Milstead's Health Policy and Politics A Nurse's Guide 8th edition Short Test Bank

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Import Settings:
Base Settings: Brownstone Default
Information Field: Complexity
Information Field: Ahead
Information Field: Subject
Information Field: Title
Information Field: Taxonomy
Highest Answer Letter: D
Multiple Keywords in Same Paragraph: No
NAS ISBN13: 9781284305463, add to Ahead, Title tags

Chapter: Chapter 01

Multiple Choice

1. The purpose of public policy is to:
A) use political savvy to influence governmental action.
B) appeal to the private sector in order to gain funding.
C) direct problems to the government to secure a response.
D) provide direction for the philosophy of bureaucratic organizations.
Ans: C
Complexity: Easy
Ahead: Is Nurse Clinical Practice Political?
Subject: Chapter 1
Title: The Policy Process: Nurses Shaping Health Policy
Taxonomy: Remembering

2. What is the final step in the process of policymaking?
A) Evaluation of policy outcomes
B) Agenda setting
C) Policy implementation
D) Policy analysis
Ans: A
Complexity: Easy
Ahead: Policy as a Process
Subject: Chapter 1
Title: The Policy Process: Nurses Shaping Health Policy
Taxonomy: Remembering

3. Which of the following best explains why interpreting laws can be difficult for agencies?
A) Agencies do not have the authority to interpret laws.
B) Laws are written in simple, everyday language that is easily misunderstood.
C) Laws are often passed quickly and use complex legislative language.
D) Agencies are not trained in understanding statutory language.
Ans: C
Complexity: Moderate

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Ahead: Understanding Policy Instruments
Subject: Chapter 1
Title: The Policy Process: Nurses Shaping Health Policy
Taxonomy: Understanding

4. Which of the following is often cited as the main reason for failing to deal with political factors affecting health?
A) Inadequate regulations
B) Lack of political will
C) Limited public awareness
D) Overregulation of data sharing
Ans: B
Complexity: Easy
Ahead: Public Policy, Political Determinants of Health, and Clinical Practice
Subject: Chapter 1
Title: The Policy Process: Nurses Shaping Health Policy
Taxonomy: Remembering

True/False

1. True or False? The steps in the policy process are necessarily sequential or logical.
Ans: False
Complexity: Easy
Ahead: Policy as a Process
Subject: Chapter 1
Title: The Policy Process: Nurses Shaping Health Policy
Taxonomy: Remembering

2. True or False? In 2022, there were over 5 million registered nurses in the United States, but only 76 served as members of state legislatures.
Ans: True
Complexity: Easy
Ahead: Why Politics?
Subject: Chapter 1
Title: The Policy Process: Nurses Shaping Health Policy
Taxonomy: Remembering

3. True or False? Nurses represent the smallest group of health care workers in the nation.
Ans: False
Complexity: Easy
Ahead: Practice and Policy
Subject: Chapter 1
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4. True or False? Nurses are often able to influence healthcare policy because they bring both personal stories and research-based evidence to policymakers.
Ans: True
Complexity: Moderate
Ahead: Practice and Policy
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Fill-in-the-Blank

1. Laws, or _____, are types of policy entities that serve as legal directives for public and private behavior.
Ans: statutes
Complexity: Easy
Ahead: Understanding Policy Instruments
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2. In general, the drivers of the social determinants of health (SDoH) are _____ decisions.
Ans: political
Complexity: Easy
Ahead: Public Policy, Political Determinants of Health, and Clinical Practice
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Taxonomy: Remembering

3. The largest labor union representing nurses in the United State is National Nurses _____.
Ans: United
Alternate ans: NNU
Complexity: Easy
Ahead: Organizational Involvement
Subject: Chapter 1
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Taxonomy: Remembering

Essay

1. For nurses who are serious about political activity, what is the key to establishing contacts with legislators and agency directors?
Ans: Nurses who are serious about political activity realize that the key to establishing contacts with legislators and agency bureaucrats is to forge ongoing relationships with elected and appointed officials

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and their staff. By developing credibility with those active in the political process and demonstrating integrity as patient/client advocates, nurses are players in the complex process of policymaking.
Complexity: Moderate
Ahead: Conclusion
Subject: Chapter 1
Title: The Policy Process: Nurses Shaping Health Policy
Taxonomy: Understanding

2. Define *policy*.
Ans: Policy is a consciously chosen course of action: a law, regulation, rule, procedure, administrative action, incentive, or voluntary practice of governments and other institutions.
Complexity: Easy
Ahead: Is Nurse Clinical Practice Political?
Subject: Chapter 1
Title: The Policy Process: Nurses Shaping Health Policy
Taxonomy: Remembering

3. Why are nurses considered the right people to inform policy?
Ans: Nurses are considered the right people to inform policy because they have unique, direct, and extensive experience with patients across diverse communities, allowing them to discover firsthand how healthcare policies impact individuals and identify systemic barriers that contribute to health inequities, making their insights invaluable for developing effective and patient-centered policies.
Complexity: Moderate
Ahead: Why You Are the Right Person to Influence Health Policy
Subject: Chapter 1
Title: The Policy Process: Nurses Shaping Health Policy
Taxonomy: Understanding

4. How do nurses contribute to political activism?
Ans: Nurses have an opportunity to share their own opinions and provide information from their own practices through active participation in organizations. This give-and-take builds knowledge and confidence when nurses help legislators and others interpret issues.
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Chapter Discussion Questions

1. What is the number (or designation) of your voting district? Obtain your voting record from the board of elections and describe your citizenship in regard to voting in elections.
2. Identify a health- or healthcare-related problem you have encountered in your community or in practice (e.g., "My patients all have dental problems and have no means of paying for dental care"). Discuss how the diagram of the policy process (Figure 1-2) can help inform how you approach finding a solution to this problem. Reflect on which level of government might address this problem and why. Identify the stakeholder in this issue.
3. Read fact-based (not opinion) books or journalistic articles or listen to podcasts about the changing paradigm in healthcare delivery and payment systems. Suggestions for reading include *Undue Burden* (2025) by Shefali Luthra, *Priced Out* (2019) by Uwe Reinhardt, *Being Mortal* (2014) by Atul Gawande, articles/blog postings in *The Atlantic* and *Health Affairs*, and *Which Country Has the Best Health Care* (2020) by Ezekiel Emanuel.
   a. List three questions you have after reading this material.
   b. List three new ideas you have gained.
   c. Commit to three actions that you will take as a result of being informed by this material.
4. Consider a thesis, graduate project, or dissertation on a specific topic (e.g., clinical problems, healthcare issues). Use the policy process as a framework.
5. Use a search engine to explore a policy related to a health or healthcare topic such as healthcare benefits for undocumented migrants in your state, what do seniors pay out-of-pocket for Medicare benefits, how do you receive social benefits if you have no address? Which government agencies are responsible for developing the policy? For enforcing the policy? How has the policy changed over time? What are the consequences of not complying with the

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policy? What is needed to change the policy?

6. Identify nurses and healthcare professionals who are elected officials at the local, state, or national level. Follow them on Instagram, X, Doximity, LinkedIn, and/or Facebook to determine how they became policy experts, what their objectives are, and to what extent they use their clinical knowledge in their official capacities. Ask the officials if they tapped into nurses' groups during their campaigns. If so, what did the nurses and HCPs contribute?
7. Watch a health- or healthcare-related hearing in the U.S. House of Representatives or the Senate. These are accessible online at www.congress.gov. The House Energy and Commerce Committee and the Senate Health, Education, Labor, and Pensions Committee are good choices. Discuss three things you learned from the hearing. Was there testimony by nurses or other clinicians? Would nursing/HCP testimony be valuable at this hearing? How are witnesses chosen? What topics could you testify about (think of the patient population you work with)?
8. Discover how to get notifications (and agendas) of upcoming health-related committees in your state government. Who are the chairs of these committees?

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