Assessment in Rehabilitation and Mental Health Counseling 1st edition Strauser Test Bank

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Chapter 1: Introduction to Assessment in Rehabilitation

MULTIPLE CHOICE:

1. The primary purpose of assessment in rehabilitation counseling is to:
   a. Help the rehabilitation counselor and consumer obtain important and relevant information to achieve identified goals and outcomes
   b. Provide a therapeutic experience for the individual
   c. Help the individual engage in productive self-evaluation and increase awareness and understanding
   d. Monitor progress toward goal attainment
   *e. All of the above

2. Which of the following is not part of the problem-solving–based approach to rehabilitation assessment?
   a. Verification
   b. Generation of alternatives
   c. Decision making
   *d. Causal identification
   e. Problem orientation
   f. All of the above

3. The term *assessment* is defined as:
   *a. The broadest term that is all encompassing of the evaluation methods used by rehabilitation counselors
   b. The process of operationalizing the variable to interest
   c. Concept or construct that can take on more than one variable
   d. Specific instrument or technique used in the assessment process
   e. None of the above

4. Which of the following is the most commonly used assessment technique in rehabilitation counseling?
   a. Biographical data
   *b. Interviews
   c. Speed tests
   d. Power tests
   e. All of the above

5. One of the limitations levied against the use of assessment in rehabilitation counseling is:
   a. Typically, the individual becomes an object instead of a participant
   b. Assessment lacks predictive validity
   c. It is too time-consuming
   d. It is typically done by technicians
   *e. Both a and b
   f. None of the above

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DISCUSSION QUESTIONS

1. Discuss how the problem-solving approach advocated for in this chapter matches the overall counseling process. What are the similarities and differences? What role does the individual with disability factor into the problem-solving framework?

2. Review the issues related to the use of assessment in rehabilitation counseling and compare and contrast the criticisms and limitations with the advantages and disadvantages. Based on your review, how do you see assessment fitting into the rehabilitation counseling process?

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