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CHAPTER 2: Determinants of Health

1. Social and economic environment, physical environment, and person's individual characteristics and behaviors are known as:
   A. risk factors.
   B. protective factors.
   *C. determinants of health.
   D. agents of change.

Answer: C – WHO identified determinants of health as social and economic, physical environment, and the persons individual characteristics and behaviors.

2. A factor that increases an individual or population's likelihood of developing a disease or injury is known as:
   *A. risk factors.
   B. protective factors.
   C. determinants of health.
   D. agents of change.

Answer: A – Risk factors increase a person's likelihood of developing a disease or injury.

3. A major initiative designed to drive the nation's health promotion and disease prevention efforts, resulting in an improved healthy nation, is:
   A. Centers for Disease Control and Prevention.
   B. Office of Public Health and Disease Control.
   *C. Healthy People.
   D. Shattuck Report.

Answer: C – Healthy People initiative is designed to guide national health promotion and disease prevention efforts to improve the nation's health.

4. The focus of Healthy People 2030 consists of:
   A. cost containment, population health, experience of care.
   B. health equity, diversity, and inclusion.
   *C. health equity, social determinants of health, health literacy.
   D. medical errors, social determinants of health, health equity.

Answer: C – Healthy People 2030 launched in August 2020 focuses on health equity, social determinants of health, and health literacy.

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5. Conditions in which people are born, grow, live, learn, work, and age that impacts their health and quality of life are:
   A. population health.
   *B. social determinants of health.
   C. behavioral determinants of health.
   D. epidemiology.

Answer: B – Social determinants of health is defined as the conditions in which people are born, grow, live, learn, work, worship, and age that affect an individual's health and quality of life.

6. Healthy People 2030 social determinant of health goal is to: create social, physical, and economic environments that promote the attainment of full health potential and well-being for all.
   *A. True
   B. False

Answer: A – Healthy People 2030 has one goal focusing on social determinants of health that strives to create an environment that support an individual attaining their full potential for health and wellbeing.

7. Differences in morbidity and mortality data, disease burden, and other adverse conditions that exist among different populations is:
   A. health equity.
   *B. health status disparity.
   C. health status outcomes.
   D. health status equity.

Answer: B – A disparity is a gap or discrepancy that exists within or between populations.

8. Health disparities are preventable.
   *A. True
   B. False

Answer: A – Health disparities are preventable by intervening to improve the determinants of health.

9. Social determinant of health domains:
   A. Economic stability.
   B. Healthcare access and quality.
   C. Social and community context.
   *D. All of the above.

Answer: D – Social determinants of health consist of economic stability, healthcare access and quality, and social and community context.

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10. Social determinants of health can be both health protective and contribute to morbidity and mortality.
    *A. True
    B. False

Answer: A – Social determinants of health at their best can be protective and at their worst can be harmful.

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