity
   b. culture
   *c. ethnicity, education, and religion
   d. race

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