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Multiple Choice

1. The beginning of government's major involvement in social issues, including health, was marked by the:
A. Social Security Act of 1935.
B. establishment of Medicare in 1965.
C. United States involvement in World War II.
D. Hill-Burton Act in 1946.

Answer: A
Complexity: Moderate
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Subject: Chapter 1

2. The first professional preparation program for health educators began during which period of the twentieth century?
A. Reform phase
B. The 1920s
C. World War II
D. Period of social engineering

Answer: B
Complexity: Difficult
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3. The Shattuck report marked the beginning of the:
A. health resource development period.
B. eighteenth century.
C. modern era of public health.
D. implementation of *Healthy People 2020* efforts.

Answer: C
Complexity: Difficult
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4. Actions that society takes collectively to ensure that the conditions in which people can be healthy can occur is termed:
A. public health.
B. community health.
C. health.

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D. population health.

Answer: A
Complexity: Moderate
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5. Community health concerns of the 21st century include:
A. lifestyle diseases.
B. environmental problems.
C. healthcare delivery.
D. All of these are correct.

Answer: D
Complexity: Moderate
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6. The goal of the Hill-Burton Act in 1946 was to enhance the quality of:
A. hospitals.
B. health departments.
C. Medicare.
D. the military.

Answer: A
Complexity: Difficult
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True/False

7. True or False? Physical factors affecting community health include geography, community size, and industrial development.

Answer: True
Complexity: Easy
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8. True or False? Government health agencies began being created as a response to epidemics and mounting health problems in the later part of the 18th century.

Answer: True
Complexity: Moderate
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9. True or False? Leading causes of death in the United States today are communicable diseases.

Answer: False
Complexity: Moderate
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10. A community is a group of people who have common characteristics.

Answer: True
Complexity: Easy
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11. There has been no evidence of community health activities dating back over 1,000 years.

Answer: False
Complexity: Easy
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12. Upton Sinclair's book, *The Jungle*, drew attention to the plight of immigrants in the meat packing industry.

Answer: True
Complexity: Moderate
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13. Individuals with lower socioeconomic status have poorer health status.

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Answer: True
Complexity: Easy
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14. Choosing to eat wisely, wearing a safety belt, and visiting the physician are examples of community/public health activities.

Answer: False
Complexity: Moderate
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15. Dr. Edward Jenner successfully demonstrated the process of vaccination as a protection against smallpox in the twentieth century.

Answer: False
Complexity: Moderate
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16. Healthcare delivery is a public health concern of the twenty-first century.

Answer: True
Complexity: Easy
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Essay

17. List and explain three physical factors affecting community health.

Answer: Geography—community health problems can be directly influenced by latitude, altitude, and climate. For instance, parasitic and infectious diseases are a leading community health problem in tropical climates. Community size—the larger the community, the greater its range of health problems and the greater its number of health resources. Industrial development—may bring environmental pollution and occupational injuries and illnesses.
Complexity: Moderate
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18. Explain at least two highlights of community health efforts during the Renaissance and Exploration Period.

Answer: A belief was established that disease was caused by environmental, not spiritual factors. Observation of the ill lead to more accurate descriptions of symptoms and outcomes of diseases.
Complexity: Difficult
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19. Why does the United States see alcohol and other drug abuse in the 21st century as a community health concern?

Answer: Abuse of legal and illegal drugs costs the country thousands of lives from unintentional injuries and violent crimes. Additionally, billions of dollars each year are spent on addressing supply and demand issues and drug abuse.
Complexity: Difficult
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20. Explain the framework of *Healthy People 2020*.

Answer: Documents includes a vision statement, a mission statement, four overarching goals, and almost 1,200 science-based objectives spread out over 42 different topic areas. On the HealthyPeople.gov website each topic has its own Web page. At a minimum, each page contains a concise goal statement, a brief overview of the topic that provides the background and context for the topic, a statement about the importance of the topic backed up by appropriate evidence, and references.
Complexity: Difficult
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Subject: Chapter 1

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