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Correct answers located at the end of the chapter.

1) Psychology is formally defined as
   A) the study of the human brain.
   B) the subjective study of human behaviour.
   C) the scientific study of behaviour and mental processes.
   D) the exclusive study of abnormal behaviour.

2) One way to tell that an explanation is pseudoscientific rather than scientific is to
   A) see if the explanation is historically accurate.
   B) look at the emotional impact of the explanation on people.
   C) note if the explanation has scientific terminology in it.
   D) note how readily proponents of the explanation will accept evidence to the contrary.

3) Which of the following is an example of a behaviour?
   A) A man imagines that he is a bat.
   B) A student remembers an answer to a question.
   C) A woman drives to work.
   D) An old man forgets his birthday.

4) Which of the following scenarios exemplifies a mental process?
   A) Rita is angry with her husband.
   B) Tim is scolding their daughter.
   C) Dave is quarreling with his husband.
   D) Madeline is arguing with her son.

5) Which of the following actions is a behaviour?
   A) Feeling happy
   B) Dreaming
   C) Humming a song
   D) Thinking about the future

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6) Which of the following statements is true of mental processes?
   A) Each of us experiences them publicly.
   B) They are considered to be pseudoscientific.
   C) They are the same as behaviours.
   D) They cannot be observed directly.

7) According to the science of psychology, which of the following is a mental process?
   A) Swimming
   B) Feeling proud
   C) Crying
   D) Reading out loud

8) Which of the following statements is true of critical thinkers?
   A) They do not think objectively.
   B) They are willing to readily accept evidence to the contrary.
   C) They question and test what some people say are facts.
   D) They are not skeptics.

9) Which of the following statements best defines critical thinking in psychology?
   A) It is the process of accepting observed events as true.
   B) It is the process of reflecting deeply, asking questions, and evaluating evidence.
   C) It is a form of thinking that is intended to create something new and different.
   D) It is a form of thinking that has been rejected by contemporary psychologists.

10) Behaviours differ from mental processes in that behaviours
   A) are controlled externally.
   B) stem from critical thinking.
   C) are expressed privately.
   D) can be observed directly.

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11) Which of the following scenarios demonstrates the attitude of skepticism in psychology?
A) Martina asks her pharmacist to repeat the instructions for taking her medication.
B) Doug tells a customer at his clothing boutique that he can buy clothes that are cheaper at another store.
C) Lindsey questions whether the sleeping pill she has been prescribed can really help her sleep.
D) Alex buys the newest exercise ball in the market to help him lose weight in just five days.

12) Which of the following attitudes are central to the scientific approach to psychology?
A) Critical thinking, curiosity, skepticism, and objectivity
B) Critical thinking, curiosity, skepticism, and subjectivity
C) Critical thinking, curiosity, political correctness, and objectivity
D) Critical thinking, curiosity, political correctness, and subjectivity

13) Using the _____ means gaining knowledge through the observation of events, the collection of data, and logical reasoning.
A) pseudoscientific method
B) empirical method
C) method of intuition
D) creative method

14) Which of the following goals of science does the empirical method best fulfil?
A) Expectations
B) Objectivity
C) Subjectivity
D) Political correctness

15) One reason psychologists have reached a more accurate understanding of human behaviour is that they
A) are unanimous about why the mind and behaviour work as they do.
B) do not need to be objective in their studies of humans.
C) foster debate and controversies.
D) do not follow the empirical method.

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16) Positive psychology is a branch of psychology that emphasizes
A) recovery from sickness.
B) human strengths.
C) repression of unpleasant experiences.
D) psychological problems.

17) Which of the following is a criticism of positive psychology?
A) It focuses on why things go wrong in life.
B) It neglects the best qualities of humanity.
C) It pays little attention to human weaknesses.
D) It gives equal emphasis to all aspects of human experience.

18) The method of study used by Wilhelm Wundt and his collaborators to discover the basic elements, or "structures," of mental processes was
A) psychonautics.
B) natural selection.
C) introspection.
D) psychoanalysis.

19) Which of the following statements is true of introspection as a method of study?
A) It focuses on uncovering unconscious thoughts.
B) It focuses on the purposes of the mind in an individual's adaptation to the environment.
C) It focuses on judging what is going on in a person's mind based on his or her behaviour.
D) It relies entirely on a person's conscious reflection.

20) Which of the following is a core question in functionalism?
A) What are the elements of mental processes?
B) Why is human thought adaptive?
C) Does nature play a larger role than nurture in developing a person's psychological characteristics?
D) Why is nurture more significant than nature in developing a person's psychological characteristics?

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21) Seo-Yeon, a psychologist, is conducting an experiment where she shows her participants an image of infants playing and asks them to describe what they experience when viewing the image. In this scenario, Seo-Yeon is attempting to understand how basic sensory processes shape an individual's understanding of the world using the method of

A) trephining.
B) introspection.
C) internal observation.
D) information processing.

22) Mark, a psychologist, is researching how mothers feel when their babies cry. He asks his first participant to reflect upon her thoughts and feelings while her baby is crying. In this scenario, which of the following psychological approaches is Mark most likely using for his research?

A) functionalism
B) structuralism
C) humanism
D) behaviourism

23) Which of the following scenarios best illustrates the method of introspection used by Wilhelm Wundt?

A) A researcher asks his participants to report their conscious feelings when they hear a specific song.
B) A scientist asks her research participants to recall a list of words.
C) A scientist observes rats in a maze to see how fast they learn to find their way out.
D) A researcher gives an intelligence test to her participants.

24) The primary research method used in structuralism was

A) hypnosis.
B) psychoanalysis.
C) natural selection.
D) introspection.

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25) Megan, a psychology student, uses introspection to try and understand mental processes. She attempts to analyze the mind in terms of its basic elements. In the context of psychological approaches, her research represents
    A) functionalism.
    B) structuralism.
    C) behavioural psychology.
    D) insight psychology.

26) In which early school of thought in psychology did researchers ask participants to think about what was going on mentally as various events took place?
    A) Behaviourism
    B) Functionalism
    C) Structuralism
    D) Humanism

27) In a psychological study, Danny is asked to report the feelings he experiences when he is subjected to the persistent sound of an ambulance siren. In this scenario, Danny is most likely being studied through the method of
    A) introspection.
    B) pseudoscience.
    C) functionalism.
    D) psychoanalysis.

28) Which of the following statements is true of Wilhelm Wundt's early work in psychology?
    A) It was based on the idea that the mind is a separate entity from the body.
    B) It was focused on human interactions with the outside world and the purpose of thoughts.
    C) It was focused on measuring the adaptive value of human thought.
    D) It was based on the idea that mental processes could be measured.

29) In psychology, researchers who advocate structuralism are most likely to
    A) question whether human thought is adaptive.
    B) consider the mind as flexible and fluid.
    C) emphasize the components of the mind.
    D) study the purpose of the mind and behaviour.

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30) Which of the following statements is true of functionalism?
A) It relies entirely on a person's conscious reflection.
B) It involves looking inside one's own mind by focusing on one's own thoughts.
C) It focuses on the "what" of the mind.
D) It probes the purposes of the mind and behaviour in an individual's adaptation to the environment.

31) In the history of psychology, researchers who advocate functionalism are most likely to
A) use introspection in their research.
B) see the mind as flexible and fluid.
C) focus on identifying the structures of the human mind.
D) study people's conscious reflections.

32) William James called the natural flow of thought
A) free recall.
B) a stream of consciousness.
C) an association of ideas.
D) natural selection.

33) _____ involves using introspection to investigate the components of the mind, whereas _____ involves the functions or purposes of the mind and behaviour in the individual's adaptation to the environment.
A) Structuralism; functionalism
B) Functionalism; structuralism
C) Functionalism; psychodynamic theory
D) Behaviourism; structuralism

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34) Which of the following statements correctly differentiates between structuralism and functionalism in early psychology?
    A) Functionalism focused on the elements of the mind; structuralism focused on the purpose of thoughts.
    B) Functionalism focused on the functions of the mind; structuralism focused on the functions of behaviour.
    C) Functionalism relied on introspection; structuralism relied on a stream of consciousness.
    D) Functionalism was about the "why" of the mind; structuralism was about the "what" of the mind.

35) Latisha, a psychology student, is keen to learn why humans cry when they are sad and laugh when they are happy. She wants to know how these emotions help humans adapt to changes in the environment. Which historical perspective of psychology are Latisha's interests most reflective of?
    A) functionalism
    B) behaviourism
    C) socialism
    D) structuralism

36) In the past, antelopes with long legs could run faster than antelopes with short legs. Therefore, they were able to escape predators more often. Over time, antelopes with long legs survived and antelopes with short legs became extinct. This example supports the principle of
    A) genetic mutation.
    B) natural selection.
    C) catastrophism.
    D) coevolution.

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37) When describing the process of natural selection, Charles Darwin claimed that
A) genes only carry physical traits and not the traits associated with survival and reproduction.
B) environments that do not favour certain organisms will help these organisms propagate their species.
C) organisms that are best adapted to their environment will survive and produce more offspring.
D) genetic mutations are initiated by humans and are not responsible for evolution.

38) Which of the following is true of the principle of natural selection proposed by Darwin?
A) Genetic mutations eliminate the chances of survival of a species.
B) A species with a characteristic that helps it to adapt to an environmental change will be more likely to survive.
C) A characteristic can be passed from one generation to the next without being recorded in the genes.
D) A species that can camouflage is less likely to survive.

39) Michelle studies changes in the brain underlying cognitive loss in Alzheimer's disease. This reflects the
A) biological approach.
B) evolutionary approach.
C) cognitive approach.
D) behavioural approach.

40) Dr. Stanley, a psychologist, studies the effect of the colour red on babies. Although there are no visible changes in the babies when they see the colour, Dr. Stanley observes that their neural patterns shows specific changes when presented with the red colour. In this scenario, Dr. Stanley's research is using which approach?
A) The psychodynamic approach
B) The cognitive approach
C) The biological approach
D) The behavioural approach

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41) Kevin investigates behaviours associated with lying. He uses a polygraph machine to measure changes in the respiration, pulse, and blood pressure of the participants when they lie. Kevin's research uses a _____ to study behaviours associated with lying.

A) biological approach
B) evolutionary approach
C) cognitive approach
D) behavioural approach

42) Which of the following statements is true of neuroscientists?

A) They believe that thoughts and emotions have a physical basis in the brain.
B) They claim that aggressive impulses buried deep within the unconscious mind influence the way people behave.
C) They study the observable behaviours of people and focus on their environmental determinants.
D) They are concerned with how people become who they are, from conception to death.

43) Which of the following is true of neuroscience as a contemporary approach to psychology?

A) It focuses on natural selection as the method of evolution for species.
B) It focuses on the unconscious elements of behaviour, thought, and emotion.
C) It emphasizes that behaviour can only be understood through direct observation.
D) It emphasizes that the brain is central to understanding behaviour, thought, and emotion.

44) Dr. Nyugen, a researcher, measures the levels of testosterone in adult males when they perform aggressive acts. He thinks that hormone levels are the single most prominent cause of male aggression. In this scenario, Jake is most likely using the _____ in his study.

A) evolutionary approach
B) humanistic approach
C) sociocultural approach
D) biological approach

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45) Professor Alan studies the regions of the brain that are activated when his participants view disturbing images from horror movies. In this context, the professor is using the _____ in his study.

A) cognitive approach
B) psychodynamic approach
C) sociocultural approach
D) biological approach

46) Which of the following best describes B. F. Skinner's beliefs about studying human behaviour?

A) Adult behaviours are best understood by examining childhood experiences.
B) Psychology should be about people's thoughts, feelings, and goals.
C) Psychology should be about what people do.
D) The structure of the mind can be understood through the use of introspection.

47) Gabriela is trying to toilet train her three-year-old son. She tells him that every time he uses the toilet, she will give him a sticker of his favourite cartoon character. In the given scenario, Gabriela is using the _____ to psychology to train her son.

A) cognitive approach
B) behavioural approach
C) sociocultural approach
D) biological approach

48) Miguel's twelve-year-old daughter is often late for school as she does not wake up on time. To encourage her to get up on time, he tells her that every day she is late for school, she has to go to bed half an hour early. In the given scenario, Miguel is using the _____ to psychology to change his daughter's habit.

A) humanistic approach
B) psychodynamic approach
C) behavioural approach
D) evolutionary approach

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49) Annette is an adolescent with extreme social anxiety. Dr. Ramashandran's treatment plan for Annette focuses on rewarding her whenever she takes a step toward conquering her fears. In this scenario, Dr. Ramashandran adheres most closely to the _____ to psychology.
A) cognitive approach
B) behavioural approach
C) psychodynamic approach
D) sociocultural approach

50) Which of the following is most likely to be the focus of study for a behavioural psychologist?
A) The feelings of rejection a person experiences during childhood
B) The sensations a person reports when he or she is tapped on the knee
C) The effects of rewards and punishments on a child's behaviour
D) The mental images a person conjures up when reflecting on a pleasant vacation

51) Trisha is a behavioural psychologist. Which of the following techniques is she most likely to use to motivate a little child to clean their room?
A) Stimulate certain parts of the child’s brain
B) Suggest the idea to the child while they are hypnotized
C) Let the child feel a sense of intrinsic achievement
D) Offer the child candy for cleaning their room

52) A psychologist who believes that psychologists should analyze only human conduct that can be observed, not ideas, thoughts, feelings, or motives is most likely a
A) behavioural psychologist.
B) cognitive psychologist.
C) humanistic psychologist.
D) psychodynamic psychologist.

53) Every time four-year-old Johnny puts his toys away or puts his clothes in the hamper, his parents praise him. Johnny's parents are using the _____ to psychology to train Johnny to keep his room neat.
A) cognitive approach
B) behavioural approach
C) psychodynamic approach
D) humanistic approach

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54) Which of the following statements is true of behaviourists?
A) They believe that psychology should be about people's thoughts and feelings.
B) They emphasize the scientific study of observable behavioural responses.
C) They primarily use the method of introspection in their experimental studies.
D) They unanimously reject the importance of thought processes in psychology.

55) Katherine has always been withdrawn and isolated at her rehabilitation centre. Her psychologist tells her that she can spend an additional hour in the garden if she initiates a conversation with another teenager. In the given scenario, Katherine's psychologist is using the _____ to psychology to help Katherine socialize with others.
A) psychodynamic approach
B) cognitive approach
C) behavioural approach
D) evolutionary approach

56) A family therapist tells Mr. and Mrs. Chang that they will have to take away some of their son's privileges if they want him to stop bullying his younger brother. In the context of psychological perspectives, the family therapist most likely follows the _____ to psychology.
A) evolutionary approach
B) cognitive approach
C) behavioural approach
D) psychodynamic approach

57) Individuals who believe that rewards and punishments determine our actions are following the _____ to psychology.
A) psychodynamic approach
B) biological approach
C) behavioural approach
D) evolutionary approach

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58) Eva is a five-year-old girl who has been brought to Dr. Frost for therapy because she has suddenly stopped speaking. Dr. Frost uses techniques intended to uncover Eva's unconscious thoughts or experiences. He believes that the answer lies within her mind. In this scenario, Dr. Frost is following the _____ to psychology.

A) psychodynamic approach
B) biological approach
C) behavioural approach
D) humanistic approach

59) Which of the following statements is true of the practitioners of the psychodynamic approach?

A) They believe that personality is shaped entirely by genetic factors.
B) They believe that sexual and aggressive impulses buried deep within the unconscious mind influence the way people think.
C) They emphasize that psychology should be about what people do and should not concern itself with things that cannot be seen, such as thoughts, feelings, and goals.
D) They use evolutionary ideas such as adaptation, reproduction, and natural selection as the basis for explaining specific human behaviours.

60) In his practice, Dr. Wagner focuses on his clients' unconscious processes as well as their unresolved conflicts. Dr. Wagner most likely follows the _____ to psychology.

A) behavioural approach
B) cognitive approach
C) psychodynamic approach
D) sociocultural approach

61) During a therapy session, Mrs. Brown's therapist asks her about her dreams because he believes that they are the key to her unconscious mind. In this scenario, the therapist is most likely using the _____ to psychology.

A) behavioural approach
B) cognitive approach
C) sociocultural approach
D) psychodynamic approach

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62) Dr. Chan, a therapist, tells her clients that she is less interested in their day-to-day lives and more interested in their childhood experiences and their relationship with their parents. Which approach to psychology is Dr. Chan most likely a proponent of?
A) The psychodynamic approach
B) The behavioural approach
C) The evolutionary approach
D) The humanistic approach

63) After two months of therapy, Michelle's therapist concludes that her symptoms of anxiety are most likely a result of her troubled childhood, which was spent in fear of a very strict father. Which of the following approaches to psychology is the therapist most likely using to understand and explain Michelle's symptoms?
A) The evolutionary approach
B) The behavioural approach
C) The psychodynamic approach
D) The sociocultural approach

64) The _____ to psychology emphasizes unconscious thought, the conflict between biological drives and society's demands, and early childhood family experiences.
A) evolutionary approach
B) behavioural approach
C) psychodynamic approach
D) cognitive approach

65) Steve is extremely antisocial. He often gets into trouble with the law and is unable to hold on to any job for long. His best friend is determined to find out about his childhood because she believes that his experiences as a child will help explain his adjustment problems as an adult. In this scenario, his best friend's approach is most similar to the _____ to psychology.
A) evolutionary approach
B) psychodynamic approach
C) behavioural approach
D) humanistic approach

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66) The therapeutic technique that involves an analyst unlocking a person's unconscious conflicts by talking with the individual about their childhood memories is called
A) psychoanalysis.
B) psychopathology.
C) introspection.
D) abstraction.

67) A therapist explains to fifteen-year-old Darcy's parents that Darcy fears his stepmother because most of the fairy tales he heard in his childhood portrayed stepmothers as evil people. Which of the following approaches is the therapist using to explain Darcy's behaviour?
A) The psychodynamic approach
B) The humanistic approach
C) The cognitive approach
D) The sociocultural approach

68) How do today's psychodynamic theories differ from Freud's original psychodynamic approach to psychology?
A) Freud's original psychodynamic approach did not pay any attention to unconscious motivation.
B) Freud's original psychodynamic approach was focused primarily on observable behaviours.
C) Today's theories place less emphasis on sexual drives as determinants of behaviour.
D) Today's theories place less emphasis on social and cultural experiences as determinants of behaviour.

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69) In the context of contemporary approaches to psychology, which of the following is a difference between the psychodynamic approach and the humanistic approach?
A) The psychodynamic approach emphasizes the capacity for positive growth, whereas the humanistic approach emphasizes the mental processes involved in knowing.
B) The psychodynamic approach emphasizes unconscious thought, whereas the humanistic approach emphasizes the freedom to choose one's destiny.
C) The psychodynamic approach emphasizes the mental processes involved in knowing, whereas the humanistic approach emphasizes early childhood family experiences.
D) The psychodynamic approach emphasizes conscious memories, whereas the humanistic approach emphasizes ways in which social and cultural environments influence behaviour.

70) According to the _____ to psychology, a person is in control of their life and has the capacity for positive growth.
A) humanistic approach
B) psychodynamic approach
C) evolutionary approach
D) biological approach

71) Abe and Carl are psychologists who believe that people have free will and can make choices based on higher human values. Abe's and Carl's views reflect the _____ to psychology.
A) sociocultural approach
B) behavioural approach
C) humanistic approach
D) psychodynamic approach

72) The humanistic approach to psychology emphasizes the role of _____ as a determinant of behaviour.
A) proprioception
B) unconscious impulses
C) free will
D) external rewards

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73) A psychologist conducts a survey on the reasons people give for helping a crying child. After the survey, the psychologist explains that most people think they help a crying child because they choose to live by higher human values such as altruism. This explanation is reflective of the _____ to psychology.
A) biological approach
B) behavioural approach
C) humanistic approach
D) psychodynamic approach

74) A psychologist following the humanistic approach to psychology would be most interested in how
A) children learn about relationships by observing their parents' interactions.
B) people make choices that lead to positive growth.
C) drugs affect one's capability to accurately judge one's abilities.
D) people interpret behaviour according to the cultures they belong to.

75) The humanistic approach to psychology and the behavioural approach to psychology differ in that the behavioural approach states that humans are driven by
A) unconscious impulses, whereas the humanistic approach states that humans are driven by external rewards.
B) evolutionary factors, whereas the humanistic approach states that humans are driven by unconscious impulses.
C) environmental determinants, whereas the humanistic approach states that humans are driven by free will.
D) biological factors, whereas the humanistic approach states that humans are driven by evolutionary factors.

76) Henry, a 7-year-old boy, often acts out by hitting his little brother. Which of the following explanations for Henry's violent behaviour would most likely be provided by a humanistic psychologist?
A) Henry's aggression is caused by a chemical imbalance in his brain.
B) Henry's aggression is facilitated by the feelings of abandonment he experienced as a toddler.
C) Henry's aggression is facilitated by the attention he receives when he hits his brother.
D) Henry's aggression is caused by Henry's use of free will.

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77) Sam, a psychologist, wants to investigate why people remember their first dates for a lifetime but tend to forget subsequent dates with the same partner. In this scenario, Sam is most likely a(n)

A) evolutionary psychologist.
B) cognitive psychologist.
C) biological psychologist.
D) psychodynamic psychologist.

78) Which of the following statements is true of cognitive psychologists?

A) They stress that people lack the ability to control their lives.
B) They view the mind as an active and aware problem-solving system.
C) They emphasize that people are simply controlled by the environment in which they live.
D) They believe that humans are purely motivated by external rewards.

79) The cognitive approach to psychology differs from the behavioural approach to psychology in that the cognitive approach

A) believes that people are controlled by genetic factors, whereas the behavioural approach believes that people are controlled by psychodynamic factors.
B) views the mind as an active and aware problem-solving system, whereas the behavioural approach portrays behaviour as governed by external forces.
C) emphasizes that people are controlled by their environment, whereas the behavioural approach emphasizes that people's personalities are influenced by genetic factors.
D) believes that humans are purely motivated by external rewards, whereas the behavioural approach emphasizes that people are influenced by unconscious processes.

80) Which of the following subfields of psychology is correctly matched with a sample topic?

A) behavioural neuroscience: the influence of chronic stress on physical health
B) developmental psychology: the effectiveness of drug therapy for obsessive-compulsive disorder
C) cognitive psychology: the influence of an event on people's behaviour
D) health psychology: the role that frustration plays in producing aggression

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81) Which of the following questions is most likely to be discussed by a cognitive psychologist?
A) How does the presence of other people change an individual's thoughts, feelings, or perceptions?
B) Why are we attracted to particular kinds of people?
C) How does parent–infant bonding affect adult relationships?
D) How do people process words and numbers differently?

82) In the context of the approaches to psychology, a researcher who is studying how people process information is most likely studying
A) developmental psychology.
B) cognitive psychology.
C) clinical psychology.
D) personality psychology.

83) Peter, a psychology student, is investigating the ways adults interpret information and then use the information to solve problems and make decisions. In this scenario, Peter's research most likely reflects the _____ to psychology.
A) behavioural approach
B) cognitive approach
C) biological approach
D) sociocultural approach

84) Dr. Jackson has spent a lifetime studying how adults solve problems. It is likely that Dr. Jackson specializes in the _____ to psychology.
A) behavioural approach
B) cognitive approach
C) sociocultural approach
D) evolutionary approach

85) Dr. Van, a psychologist, performs a test that requires participants to solve a puzzle. If Dr. Van's study is designed to find out how the human mind solves puzzles, she is most likely a
A) psychoanalyst.
B) behaviourist.
C) cognitive psychologist.
D) humanistic psychologist.

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86) Which of the following is a criticism of the evolutionary approach to psychology?
A) It inaccurately explains why men and women have different social roles.
B) It considers the influence of cultural diversity in shaping personalities.
C) It deemphasizes the role of environment in human psychology.
D) It considers the role of human experience in shaping personalities.

87) According to evolutionary psychologists,
A) the way humans adapt is traceable to challenges early humans faced in adapting to their environments.
B) sexual and aggressive impulses buried deep within the unconscious mind influence the way people think, feel, and behave.
C) people have the ability to control their lives and are not simply controlled by the environment.
D) an individual's mental processes control behaviour through memories, perceptions, images, and thinking.

88) The _____ to psychology focuses on ideas such as adaptation, reproduction, and natural selection as the basis for explaining human behaviours.
A) evolutionary approach
B) psychodynamic approach
C) cognitive approach
D) structuralism approach

89) Professor McDonald believes that most women prefer tall and physically strong partners because this preference has been known to enhance the survival of their genes in future generations. This opinion best illustrates the _____ to psychology.
A) industrial approach
B) cognitive approach
C) evolutionary approach
D) psychodynamic approach

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90) Which of the following accurately describes the belief of evolutionary psychologists?
A) The evolutionary approach accurately explains how rewards and punishments in the environment show why men and women have different social roles.
B) Evolution accounts for cultural diversity and experiences.
C) The evolutionary approach does not explain certain behavioural patterns such as levels of aggressiveness.
D) Evolution influences decision making, fears, and mating patterns.

91) Men in some countries prefer to mate with women with wide hips as they find them more attractive. Dr. Jacobs, a psychologist, believes that this is because in the past, women with wider hips were more likely to survive childbirth. According to him, over time, this trait has become more attractive to men as this ensures survival of their genes. Dr. Jacobs most likely follows the _____ to psychology.
A) evolutionary approach
B) psychodynamic approach
C) sociocultural approach
D) cognitive approach

92) Which of the following statements is true of the sociocultural approach to psychology?
A) It claims that human behaviour cannot be understood without understanding the physiology of the brain.
B) It claims that the way humans adapt is traceable to problems early humans faced in adapting to their environment.
C) It maintains that basic human behaviour is universal and does not vary across countries or cultures.
D) It argues that understanding a person's behaviour requires knowing about the ethnic context in which the behaviour occurs.

93) The College of Architecture in the city of Exodia has a student population comprised largely of foreign students. The dean of the college has hired a psychologist to help the faculty understand and manage the needs of these foreign students. In this scenario, the psychologist hired by the dean is most likely a
A) psychoanalyst.
B) neuroscientist.
C) socioculturalist.
D) industrial organization psychologist.

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94) If a psychologist studies the behavioural differences between people from two religions, they are most likely following the _____ to psychology.
A) psychodynamic approach
B) cognitive approach
C) humanistic approach
D) sociocultural approach

95) Elixir Inc. has a recruitment policy that encourages hiring people from minority groups. To ensure that its diverse workforce helps rather than hinders business development, Elixir is seeking the guidance of a psychologist. Keeping its needs in mind, Elixir will most likely hire a
A) psychotherapist.
B) neuroscientist.
C) socioculturalist.
D) psychoanalyst.

96) Dr. Smith is conducting research on achievement motivation levels within a country. He is studying the behaviours of different religious groups within the country to determine the correlation between religious upbringing and the need to achieve. In this scenario, Dr. Smith is most likely using the _____ in his research.
A) sociocultural approach
B) biological approach
C) cognitive approach
D) psychodynamic approach

97) Dr. Badal, a psychologist, is studying achievement motivation among groups of Black, Latino, and Asian Canadians. In this scenario, Dr. Badal is most likely using the _____ to psychology.
A) sociocultural approach
B) biological approach
C) evolutionary approach
D) cognitive approach

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98) Psychologists who primarily provide therapy based on evidence-based practice, are using
A) pseudoscience to determine mental processes.
B) speculation to establish explanations for human behaviour.
C) therapeutic tools whose effectiveness is supported by empirical research.
D) the trial-and-error method for the purpose of subjectivity in research.

99) In psychology, individuals who are primarily engaged in helping people and offering them guidance as they work through problems are often called _____ of psychology.
A) practitioners
B) researchers
C) coaches
D) technicians

100) In the context of careers in psychology, a specialist with a medical degree who specializes in abnormal behaviour is known as a(n)
A) behaviourist.
B) organizational psychologist.
C) developmental psychologist.
D) psychiatrist.

101) A person who goes to medical school and specializes in psychological disorders, will most likely practice
A) health psychology.
B) counselling psychology.
C) psychiatry.
D) pathology.

102) Which of the following statements is true of psychiatrists?
A) They specialize in solving sociocultural issues.
B) They have a doctoral degree in psychology.
C) They are psychologists who study genetics.
D) They can prescribe medication.

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103) Which of the following statements most accurately differentiates between psychiatrists and clinical psychologists?

A) Psychiatrists need to have at least one year of internship in a mental health facility to practice psychology, whereas clinical psychologists are only required to do graduate work to practice psychology.
B) Psychiatrists have medical degrees, whereas clinical psychologists have doctoral degrees.
C) Psychiatrists are not licensed to practice therapy, whereas clinical psychologists are licensed to practice therapy.
D) Psychiatrists follow the psychodynamic approach to solve sociocultural issues, whereas clinical psychologists follow the biological approach to study evolutionary psychology.

104) Which of the following statements is true of psychologists?

A) Psychologists who engage in clinical practice can prescribe drugs.
B) Psychologists who primarily provide therapy supported by empirical research engage in evidence-based practice.
C) Psychologists employed at universities are actively discouraged from doing research.
D) Psychologists are required to do eight years of graduate work with three years of internship to be eligible to practice clinical psychology.

105) Marlena, diagnosed with clinical depression, is frustrated with her therapist because he has not helped her overcome her illness. Marlena has lost faith in self-reflection and analysis and believes that the only way her symptoms will reduce is through medication. Which of the following professional should Marlena consult for her needs?

A) A clinical psychologist
B) A professional counsellor
C) A psychiatrist
D) A pathologist

106) Richelle, a psychologist, is specifically interested in the brain's role in behaviour. Which of the following is most likely her area of specialization in psychology?

A) Evolutionary psychology
B) Behaviour modification
C) Behavioural neuroscience
D) Cognitive psychology

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107) Simon, a psychologist, is interested in studying the regions of the brain that are stimulated when a person feels anxious. Simon's study fits best into the area of specialization known as

A) sociocultural psychology.
B) developmental psychology.
C) behavioural neuroscience.
D) pseudoscience.

108) Georgina, a scientist, is studying how the levels of certain neurotransmitters in the brain contribute to depression. Georgina's study fits best into the area of specialization known as

A) counselling psychology.
B) social psychology.
C) behavioural neuroscience.
D) cognitive psychology.

109) Dr. Lane is monitoring the levels of specific chemicals in the human brain to see their effects on the development of psychosis in individuals. Dr. Lane's study fits best into the area of

A) behavioural neuroscience.
B) social psychology.
C) clinical psychology.
D) developmental psychology.

110) Mathew, a psychologist, is studying the different physical systems and psychological processes that are activated in participants every time they listen to songs they like. In this scenario, Mathew is most likely working in the specialized area of

A) industrial psychology.
B) sensation and perception.
C) motivation and emotion.
D) clinical psychology.

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111) A psychologist who studies the psychological processes that allow a person to listen to a musical tune is most likely specializing in the area of
A) sensation and perception.
B) behavioural psychology.
C) environmental psychology.
D) intelligence and consciousness.

112) _____ is the intricate process by which behaviour changes in response to changing circumstances.
A) Stagnation
B) Learning
C) Postulation
D) Anticipation

113) _____ is the broad name given to the field of psychology that examines attention, consciousness, information processing, and memory.
A) Psychopathology
B) Cognitive psychology
C) Behavioural psychology
D) Psychoanalysis

114) Norman, a psychologist, is conducting a study about why memory decreases with age and how the skills of problem solving and decision-making change as a person grows older. Norman's study fits best into the area of specialization known as _____ psychology.
A) behavioural
B) forensic
C) clinical
D) cognitive

115) Mohit conducts research on how thought and behaviour change and remain stable across the life span of an individual. This indicates that Mohit is most likely a
A) behavioural neuroscientist.
B) biological psychologist.
C) developmental psychologist.
D) cognitive psychologist.

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116) Which of the following types of psychologists is most likely to conduct research on how reasoning skills or emotional skills change with age?
A) a developmental psychologist
B) a forensic psychologist
C) an industrial psychologist
D) a health psychologist

117) Which of the following statements is true of developmentalists?
A) They study aging in humans.
B) They are primarily used in legal settings by police agencies.
C) They specialize in studying forensics.
D) They specialize in studying paleontology.

118) Michael, a psychologist, is studying how biological and environmental factors contribute to a person's growth from birth to death. Michael's topic of study fits best into the area of specialization known as _____ psychology.
A) developmental
B) forensic
C) health
D) environmental

119) A psychologist's research focuses on how environmental changes affect a child's growth. The psychologist's focus fits best into the area of specialization known as _____ psychology.
A) clinical
B) developmental
C) cognitive
D) humanistic

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120) Diane, a psychologist, is examining the intrinsic factors that make Stella ambitious and passionate about accomplishing her goals but make Cameron indifferent to the goals assigned to him. In this scenario, Diane's research fits best into the area of specialization known as
A) behavioural psychology.
B) forensic psychology.
C) motivation and emotion.
D) sensation and perception.

121) Personality psychology considers personality, as consisting of the
A) physiological traits of an individual.
B) relatively enduring characteristics of an individual.
C) ability of an individual to study forensics.
D) continuous flow of changing sensations, images, thoughts, and feelings in an individual.

122) Jae conducts research on whether the tendency to be friendly, anxious, or hostile affects people's health, career choice, or interpersonal relationships. This implies that Jae is most likely a student of
A) physiological psychology.
B) social psychology.
C) community psychology.
D) personality psychology.

123) Which of the following scenarios correctly illustrates the work of a social psychologist?
A) Manpreet studies how groups of people start to think alike when they spend time together.
B) Christian studies the differences in reproductive rates among mammals.
C) Tiara examines the physiological changes that a person experiences when they are anxious.
D) Jemima examines the areas of the human brain involved in emotional hyperactivity.

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124) Dr. Hansen is conducting a study to understand whether or not one's level of extraversion stays the same from infancy to adulthood. She is most likely a
A) cognitive psychologist.
B) geneticist.
C) personality psychologist.
D) neurobiologist.

125) Giovanni conducts research on prejudice and racism to understand how people of one group perceive and treat people in other groups. This indicates that Giovanni is most likely a student of
A) social psychology.
B) personality psychology.
C) clinical psychology.
D) cognitive psychology.

126) Dr. Ames is a scientist whose focus of research is on the way groups influence the decisions that individuals make. Dr. Ames is most likely a _____ psychologist.
A) health
B) personality
C) developmental
D) social

127) Which of the following types of psychologists are likely to be most interested in noting the reactions and interactions of the audience in a theatre when a fire alarm goes off?
A) Developmental psychologists
B) Social psychologists
C) Industrial psychologists
D) Evolutionary psychologists

128) Which of the following questions is most likely to be discussed by a social psychologist?
A) Why are we attracted to particular kinds of people?
B) How do our reasoning skills change as we age?
C) How do people visualize objects in their minds?
D) How does parent-infant bonding affect adult relationships?

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129) Prejudice and racism are topics most likely to be studied by
A) behavioural psychologists.
B) cognitive psychologists.
C) personality psychologists.
D) social psychologists.

130) Which of the following statements is true of industrial and organizational psychology?
A) Both are centred on the workers in organizations and not on the organizations that employ the workers.
B) Both industrial and organizational psychologists can help members of an organization overcome their psychological disorders.
C) Industrial psychology exclusively uses the behavioural approach to psychology, whereas organizational psychology exclusively uses the social approach to psychology.
D) Industrial psychology focuses on personnel matters, whereas organizational psychology focuses on organizational leadership.

131) Bianco Inc. is struggling with the low productivity and high turnover of its employees. Management at Bianco consults Edward, a psychologist, who suggests that the lack of recreational opportunities at Bianco is a probable reason for the dissatisfaction among its employees. In this scenario, Edward's area of specialization most likely is _____ psychology.
A) cognitive
B) clinical
C) industrial
D) personality

132) The scientific study of psychological disorders and the development of diagnostic categories and treatments for those disorders is known as
A) psychoanalysis.
B) psychopathology.
C) experimental psychology.
D) applied psychology.

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133) Samantha has been diagnosed with a personality disorder. She has various symptoms that make it difficult for her to function in the real world. Dr. Powell examines Samantha's symptoms and considers all the external factors that may have played a role in Samantha's illness. In this scenario, Dr. Powell is most likely a professional in the field of

A) clinical psychology.
B) neuropsychology.
C) cognitive psychology.
D) evolutionary psychology.

134) Which of the following subdisciplines of psychology attempts to understand special populations of students, such as the academically gifted and those with special needs?

A) Educational psychology
B) Health psychology
C) Counselling psychology
D) Cognitive psychology

135) Which of the following is most likely to be the focus of educational psychology?

A) The relationship between bodily systems and chemicals and their relationship to behaviour and thought
B) The role of psychological factors in the physical health and illness of students
C) The changes in our emotional skills that take place as we age
D) The effectiveness of particular teaching techniques

136) Which of the following is true about health psychology?

A) Health psychologists study the roles of stress and coping in people's lives.
B) Health psychologists work only in the area of mental health.
C) Health psychology is a one-dimensional approach to human health.
D) Health psychology focuses primarily on psychological disorders.

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137) Eric, a psychologist, opens a centre for the caregivers of people with mental illnesses. His intention is to provide the caregivers with the support they need to live effectively with a person with mental illness and to prevent the development of any illnesses in the caregivers. In this scenario, Eric's work fits best into the area of specialization known as _____ psychology.

A) cognitive
B) sport
C) community
D) environmental

138) Community psychologists try to prevent mental health problems by

A) identifying high-risk groups.
B) using pseudoscientific methods.
C) reversing psychopathological studies to fit their arbitrary needs.
D) exploring the differences in animal and human psychology.

139) Teresa, a fifteen-year-old, is distracted and restless in class and very resistant to authority. A consultant psychologist administers an intelligence test to Teresa and discovers that Teresa's adjustment problems are because she has an extremely high IQ. In this scenario, Teresa has been most likely tested by a(n) _____ psychologist.

A) evolutionary
B) environmental
C) school
D) educational

140) Which of the following statements is true of school and educational psychologists?

A) Educational psychologists study the development of individuals from birth till death.
B) School psychologists cannot administer tests to children.
C) School psychologists cannot make recommendations about educational placement.
D) Educational psychologists work at colleges and universities.

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141) Based on the various studies she has conducted, Olivia, a psychologist, suggests that people tend to sleep well in rooms with green walls because the walls make them feel like they are surrounded by nature. In this scenario, Olivia's studies fit best into the area of specialization known as _____ psychology.

A) industrial
B) clinical
C) environmental
D) personality

142) Clinotech Inc. hires a psychologist to improve the productivity of its workers. She analyzes the company's layout and recommends changes to the office layout as well as additional changes, such as adding plants to the office and changing the wall paint. In this scenario, the psychologist is most accurately classified as a(n)

A) counselling psychologist.
B) clinical psychologist.
C) environmental psychologist.
D) personality psychologist.

143) The managers at a gym have approved the renovation of the gym in which they are altering equipment location, and adding windows so people have a view while they are working out. They want to make sure that the physical changes do not have a negative impact on the exercise performance of the gym patrons. Which of the following psychologists would most likely study the behaviour of the athletes in response to the changes?

A) Environmental psychologists
B) Industrial psychologists
C) Cognitive psychologists
D) Psychodynamic psychologists

144) Which of the following tasks is most likely to be performed by a forensic psychologist?

A) applying principles of psychology to the selection and training of employees
B) evaluating the effectiveness of a particular teaching technique
C) providing career counselling to students of criminal justice
D) evaluating the state of mind of a defendant at the time of a crime

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145) Which of the following types of psychologists is most likely to be asked to evaluate whether a person is likely to be a danger to society?
A) An educational psychologist
B) A forensic psychologist
C) A psychodynamic psychologist
D) An evolutionary psychologist

146) Jim, a lawyer, is considering hiring a psychologist to help with jury selection. Jim will most likely hire a(n) _____ psychologist.
A) developmental
B) forensic
C) educational
D) physiological

147) Which of the following psychologists would most likely be interested in studying the personalities of athletes and what makes them different from nonathletes?
A) A cognitive psychologist
B) A psychoanalyst
C) A sport psychologist
D) A psychopathologist

148) Which of the following psychologists is an athlete most likely to consult if they were suddenly unable to perform in a game and wanted to understand why?
A) An educational psychologist
B) A humanistic psychologist
C) A sport psychologist
D) A community psychologist

149) Philippe primarily focuses on improving the athletic performance of his clients through techniques such as relaxation and visualization. This implies that Philippe is most likely a(n)
A) cognitive psychologist.
B) sports psychologist.
C) counselling psychologist.
D) educational psychologist.

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150) Which of the following is true about the nature-nurture controversy in psychology?
A) Nature refers to the social experiences that affect a person's psychological characteristics.
B) The controversy is indicative of how the mind impacts the body.
C) Both nature and nurture play significant roles in the psychology of a person.
D) Nurture refers to the genetic heritage of a person.

151) _____refers to information that is couched in scientific terminology but is not supported by sound scientific research.
A) Pseudoscience
B) falsifiability
C) Empirical data
D) Theoretical framework

152) _____means seeing what the evidence tells us rather than going with our hunches.
A) Objectivity
B) Subjectivity
C) Intuitive reasoning
D) Hypothetical analysis

153) The _____ to psychology emphasizes unconscious thought, the conflict between biological drives (such as the drive for sex) and society's demands, and early childhood family experiences.
A) psychodynamic approach
B) psycholinguistic approach
C) psychodeterministic approach
D) psychosingularity approach

154) The _____approach to psychology states that differences in culture influence people's behaviour.
A) psychodynamic
B) sociocultural
C) evolutionary
D) humanistic

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155) Dr. Sam is a clinical psychologist and their parent is a psychiatrist. One difference between them is that
A) Dr. Sam's parent can prescribe drugs, whereas Dr. Sam cannot.
B) Dr. Sam focuses on research, while their parent focuses on therapy.
C) Dr. Sam's parent has a medical degree, whereas Dr. Sam has a law degree.
D) Dr. Sam uses psychoanalysis, while their parent uses cognitive-behavioural therapy.

156) _____ try to prevent mental health problems by identifying high-risk groups and then intervene by connecting individuals with appropriate services and resources in the community.
A) Community psychologists
B) Forensic psychologists
C) Cross-cultural psychologists
D) Educational psychologists

157) Carla is reading her textbook and finds herself at the end of a page without really understanding what she just read. Which of the following is an empirically proven strategy that would her focus her attention to the task at hand?
A) Carla should ask herself a question about the content of the page out loud.
B) Carla should play some background music to improve her attention.
C) Carla should take a nap so she's well rested and can focus in the future.
D) Carla should highlight everything on the page to ensure she doesn't miss anything.

158) Diego is reading their new Psychology textbook. As they read, they pay attention to the content and understand the material before moving onto the next section. Diego is
A) actively reading
B) passively processing information
C) skimming through their textbook
D) processing information unconsciously

159) Which of the following is NOT a recommendation for active reading?
A) Turn each heading into a question.
B) Ask the question out loud to focus your attention on the content.
C) Read the whole chapter first before self-questioning.
D) Test yourself after reading each section using the question you created.

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160) Which of the following individual is engaging in meta-learning?
A) Esteban, who is memorizing the dates relevant for their history exam.
B) Liam, who is practicing the same guitar cords repeatedly.
C) Olanna, who is learning new cooking techniques from a cookbook.
D) Nahla, who is reflecting on their study habits and strategies to improve their learning.

161) Which of the following statements is an example of pseudoscience?
A) The boiling point of water is 100°C at sea level.
B) Photosynthesis in plants converts carbon dioxide and water into oxygen and glucose.
C) Astrological signs can be used to predict personality traits and future events.
D) The theory of relativity explains the relationship between space and time.

162) Which of the following individuals is engaging in critical thinking?
A) Alejandra, who is diligently taking notes during a lecture.
B) Jordan, who is questioning their professor in order to evaluate the validity of the professor's statements.
C) Marlese, who is memorizing formulas for her mathematics exam.
D) Ethan, who is reading a novel for his literature class.

163) Which of the following research questions is a positive psychology researcher likely to investigate?
A) What strategies can individuals use to increase their sense of life satisfaction and happiness?
B) How does stress affect memory recall in college students?
C) What are the long-term psychological effects of childhood trauma?
D) How do social media platforms impact anxiety levels in teenagers?

164) Dr. Chan's research delves into why children develop a fear of the dark. Dr. Chan focuses on how this fear might have served an evolutionary advantage by protecting humans from nighttime predators in the distant past. Which historical perspective of psychology is Dr. Chan's research focused on?
A) Socialism
B) Structuralism
C) Functionalism
D) Behaviourism

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165) The principle of _____ suggests that characteristics that contribute to our survival and reproduction will most likely be passed on to the next generation.
A) natural selection
B) genetic mutation
C) structuralism
D) socialism

166) Beatrice believes that the ability to taste bitterness has allowed prior generations to avoid toxic food items and promoted their survival. Those who did not differentiate between bitterness and other tastes were less likely to survive. Her belief best illustrates the principle of
A) natural selection.
B) genetic mutation.
C) structuralism.
D) socialism.

167) Sasha observes that some individuals are taller than others while some are faster than others. According to evolutionary theory, these differences reflect _____ among a specie.
A) variation
B) competition
C) selective advantage
D) inheritance

168) In the Billywig ecosystem, there are more Billywig insects than resources. These insects struggle to get adequate food and water and this struggle is a key driver for natural selection. Which key component of evolutionary theory is emphasised in this scenario?
A) Variation
B) Competition
C) Selective advantage
D) Inheritance

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169) Serafina is fascinated by birds. At a museum, she reads that birds who are faster at hunting down prey and avoiding predators are more likely to survive. Which key component of evolutionary theory is emphasised in this scenario?

A) Variation
B) Competition
C) Selective advantage
D) Inheritance

170) Joaquim and Sandra are a couple. They both have blue eyes and high IQ scores. It's likely that their biological child will also have blue eyes and a high IQ score. According to evolutionary theory, the tendency of their child to have traits that are similar to them is known as

A) Variation.
B) Competition.
C) Selective advantage.
D) Inheritance.

171) Dr. Lam is studying how the release of the hormone oxytocin in the brain allows parents to bond with their newborn child. By studying the mechanism of action of oxytocin on the brain, Dr. Lam is using a(n)

A) genetic approach.
B) biological approach.
C) evolutionary approach.
D) behavioural approach.

172) Which of the following is most likely to be the focus of study for a biological psychologist?

A) The relationship between neurotransmitter imbalances and mood disorders.
B) The impact of social media on self-esteem and body image.
C) The effectiveness of cognitive-behavioural therapy in treating anxiety.
D) The relationship between cultural norms and personality development.

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173) Micah has recently graduated from a Masters of Psychotherapy. As a new therapist, Micah fully believes in the new psychodynamic theories. Which of the following is Micah likely to focus on during therapy session with their clients?

A) The relationship between attachment styles and adult relationships.
B) How our dreams are a gateway to our true sexual desires.
C) The relationship between well-being and choice in our environment.
D) How different areas of our brain are active during bonding moments.

174) Which of the following statement accurately reflects the difference between psychologists who use the behavioural approach versus psychologists who use the humanistic approach in psychology?

A) A therapist focuses on how a client's unconscious thoughts and past experiences influence their current behaviour, versus a therapist who emphasizes the client's conscious thoughts and feelings.
B) A therapist uses reward and punishment techniques to modify a child's disruptive behaviour, versus a therapist who focuses on the child's free will and potential for personal growth.
C) A psychologist who studies the impact of brain chemicals on mood, versus a psychologist who examines the role of genetics in behaviour.
D) A psychologist analyzes the effects of group dynamics on individual behaviour, versus a psychologist studying the influence of cultural norms on behaviour.

175) Siobhan, a psychologist, is working with their client Noah who feels lost in his career and is seeking advice on how to lead a fulfilling life. Siobhan encourages Noah to explore his own desires and focus on his potential for personal growth. Which Psychological approach is Siobhan primarily using in therapy with Noah?

A) The behavioural approach.
B) The cognitive approach.
C) The psychodynamic approach.
D) The humanistic approach.

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176) Tina, an athlete, just completed a tournament and unfortunately, she did not make it to the next round. How would a humanistic psychologist help Tina overcome such setback?

A) By analyzing Tina's childhood experiences to understand the unconscious reasons for her performance.
B) By teaching Tina to modify her thought patterns and focus on more positive outcomes.
C) By encouraging Tina to understand and accept her feelings, while focusing on her potential for continued growth.
D) By conditioning Tina to associate positive behaviours with success to alter her response to losing.

177) Dr. Nenge is using animal models to study the neural pathways involved in memory. In her lab, she has several groups of rats with each group having a lesion in a specific area of their brain. Dr. Nenge is comparing the ability of the different groups of rats to memorize the path through a maze. Her research best fits into the area of

A) physiological psychology.
B) clinical psychology.
C) psychiatry.
D) behavioural psychology.

178) Dr. Okoye is conducting an experiment using monkeys. He implanted electrodes within the monkeys' brains to see which specific group of neuron fire when a monkey is thinking of making a grasping movement. His research best fits into the area of

A) physiological psychology
B) clinical psychology
C) sensation and perception
D) developmental psychology

179) Niyah, a psychologist, is studying how various optical illusions influence people's view of the world and their decisions on how to interact with the world. Niyah is most likely working in the specialized area of

A) physiological psychology
B) social neuroscience
C) industrial psychology
D) sensation and perception

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180) Rohit's research looks at how over time pigeons associate a reward with a particular behaviour. In his research, he has trained pigeons to peck at a specific square dish to get a reward. Rohit's research is most likely specializing in the area of

A) industrial psychology.
B) social neuroscience.
C) sensation and perception.
D) learning.

181) Dr. Hoffman is conducting research on the relationship between people's intelligence scores and their attention span and information processing ability. Dr. Hoffman's research most likely fits in the specialized area of

A) behavioural psychology.
B) cognitive psychology.
C) developmental psychology.
D) social psychology.

182) Jeong, a psychologists, is working on creating a new type of intelligence test. This month, Jeong will be administering the intelligence test to various groups of people to see if there are any differences in intelligence scores in the population. Jeong is most like a

A) cognitive psychologist.
B) forensic psychologist.
C) developmental psychologist.
D) clinical psychologist.

183) Jimin just moved to a new city for their studies and is having difficulties adapting to their new environment. They are experiencing some hurdles in dealing with practical problems in life in their new city. Which of the following types of psychologists are best suited to help Jimin in this situation?

A) Clinical psychologists
B) Counselling psychologists
C) Industrial organization psychologists
D) Educational psychologists

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184) Dr. Lambert is studying how women are perceived, judged and influenced by various factors including cultural norms, societal structures and, institutional policies. She is constantly advocating for information about women to be integrated in societal and institutional structures. It's most likely that Dr. Lambert's research is within the specialized area of

A) personality psychology.
B) community psychology.
C) the psychology of women and gender.
D) sensation and perception.

185) Dr. Farooqi is interested in how people describe themselves. She decides to compare the way in which people in North America and Pakistan describe themselves. Her research most likely fits within the specialized area of

A) behavioural psychology.
B) educational psychology.
C) cross-cultural psychology.
D) industrial psychology.

186) Dr. Kapoor is conducting a study that involves participants from multiple countries, including Japan, Brazil, and Kenya. The study focuses on how people in different countries make decisions about moral dilemmas using pre-existing norms. Dr. Kapoor's research most likely fits within the specialized area of

A) behavioural psychology.
B) educational psychology.
C) cross-cultural psychology.
D) industrial psychology.

187) Sebastian has been diagnosed with an anxiety disorder and is frustrated with his current health care provider who has prescribed him some pills to calm down his anxiety. Sebastian feels that he would benefit from specific cognitive and behavioural strategies that could help him with his anxiety. Which of the following practitioners is best suited to help Sebastian?

A) Psychiatrists
B) Clinical psychologists
C) Physiological psychologists
D) Educational counsellors

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188) The _____ model is based on evidence that the mind and body are inseparable and that any health-related issues impact both the mind and the brain.

A) mind and brain
B) biopsychosocial
C) biocognitive
D) psychological and cognitive

189) List the fundamental goals of psychological research. Explain, with an example, how each of these goals is accomplished in a research study.

190) Define the terms "behaviour" and "mental processes." Provide two examples of each.

191) Describe positive psychology. State a criticism of positive psychology.

192) Describe the term "pseudoscience." Provide one example.

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193) Describe the method of introspection used by the proponents of structuralism. Provide an example.

194) Describe the concept of functionalism. Who was most closely associated with this approach?

195) Discuss Charles Darwin's theory of evolution and the process of natural selection.

196) How have developments in neuroscience helped psychologists in the field of physiological psychology?

197) Explain the behavioural approach to psychology.

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198) Explain the psychodynamic approach to psychology.

199) Explain the cognitive approach to psychology.

200) Explain the sociocultural approach to psychology, and discuss its importance.

201) Explain the fundamental differences between a clinical psychologist and a psychiatrist.

202) Explain the difference between clinical psychologists and counselling psychologists.

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203) Briefly discuss how community psychology helps people.

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Answer Key

Test name: Chapter 01

1) C
2) D
3) C
4) A
5) C
6) D
7) B
8) C
9) B
10) D
11) C
12) A
13) B
14) B
15) C
16) B
17) C
18) C
19) D
20) B
21) B
22) B
23) A
24) D
25) B
26) C
27) A
28) D
29) C
30) D
31) B
32) B
33) A
34) D
35) A
36) B
37) C

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38) B
39) A
40) C
41) A
42) A
43) D
44) D
45) D
46) C
47) B
48) C
49) B
50) C
51) D
52) A
53) B
54) B
55) C
56) C
57) C
58) A
59) B
60) C
61) D
62) A
63) C
64) C
65) B
66) A
67) A
68) C
69) B
70) A
71) C
72) C
73) C
74) B
75) C
76) D
77) B

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78) B
79) B
80) A
81) D
82) B
83) B
84) B
85) C
86) A
87) A
88) A
89) C
90) D
91) A
92) D
93) C
94) D
95) C
96) A
97) A
98) C
99) A
100) D
101) C
102) D
103) B
104) B
105) C
106) C
107) C
108) C
109) A
110) B
111) A
112) B
113) B
114) D
115) C
116) A
117) A

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118) A
119) B
120) C
121) B
122) D
123) A
124) C
125) A
126) D
127) B
128) A
129) D
130) D
131) C
132) B
133) A
134) A
135) D
136) A
137) C
138) A
139) C
140) D
141) C
142) C
143) A
144) D
145) B
146) B
147) C
148) C
149) B
150) C
151) A
152) B
153) A
154) B
155) A
156) A
157) A

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158) A
159) C
160) D
161) C
162) B
163) A
164) C
165) A
166) A
167) A
168) B
169) C
170) D
171) B
172) A
173) A
174) B
175) D
176) C
177) A
178) A
179) D
180) D
181) B
182) A
183) B
184) C
185) C
186) C
187) B
188) B
189) Short Answer
190) Short Answer
191) Short Answer
192) Short Answer
193) Short Answer
194) Short Answer
195) Short Answer
196) Short Answer
197) Short Answer

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198) Short Answer
199) Short Answer
200) Short Answer
201) Short Answer
202) Short Answer
203) Short Answer

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