Introduction to the Counseling Profession 7th edition Capuzzi Test Bank

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1 The world population will decrease significantly over the next century.

(A) True

(B) False

Answer: (B) False

Feedback: The current world population of 7.3 billion is expected to reach 8.5 billion by 2030, 9.7 billion in 2050, and 11.2 billion in 2100.

2 Social justice places a focus on issues of:

(A) Oppression, privilege, and social inequities

(B) Trust, empathy, and self-actualization

(C) Self-awareness, cultural identity formation, and conceptual understanding

(D) Trust, empathy, and self-actualization and self-awareness, cultural identity formation, and conceptual understanding.

Answer: (A) Oppression, privilege, and social inequities

Feedback: It includes a vision of society in which the distribution of resources is equitable and all members are physically and psychologically safe and secure. Social justice places a focus on issues of oppression, privilege, and social inequities.

3 Which of the following is not part of the foundational dimension of the cross cultural competency conceptual framework?

(A) Self-awareness

(B) Helping relationships

(C) Ethical knowledge

(D) Global literacy

Answer: (B) Helping relationships

Feedback: Helping relationships are the overarching framework in which cross cultural counseling takes place, but this framework is not in itself a foundation dimension of cross cultural counseling or cross cultural competency.

4 A gay male from a devout Muslim family tells you in counseling that he does not know how to reveal his sexuality to his father. Understanding the multiple dimensions of his personality and how they would impact his case would underscore the principle of:

(A) Global literacy

(B) Intersectionality

(C) Identity formation

(D) Language preference

Answer: (B) Intersectionality

Feedback: Intersectionality refers to the convergence and interactions of the multiple dimensions that comprise cultural identity, which in turn has an effect on an individual's personality and worldview.

5 Cultural diversity in Europe has increased significantly due to:

(A) Higher birth rates

(B) An exodus of native born Europeans

(C) Immigration

(D) Regulation

Answer: (C) Immigration

Feedback: The greatest challenge that is currently being faced by many countries in Europe and beyond is the exponential influx of migrants while the birthrates among nationals are declining.

6 Which of the following is not a basic principle of cross cultural counseling?

(A) Cultural differences are real and they influence all human interactions.

(B) Cultural differences are only an issue when working with clients of color.

(C) Cross cultural counseling places an emphasis on human diversity in all its many forms.

(D) Culturally competent counselors develop awareness, knowledge, and skills to intervene effectively into the lives of people from culturally diverse backgrounds.

Answer: (B) Cultural differences are only an issue when working with clients of color.

Feedback: Culture should be considered for all clients, regardless of their ethnicity due to the concept of intersectionality.

7 A counselor who, when appropriate, forms consultative relationships with religious/spiritual leaders or other indigenous helpers to benefit clients would be counseling with culture in mind.

(A) True

(B) False

Answer: (A) True

Feedback: As appropriate, it might be necessary to form consultative relationships with religious/spiritual leaders or other indigenous helpers/healers for the benefit of clients.

8 Cultural identity plays no role in psychosocial development.

(A) True

(B) False

Answer: (B) False

Feedback: Cultural identity formation is an important part of the psychosocial developmental process for people.

9 All counseling is cross cultural in nature.

(A) True

(B) False

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Answer: (A) True

Feedback: Due to intersectionality, all counseling is cross cultural.

10 Global literacy consists of basic information that a person needs to know in order to successfully navigate life in the technologically sophisticated, globally interconnected world of the twenty-first century.

(A) True

(B) False

Answer: (A) True

Feedback: Global literacy is the core body of knowledge that an individual accumulates over a lifetime about the world in which he or she lives. The driving force behind the development of global literacy is the commitment one makes to ensure that openness to cultural diversity is the cornerstone of one's life.

11 Match the term with its definition.

(A)	Gender-Role Socialization	(a)	Dimensions of personality being inextricably linked refers to this concept.
(B)	Privilege	(b)	Unearned benefits of which the holder is often unaware.
(C)	Cultural Identity	(c)	Cultural perceptions of men and women that account for fundamental differences in personality development.
(D)	Social Justice	(d)	Based on a belief that all people have the right to equitable treatment.
(E)	Intersectionality	(e)	The inner vision that a person possesses of him/herself as a member of a cultural group.

Answer:

(A) Gender-Role Socialization=>	Cultural perceptions of men and women that account for fundamental differences in personality development.
(B) Privilege=>	Unearned benefits of which the holder is often unaware.
(C) Cultural Identity=>	The inner vision that a person possesses of him/herself as a member of a cultural group.
(D) Social Justice=>	Based on a belief that all people have the right to equitable treatment.
(E) Intersectionality=>	Dimensions of personality being inextricably linked refers to this concept.