Essentials of Intentional Interviewing 3rd edition Ivey Test Bank

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MULTIPLE CHOICE

1 : Which of the following is correct?
A : Multicultural competence is essential for the interview process.
B : Awareness of our clients multicultural backgrounds helps us gain a better understanding of their uniqueness.
C : We live in a multicultural world where every client you encounter will be different from the last and different from you in some major way.
D : All of these.

Correct Answer : D

2 : Which of the following is CORRECT regarding the RESPECTFUL Model?
A : The model is just a list of difficult issues and concerns that counselors cannot use effectively.
B : Cultural trauma is possible in each of the models dimensions.
C : Clients cannot draw strengths from their cultural characteristics listed in the model.
D : The model includes 11 dimensions.

Correct Answer : B

3 : The Guidelines for Multicultural Proficiency focus on
A : awareness, knowledge, skills, and action required for all practice, research, and training.
B : ethical statements for effective multicultural work.
C : an adopted set of absolute rules for counselors and psychologists.
D : culturally specific treatment methods.

Correct Answer : A

4 : Which is NOT an effective way to gain better understanding of those who are culturally different from you?
A : informing your clients that you will need to learn about their culture from them during the interview
B : visiting Pow-wows and other cultural celebrations
C : shadowing or going with a friend of a different culture through the day
D : getting to know people different from you in a personal way

Correct Answer : A

5 : According to the authors, if your first helping lead seems to be ineffective with a culturally different client, you need to be ready to
A : explain what you are doing and try again.
B : say it again, but using different, clearer words.
C : try another helping lead.
D : try silence, as perhaps this client needs time to think and respond.

Correct Answer : C

6 : Microaggressions_____.
A : are large and small insults and slights
B : can produce negative physical and mental health concerns
C : are damaging through repetition
D : all of these

Correct Answer : D

7 : Mark Pope, Cherokee Nation and Past-President of the American Counseling Association noted all but one of the following:
A : Counselors are now being trained fully to meet multicultural competencies.
B : We are all committed to the dignity and value of each individual.
C : Each of us is a multicultural being.
D : We need to address our own issues of prejudice.

Correct Answer : A

8 : Past research has found that minority clients tend to return for repeat interviews at what percentage rate?
A : 10%
B : 20%
C : 35%
D : 50%

Correct Answer : D

9 : Dual relationships can be complicated primarily because of which type of ethical issue?
A : competence
B : power
C : social justice
D : multiculturalism

Correct Answer : B

10 : When you are a trainee in a practice session and your supervisor gives you your first client, which of the following is an ethical imperative?
A : You should prepare for the session carefully and go over your plan with the supervisor.
B : You should review ethical standards and agency policy.
C : You should inform your client that you are in training and give the client the supervisors name.
D : You should work with the policy of your agency on this issue and only inform the client if that is their policy.

Correct Answer : C

11 : Which of the following is correct?
A : Ethics are socially established rulesMorals are socially established rules
B : Ethics are individual principlesMorals are individual principles
C : Ethics are individual principlesMorals are socially established rules
D : Ethics are socially established rulesMorals are individual principles

Correct Answer : D

12 : The cornerstone of the counseling relationship is
A : trust.
B : warmth.
C : openness.
D : skill.

Correct Answer : A

13 : Interviewers need to have education and training, supervised experience, state and national professional credentials, and appropriate professional experience. This ethical standard relates primarily to
A : competence.
B : informed consent.
C : confidentiality.
D : diversity.

Correct Answer : A

14 : Counselors will practice only within the boundaries of their competence, based on education, training, is an ethical code based on which topic?
A : informed consent
B : competence (boundaries)
C : power vs. social justice
D : social justice vs. competence (boundaries)

Correct Answer : B

15 : The Health Insurance Portability and Accountability Act (HIPAA) is concerned with:
A : the protection of private health information.
B : the use of de-identified health information.
C : the confidential handling of health information.
D : all of these.

Correct Answer : D

16 : Which of the following roles or relationships is completely banned for counselors in their professional practice?
A : sexual/romantic relationships
B : professional role change
C : nonprofessional relationships
D : all of these

Correct Answer : D

17 : A student intern in an agency helps a homeless client find a place to stay overnight and goes with that client to make sure that they can get in. The supervisor feels that this behavior is inappropriate and allows the client to get too close to the counselor. The supervisor feels that this is a violation of boundaries. The students professor feels that the student made the right decision. The conflict between supervisor and professors beliefs represents which of the following two key ethical issues?
A : informed consent vs. competence (boundaries)
B : confidentiality vs. competence (boundaries)
C : power vs. social justice
D : social justice vs. competence (boundaries)

Correct Answer : D

18 : The need for appropriate supervision is most basic to which ethical area?

A : competence
B : informed consent
C : confidentiality
D : power

Correct Answer : A

19 : Which of the following professions have given the most attention to social justice issues in their ethical statements, according to the authors?
A : counseling and psychology
B : family therapy and counseling
C : social work and human services
D : psychology and family therapy

Correct Answer : C

20 : Paying attention to strengths in the client involves all but one of the following language systems.
A : positive psychology
B : wellness approach
C : positive asset search
D : drawing out the clients story fully and carefully

Correct Answer : D

21 : A wellness assessment that includes study of local issues such as community, larger institutions, and even global issues that affect the individual is considering
A : the individual client thinking on key issues that affect her or him.
B : contextual issues.
C : issues that are unimportant to client development. It is essential to focus solely on the client in the session.
D : how to impart political opinions on the part of the counselor in an appropriate manner.

Correct Answer : B

22 : Which of the following is NOT a dimension of the wellness assessment?
A : spirituality
B : gender identity
C : social class identity
D : cultural identity

Correct Answer : C

ESSAY

23 : Explain the RESPECTFUL Model. Provide a description of each dimension. Describe ways in which you can use this model in your interviewing practice.

Correct Answer : Answers Vary

24 : There are several areas included in the Therapeutic Lifestyle Changes, and we will not ask

you to name them all. But draw on your memory for at least five areas and indicate how each is related to the healthy person.

Correct Answer : Answers Vary

25 : How would you go about helping a client establish an intentional wellness plan?

Correct Answer : Answers Vary

26 : How can the empathic relationshipstory and strengthsgoalsrestoryaction model be implemented throughout using positive psychology and wellness concepts in the interview?

Correct Answer : Answers Vary

27 : Define each of the following ethical issues and give a brief example of how they might affect your interview practice in this course. Competence Informed consent Confidentiality Power Social justice Diversity and multiculturalism

Correct Answer : Answers Vary

28 : How can we ensure that counselors and interviewers become multiculturally competent? What specific areas do you see for yourself as needing further growth? How will you address these issues?

Correct Answer : Answers Vary

29 : Discuss the concept of Political Correctness.

Correct Answer : Answers Vary

30 : Develop an intentional wellness plan for an imaginary client using the Therapeutic Lifestyle Changes. Explain how you would do it and what you would include.

Correct Answer : Answers Vary