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Multiple Choice

1. The economic status of older people:
A. is extremely varied.
B. is dire across the board.
C. has declined significantly over the past 50 years.
D. has risen significantly over the past decade.

Answer: A
Complexity: Easy
Ahead: Economic Status
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

2. The most common chronic condition among non-institutionalized older people in the USA is:
A. diabetes.
B. cancer.
C. hypertension (uncontrolled).
D. arthritis.

Answer: C
Complexity: Easy
Ahead: Health Status
Subject: Chapter 01
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3. Older adults who become long-term residents of nursing homes will, on average, spend all of their savings and assets within:
A. 1 month.
B. 1 year.
C. 3 years.
D. a decade.

Answer: B
Complexity: Easy
Ahead: Caregivers
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4. Which country had the oldest population in 2017?
A. United States
B. Japan
C. China
D. Germany

Answer: B
Complexity: Easy
Ahead: Global Aging
Subject: Chapter 01
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5. The major source of income for majority of older adults is:
A. private pensions.
B. Social Security.
C. earnings.
D. dividends from stocks and bonds.

Answer: B
Complexity: Easy
Ahead: Economic Status
Subject: Chapter 01
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6. The level at which a person can perform is considered his or her _____ age.
A. chronological
B. social
C. numerical
D. functional

Answer: D
Complexity: Easy
Ahead: Introduction
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7. A person who is 68 years old would fall into which age grouping?
A. Old
B. Young-old

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C. Old-old
D. Centenarian

Answer: A
Complexity: Moderate
Ahead: Introduction
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8. What is the median age of the entire world population?
A. 22 years
B. 30 years
C. 46 years
D. 51 years

Answer: B
Complexity: Easy
Ahead: Global Aging
Subject: Chapter 01
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9. Which of these people from the United States is considered to be a member of the baby boom generation?
A. Charlie, who was born in 1932
B. April, who was born in 1941
C. Steven, who was born in 1952
D. Kelly, who was born in 1968

Answer: C
Complexity: Moderate
Ahead: Global Aging
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

10. About _____ of persons in the United States who are infected with HIV are older than age 50.
A. 20%
B. 35%
C. 40%
D. 50%

Answer: D
Complexity: Easy
Ahead: Global Aging
Subject: Chapter 01
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11. Mass migration during times of war and political unrest can have a significant economic and social impact on:
A. the departure country only.
B. the arrival country only.
C. both the departure and arrival countries.
D. neither the departure country nor the arrival country.

Answer: C
Complexity: Moderate
Ahead: Global Aging
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

12. According to the 2016 U.S. Census, which state had the oldest population?
A. Maine
B. Florida
C. Utah
D. Texas

Answer: A
Complexity: Easy
Ahead: Aging in the United States
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

13. One common reason that older adults migrate to new regions of the country is to:
A. pursue a new job opportunity.
B. live in a cooler, moister climate.
C. distance themselves from relatives.
D. live in a community with a lower cost of living.

Answer: D
Complexity: Easy

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Ahead: Aging in the United States
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

14. A snowbird is someone who:
A. migrates south only for the winter.
B. moves south permanently.
C. migrates north only for the winter.
D. moves north permanently.

Answer: A
Complexity: Easy
Ahead: Aging in the United States
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

15. Using the federal poverty level as an income baseline, middle income adults have an income that is:
A. 50–75% below the poverty level.
B. 100–199% above the poverty level.
C. 200–399% above the poverty level.
D. at least 400% above the poverty level.

Answer: C
Complexity: Moderate
Ahead: Economic Status
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

16. The term _____ refers to the total number of cases of a chronic health condition or communicable disease reported.
A. incidence
B. prevalence
C. longevity
D. lifespan

Answer: B
Complexity: Easy
Ahead: Health Status
Subject: Chapter 01

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Title: Age Matters: Profiles of an Aging Society

17. Which group of people experienced the highest percentage of cases of hypertension in 2014?
A. Blacks
B. Hispanics
C. Whites
D. Asians

Answer: A
Complexity: Moderate
Ahead: Health Status
Subject: Chapter 01
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18. Which type of functional limitation had the highest prevalence rate for both sexes and all races in 2014?
A. Cognition
B. Vision
C. Mobility
D. Hearing

Answer: C
Complexity: Easy
Ahead: Health Status
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

19. Historically, _____ men and women have been least likely to receive an influenza inoculation.
A. white
B. Asian
C. Hispanic
D. black

Answer: D
Complexity: Easy
Ahead: Health Status
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20. Why do older adults frequently rate their health as better than the people around them?
A. They feel that they do not have any significant health problems.
B. They are self-conscious and do not want to be viewed as weak.
C. They tend to compare their functional abilities with those of other people their age.
D. They feel healthier at their advanced age than they were when they were younger.

Answer: C
Complexity: Moderate
Ahead: Health Status
Subject: Chapter 01
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21. Which of the following is an example of an instrumental activity of daily living?
A. Housework
B. Eating
C. Bathing
D. Toileting

Answer: A
Complexity: Moderate
Ahead: Health Status
Subject: Chapter 01
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22. In the majority of cases, informal caregivers tend to be:
A. females caring for a female relative.
B. females caring for a male relative.
C. males caring for a female relative.
D. males caring for a male relative.

Answer: A
Complexity: Moderate
Ahead: Caregivers
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23. Informal caregivers for persons with dementia provide, on average, _____ hours of service per day of care.

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A. 4
B. 6
C. 9
D. 12

Answer: C
Complexity: Easy
Ahead: Caregivers
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24. What was the leading cause of death among U.S. adults aged 65 years or older in 2014?
A. Cancer
B. Stroke
C. Unintentional injury
D. Heart disease

Answer: D
Complexity: Easy
Ahead: Death
Subject: Chapter 01
Title: Age Matters: Profiles of an Aging Society

25. Which is a component of hedonic well-being?
A. Life satisfaction
B. Sense of purpose
C. Stress level
D. Life meaning

Answer: C
Complexity: Moderate
Ahead: Aging Successfully
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