Basics of the US Health Care System 5th edition Niles Test Bank

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Test Bank: Chapter 01

True/False

1. True or False: The term *gross domestic product* refers to the amount of monetary or market value of services or goods produced in the country during a year.
Ans: True
Complexity: Moderate
Ahead: Did You Know That?
Subject: Chapter 1
Title: History and Overview of the U.S. Healthcare System

2. True or False? Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.
Ans: True
Complexity: Moderate
Ahead: What is Social Justice in Health Care?
Subject: Chapter 1
Title: History and Overview of the U.S. Healthcare System

3. True or False? The social determinants of health are direct determinants of health, which influence the conditions we are born in, where we grow and live, and how we age.
Ans. False
Complexity: Difficult
Ahead: What is Social Justice in Health Care?
Subject: Chapter 1
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4. True or False? The “graying of the population” is a coined phrase for the increasing of the U.S. life expectancy, resulting more chronic health issues because, as we age, more chronic health conditions develop.
Ans.True
Complexity: Moderate
Ahead: Introduction
Subject: Chapter 1
Title: History and Overview of the U.S. Healthcare System

5. True or False? Social justice focuses on the right for all individuals to have access to resources, including health care, which means health equity for all cultural groups.
Ans. True
Complexity: moderate

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Ahead: What is Social Justice in Health Care?
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6. True or False? Constitutional factors of health relate to physical attributes such as age and sex.
Ans. True
Complexity: Difficult
Ahead: What is Social Justice in Health Care?
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Short Answer

1. _____ are the foundation of our healthcare system.
Ans: Hospitals
Complexity: Moderate
Ahead: Milestones of the Hospital System
Subject: Chapter 1
Title: History and Overview of the U.S. Healthcare System

2. The _____ Report was responsible for medical school curriculum development and admission standards, which are still in existence today.
Ans: Flexner
Complexity: Easy
Ahead: Milestones of Medicine and Medical Education
Subject: Chapter 1
Title: History and Overview of the U.S. Healthcare System

3. _____ are physicians who provide care to patients while they are hospitalized.
Ans: Hospitalists
Complexity: Easy
Ahead: What is Social Justice in Health Care?
Subject: Chapter 1
Title: History and Overview of the U.S. Healthcare System

4. The _____ program focuses on the three goals of patient satisfaction, public health improvement, and reducing healthcare costs.
Ans: Triple Aim
Complexity: Easy
Ahead: Milestones of the Hospital System
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5. Another term for cost sharing of patient's healthcare expenses is typically called _____.
Ans: out of pocket
Complexity: Easy
Ahead: Introduction
Subject: Chapter 1
Title: History and Overview of the U.S. Healthcare System

6. _____ focuses on the right for all individuals to have access to resources, including health care, which means health equity for all cultural groups.
Ans: Social Justice
Complexity: Difficult
Ahead: What is Social Justice in Health Care?
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7. _____, operated by local governments, were used to quarantine people who had contagious diseases, such as cholera.
Ans: Pesthouses
Complexity: Easy
Ahead: What is Social Justice in Health Care?
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8. In 2003, _____ was passed, which created Medicare Part D prescription plans for the elderly.
Ans: The Medicare Prescription Drug, Improvement, and Modernization Act
Complexity: Difficult
Ahead: What is Social Justice in Health Care?
Subject: Chapter 1
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9. _____prohibits U.S. insurance companies and employers from discriminating based on genetic test results
Ans: The Genetic Information Nondiscrimination Act of 2008
Complexity: Difficult
Ahead: Current System Operations
Subject: Chapter 1
Title: History and Overview of the U.S. Healthcare System

10. The _____ is a concept that focuses on the balance of three factors: quality, cost, and accessibility of health care.
Ans: Iron Triangle of Health Care
Complexity: Moderate
Ahead: Assessing Your Healthcare System Using the Iron Triangle
Subject: Chapter 1

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Title: History and Overview of the U.S. Healthcare System

Essay

1. Consider all the milestones that occurred in medicine and medical education, nursing education, the hospital and healthcare system, public health, or health insurance as discussed in the milestone timeline sections. Select 3 milestones that stood out to you as impactful and explain why you selected these milestones.
Ans: Student responses will vary.
Complexity: Difficult
Ahead: What is Social Justice in Health Care?
Subject: Chapter 1
Title: History and Overview of the U.S. Healthcare System

2. Select five government agencies and discuss their impact on the healthcare industry.
Ans: Student responses will vary.
Complexity: Difficult
Ahead: What is Social Justice in Health Care?
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Title: History and Overview of the U.S. Healthcare System

3. Explain the Iron Triangle and how it applies to health care.
Ans: Many healthcare systems are evaluated using the Iron Triangle of health care, a concept that focuses on the balance of three factors: quality, cost, and accessibility to health care. This concept was created in 1994 by Dr. William Kissick. If one factor is emphasized, such as cost reduction, it may create an inequality of quality and access because costs are being cut. Because lack of access is a problem in the United States, healthcare systems may focus on increasing access, which could increase costs. In order to assess the success of healthcare delivery, it is vital that consumers analyze the balance among cost, access, and quality. Although the Iron Triangle is used by many experts in analyzing large healthcare delivery systems, as a healthcare consumer, you can also evaluate your healthcare delivery system by using the Iron Triangle. An effective healthcare system should have a balance among the three components.
Complexity: Difficult
Ahead: Assessing Your Healthcare System Using the Iron Triangle
Subject: Chapter 1
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4. What are social regulations? Identify two pieces of legislation which represent social regulations.
Ans: Social regulations are regulations that are enacted to protect the healthcare consumer.
Mental Health Parity Act (MHPA) of 1996 and its 2008 amendment require health insurance companies to provide fair coverage for mental health conditions; the Genetic Information Nondiscrimination Act of 2008 prohibits U.S. insurance companies and employers from discriminating based on genetic test results; the Lilly Ledbetter Fair Pay Act of 2009 provides protection for unlawful employment practices related to compensation discrimination; and finally, the ACA of 2010 focuses on increasing access to health care, improving the quality of healthcare delivery, and increasing the number of individuals who have health insurance.

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Complexity: Difficult
Ahead: Current System Operations
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