Professional Nursing Concepts 5th edition Finkelman Test Bank

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Professional Nursing Concepts 5E – Test Bank

Finkelman_CH01-Professional Nursing Concepts 5E Premier Digital

1. In the 1970s, which publication established the connection between social issues and the role of the nurse?

a. The IOM Report on Medicine
b. The IOM Core Competencies
✓ c. Hospitals, Paternalism, and the Role of the Nurse
d. National Nursing Journal

2. What did Isabel Hampton Robb do as the first president of the American Nurses Association?

a. Ensured that vulnerable populations were recognized by nurses
b. Wrote forceful editorials
c. Obtained medical care for mothers and babies in rural America
✓ d. Organized the nursing profession at the national level

3. How did the Industrial Revolution affect health care?

a. It brought many more caretakers into the workforce as doctors and nurses.
✓ b. It created crowded workplaces that were breeding grounds for disease.
c. It forced children to become independent at a younger age.
d. It brought about many new public health laws.

4. How did the 1948 Brown report on nursing education change the focus of nursing education?

✓ a. Nursing schools began to view accreditation and standardization as necessary steps for success.
b. Nurses were then required to attend baccalaureate programs.
c. There was a movement toward hospital-based nursing schools.
d. The National League for Nursing was created in response to this report.

5. What does belonging to a professional nursing association do for the nurse?

a. It costs money and time.
✓ b. It allows nurses to be nationally/locally active and to improve their leadership skills.
c. It gives lobbyists more money to use in Washington, DC.
d. It helps nurses get jobs.

6. The standards of practice for the American Nurses Association (ANA) include which of the following?

✓ a. Assessment
b. Crisis management
c. Data recording

d. Rounding practices

7. What are the public's views of nursing and nurses are based on?

a. Relationships with other healthcare professionals
b. Word of mouth
✓ c. Personal experiences
d. Recommendation

8. Describe how Florence Nightingale influenced the nursing profession in the 1850s.

9. Describe the recommendations of the American Association of Colleges of Nursing in response to the health profession's level of diversity in 2004. Think about the diversity of the healthcare workforce today. Has anything changed? If so, has it improved or worsened? Use your own experiences in your description.

10. Describe how the definition of nursing has changed over time. What do you think has allowed these definitions to change?

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1. A knowledge worker uses which of the following when serving as a nurse?

a. Consistency
b. Empathy
✓ c. Critical thinking
d. Experience

2. Knowledge workers recognize that change is:

a. something to be avoided.
✓ b. inevitable in health care.
c. a barrier in many situations.
d. experienced mostly by patients.

3. Dichotomous thinking limits choices because it means someone is looking at an issue as being:

✓ a. either good or bad.
b. partially right and partially wrong.
c. clearly correct.
d. unfounded.

4. What is the best response to the statement that medicine focuses on curing, and nursing on caring?

a. This is an accurate statement.
b. This statement is simplistic.
✓ c. This statement adds conflict and creates difficulty in conversation.
d. This statement puts nurses in the key role of understanding patients holistically.

5. Which of the following is one of the key issues identified by the American Nurses Association (ANA) related to a nurse's knowledge base?

a. Leadership
b. Informatics
c. Research
✓ d. Health literacy

6. Which of the following is an example of a routine part of a nurse's work?

a. Recognizing a lab value that is dangerously low
✓ b. Taking blood pressure
c. Responding to an emergent situation
d. Paging the physician to discuss a patient's pain management

7. Which nursing role is becoming increasingly prominent?

a. Researcher
b. Change agent
✓ c. Entrepreneur
d. Manager

8. What term has been applied to the definition “making sense of a problem”?

✓ a. Sensemaking
b. Clinical reasoning
c. Intuition
d. Groupthink

9. Consider the definition of nursing developed by the American Nurses Association (ANA): “the protection, promotion, and optimization of health and abilities, prevention of illness and injury, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, communities, and populations” (p. 43). Discuss the meaning of any three of the following terms found in this definition: promotion of health, health, prevention of illness and injury, illness, injury, diagnosis, treatment, advocacy.

10. Using your own experiences or those of one of the nursing leaders you have read about, describe your personal definition of nursing.

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1. What is one factor that leads to fewer new nurses entering the profession?

a. Lack of nursing jobs
✓ b. Lack of nursing faculty
c. Lack of nursing schools
d. Increase in nursing master's programs

2. What is the difference between training and education in nursing?

a. Training focuses on self-discipline, responsibility, accountability, and self-mastery; education focuses on fixed habits and skills.

b. Training is associated with Florence Nightingale's definition of nursing, and education is a more modern term.

✓ c. Education focuses on self-discipline, responsibility, accountability, and self-mastery; training focuses on fixed habits and skills.

d. Education is associated with physicians and medical degrees, and training is associated with nurses.

3. What has caused a decrease in diploma schools of nursing?

a. Some diploma programs have a weak curriculum.

b. There is not a decrease in these programs.

c. Some hospitals could not survive without these programs.

✓ d. Many programs have transitioned to degree programs.

4. Which of the following would be considered a practice that meets one of the five core competencies suggested by the Institute of Medicine?

✓ a. Using evidence to support a change in bedside practice

b. Working individually as nurses to care for patients in the hospital

c. Avoiding the use of technology at the bedside to minimize complexity

d. Working to separate the nurse and the physician at the bedside

5. What is one way nursing schools are overcoming the barrier of decreased clinical settings?

a. Ensuring that programs are always run on a 9-month schedule

✓ b. Using simulation experiences to provide opportunities that students would get in the clinical setting

c. Hiring more clinical instructors

d. Decreasing the amount of clinical time necessary to graduate

6. The NCSBN strategic plan for 2020–2022 focuses on what strategic initiative, defined as "promote agile regulatory systems for relevance and responsiveness to change”?

✓ a. Strategic Initiative A

b. Strategic Initiative B

c. Strategic Initiative C

d. Strategic Initiative D

7. True or False? The use of distance education in nursing is not very common at this point.

8. True or False? Accreditation is a voluntary process.

9. Describe how the Goldmark Report of 1918 impacted nursing education, and then describe how this report affected your own experiences when applying to nursing school. What would have been different if things had not changed?

10. Describe how self-directed learning is important for nursing in particular. Evaluate your own ability to learn; what are your strengths and weaknesses, and how will this affect nursing school for you?

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1. Which of the following is one of the main aspects of a nursing program?

a. Videos
b. Self-study
c. Journal research
✓ d. Didactic learning

2. A student listening to a lecture and making a connection to something he or she learned in a clinical setting is an example of what?

a. Active listening
✓ b. Application
c. Didactic learning
d. Memorization

3. Professional socialization can best be described as which of the following?

a. A routine
b. A task
✓ c. A transition
d. A gathering

4. Two very important tools for success in nursing education are:

a. prioritization and time management.
b. concentration and prioritization.
✓ c. time management and organization.
d. organization and prioritization.

5. Which of the following is a major goal of reading in preparation for nursing classes?

✓ a. Memorization
b. Reviewing
c. Scanning
d. Speed reading

6. How is a nursing curriculum different from other types of curricula?

a. It requires studying.
✓ b. It is a continuum, and each course is meant to build on the previous one.
c. It is only clinical.
d. Faculty is less available to help students.

7. What makes simulation an effective method for developing clinical competency in nursing?

a. It provides real-life experience.
b. It only prepares the student for lab work.
✓ c. It gives the student a risk-free environment for guided practice.
d. It provides the best practice of bedside manner.

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8. Define “reality shock” in relation to nursing.

a. The shock that occurs when someone takes care of a patient for the first time

b. The shock of working in a team with physicians

✓ c. The shock of joining a nursing workforce with one view of the nursing profession and realizing an entirely different view in real practice

d. The shock of graduating from nursing school and searching for a job

9. Which of the following is one of Kolb's learning styles?

a. Active experiences

b. Concrete conceptualization

✓ c. Reflective observation

d. Abstract experimentation

10. Describe a mentor you have had in your life. How has he or she prepared you for nursing school? If you can't think of anyone in particular, describe your vision of an ideal mentor.

11. What does lifelong learning mean to you? How will you commit to this as a new nurse?

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1. Which of the following is an accurate characterization of advocacy?

a. To persuade the patient on a particular issue

b. To tell the patient specifically what to do

✓ c. To “play the game” in the legislative arena

d. To discuss the needs of patients' families

2. What are the two main types of public policies?

a. Regulatory and advocacy

✓ b. Regulatory and allocative

c. Responsive and allocative

d. Responsive and regulatory

3. When physicians and other healthcare providers order tests and procedures to protect themselves from lawsuits, which also increases costs, which type of medicine is this considered?

✓ a. Defensive

b. Aggressive

c. Offensive

d. Protective

4. Which act established the Medicare and Medicaid programs, the two major government-run healthcare reimbursement programs?

a. Public Health Act

✓ b. Social Security Act

c. Health Insurance Portability and Accountability Act
d. State Children's Health Insurance Program

5. True or False? Politics can affect public policies.

6. True or False? The United States is an excellent example of a country with a universal healthcare system.

7. True or False? Politics is the process of influencing the authoritative allocation of abundant resources.

8. Why is the cost of health care rising in the United States?

9. After reading the American Nurses Association agenda on health care and healthcare reform, what do you think is most important for nurses to do moving forward?

10. Describe how nurses can be vital to the policy arena.

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1. Ethical dilemmas occur when a nurse is:

✓ a. forced to select between two or more alternatives.
b. forced to select an ideal solution.
c. trying to make a decision that matches all relevant standards of care.
d. making a decision for the patient.

2. Which of the following is an example of Medicaid fraud?

a. Billing for patient care
b. Billing for services provided
c. Billing for 24 hours in a day
✓ d. Paying a kickback to someone who refers your services

3. Which of the following is an example of a nursing-related legal issue?

a. Administering an appropriate dose of narcotics at the right time to the right patient
✓ b. Restraining a patient without a physician's order
c. Documenting patient care in an ER
d. Taking care of a patient on suicide precautions

4. What is the law of private rights?

✓ a. Civil law
b. Criminal law
c. Good Samaritan law
d. Battery

5. Which of the following is an example of a confidentiality breach by a nurse?

a. Telling the physician about a recent lab value

✓ b. Talking loudly on a mobile phone in a café about a patient

c. Discussing patient needs with the charge nurse

d. Telling a family advocate about a recent patient event

6. What legal term refers to a law that protects a healthcare professional from being sued when providing emergency care outside a healthcare setting?

a. Emancipation

b. Doctrine of res ipsa loquitur

✓ c. Good Samaritan law

d. Battery

7. True or False? Healthcare organizations are more concerned with morals today than ever before.

8. True or False? Rationing care in the United States means that not everyone can have access to care because there is not enough to go around.

9. True or False? The ANA's code of ethics does not support the use of social media.

10. What ethical principle stands out the most to you in health care: autonomy, veracity, beneficence, or justice? Describe this principle and explain why you find it so important in the healthcare setting.

11. Define negligence. How can you avoid it as a nurse?

Finkelman_CH07-Professional Nursing Concepts 5E Premier Digital

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1. Which government body developed Healthy People 2030 ?

a. Department of Defense

b. Department of Health Promotion

✓ c. Department of Health and Human Services

d. Congress

2. What is the goal of the Healthy People 2030 ?

a. Identify chronic illness among Americans

✓ b. Develop programs to promote health and prevent illness

c. Identify international health concerns

d. Engage individual sectors to act solitarily

3. Using a primary care physician as the entry point in health care is an example of what type of continuity of care?

a. Informational continuity

b. Management continuity

✓ c. Relational continuity

d. Primary continuity

4. Which of the following is an example of wraparound services?

a. “One stop shop” at a local CVS or Walmart

✓ b. Comprehensive services, including a care manager to help with home care needs

c. A school nurse providing vaccinations

d. Health and wellness classes at a primary care office

5. Which of the following can be described as a complex experience that is felt internally and makes people feel a loss or the threat of a loss?

✓ a. Stress

b. Chronic illness

c. Resilience

d. Adaptation

6. Which of the following patient groups are considered especially vulnerable to health concerns?

a. African Americans

✓ b. The elderly

c. Drug abusers

d. Females

7. What type of care uses technology to communicate with the patient and assess status?

✓ a. Telehealth

b. School health

c. Home health care

d. Adult day care

8. Use the MAP-IT plan to discuss an area of health that could be improved in a community you know.

9. Describe the 2010 initiative by the American Hospital Association to improve America's health.

10. Which goal from the WHO would you tackle first if you were in charge? Why? What would you do to begin addressing that goal?

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1. A bureaucratic organization has which of the following?

a. Concise rules

b. Aligned labor

c. Open access to management for staff

✓ d. Defined hierarchy

2. The largest department in a hospital is:

a. administration.
✓ b. nursing.
c. infection control.
d. medical records.

3. Which type of healthcare professional would be most helpful to a stroke patient learning to manage at home?

a. Respiratory therapist
b. Another nurse
✓ c. Occupational therapist
d. Dietician

4. Safety net hospitals are having serious financial problems because:

✓ a. most of their patients provide inadequate or no reimbursement.
b. they are small hospitals.
c. they have a nursing shortage.
d. they are in the wrong location.

5. The part of the healthcare service bill that the patient has to pay is called:

a. insurance.
b. the entire bill.
✓ c. the deductible.
d. coinsurance.

6. A department of nurses with a focus on nursing care and support for nursing staff is considered:

✓ a. traditional.
b. modern.
c. generational.
d. family centered.

7. In a bureaucratic organization, what refers to the expectation that staff will do their jobs, and supervisors will ensure that jobs are done as expected?

a. Division of labor
b. Defined hierarchy
c. Detailed rules and regulations
✓ d. Impersonal relationships

8. True or False? In some hospitals, advanced practice registered nurses are used as hospitalists.

9. True or False? The United States has a universal healthcare coverage system.

10. True or False? A director of women's health would be considered a high-level manager/leader in nursing.

11. What is the difference between a for-profit organization and a not-for-profit organization?

Finkelman_CH09-Professional Nursing Concepts 5E Premier Digital

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1. Patient-centered care is a critical part of the six domains of:

✓ a. quality.
b. patient safety.
c. informatics.
d. evidence-based practice.

2. How many levels of concern are there when discussing patient-centered care?

a. Two
✓ b. Three
c. Five
d. Six

3. Which of the following is an issue determined by the Institute of Medicine to be related to the existence of disparities in health care?

✓ a. Discrimination at the patient–provider level
b. Discrimination at the nursing level
c. Bias of hospital administration
d. Bias of community members

4. Which of the following key contributors to growing healthcare disparity problems is true?

✓ a. It causes disparities in the U.S. heath professional workforce.
b. It does not contribute to health disparities outcomes.
c. It reflects the population of the United States as a whole.
d. It does not exist.

5. What process helps the nurse to frame patient problems within the patient's own cultural context?

a. Advocacy
✓ b. Clinical reasoning
c. Critical thinking
d. Care coordination

6. Which of the following would be a red flag in professional communication with a patient?

✓ a. Soliciting of personal information from the patient
b. Gathering assessment information
c. Engaging in open communication with the patient
d. Discussing health history information in the patient's room

7. Which theory focuses on caring?

a. Orem's theory
b. Leininger's theory
✓ c. Watson's theory
d. Peplau's theory

8. What key term related to diversity is the belief that one's group or culture is superior to others?

a. Ethnicity
✓ b. Ethnocentrism
c. Stereotyping
d. Bias

9. True or False? Consumerism is an important concept relating directly to patient-centered care.

10. A 90-year-old White male is told by his physician that he needs B 12 shots every 2 weeks for a period of 6 weeks. In addition, he is to check his glucose by sticking his finger daily at one of three times: before or after breakfast, lunch, or dinner. The physician then says that he wants to see him for a return visit in 6 weeks. After the physician leaves, you ask the patient if he understands the instructions, and he says yes. You ask him to repeat the instructions, and he tells you he must have B 12 shots three times per day and check his blood glucose once per day before or after a meal. He must return for a visit in 6 weeks. As a nurse, what would you do? Do you assume that this patient has cognitive problems and cannot care for himself?

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1. Which of the following is a key component of an interprofessional team?

a. Discussion
b. Assessment
✓ c. Coordination
d. Leadership

2. What term best describes a team composed of members from varied disciplines who work together to achieve a common goal?

a. Interdisciplinary
✓ b. Interprofessional
c. Multidisciplinary
d. Diverse grouping

3. Which of the following is an advantage of using interprofessional teams?

a. Increased need for more healthcare workers
✓ b. Decreased fragmentation of care
c. Decreased individual responsibility of team members
d. Negation of individual opinions