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1. Which of these is an acceptable criterion for establishing a unique need in physical education?

a. The child meets criterion-referenced standards.

b. The child meets norm-referenced standards.

c. The child meets local curricular standards of achievement.

d. The child meets grade-level standards of achievement.

*e. all of these

2. Which one of these statements is NOT true regarding the least restrictive environment (LRE) concept?

*a. Inclusion and LRE are identical concepts.

b. LRE is closely associated with IDEA.

c. Educating children with disabilities in a general setting to the extent appropriate is consistent with LRE.

d. The LRE for a child may be a segregated setting.

e. Schools should have a continuum of alternative placements to implement LRE effectively.

3. Which one of these statements is true?

a. Adapted physical education programs can be implemented only in segregated settings.

*b. Adapted physical education programs can be implemented in general education settings.

c. Adapted physical education programs cannot be implemented interchangeably in more than one setting.

d. If students exhibit no unique physical education needs, it is still appropriate for them to receive an adapted physical education program.

e. None of these is true.

4. Curricular options that are identified in the literature and that accommodate all students in both inclusive and noninclusive environments include which of these?

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a. same curriculum

b. multilevel curriculum

c. modified curriculum

d. different curriculum

*e. all of these

5. In this chapter, it is suggested that special or segregated classes not exceed

a. 6 students

*b. 12 students

c. 18 students

d. 30 students

e. 45 students

6. In your reading of this chapter, you learned that age differences within a class with students age 16 or younger should never exceed

a. one year

b. two years

*c. three years

d. four years

e. five years

7. In regard to involvement of physical educators in IEP development, which one of these statements is true?

a. It is recommended that physical educators leave IEP development to classroom teachers.

b. Physical educators should focus on teaching and should not be expected to participate in the IEP development.

*c. Physical educators should be involved to the extent possible when IEPs are developed, and IEPs should include goals designed to meet unique physical education needs.

d. It is desirable that physical educators simply inform classroom teachers of goals associated with physical education rather than assist in IEP development.

e. It is recommended that physical education not be considered in the development of the IEPs.

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8. In accordance with IDEA, educational programs should be developed by

a. physicians

b. administrators

c. the director of special education

d. parents

*e. appropriate committees

9. Which of these is NOT recommended as a responsibility of the physician regarding the development of adapted physical education programs?

a. interpreting medical information

b. administering medical exams

*c. unilaterally selecting program goals and objectives

d. making referrals to appropriate committees

e. b and c

10. According to IDEA,

a. physical education and physical therapy are direct services

b. physical education and physical therapy are related services

c. physical education is a related service, and physical therapy is a direct service

*d. physical education is a direct service, and physical therapy is a related service

e. none of these

11. The response-to-intervention system

*a. addresses early learning deficits and learners at risk

b. operates only in general education settings

c. emphasizes only one-to-one instruction

d. limits attention to students with intense needs

e. avoids group instruction

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12. School guidelines for referrals for adapted physical education should be permitted from

a. parents and guardians

b. physicians

c. judicial officers

d. students themselves (if at least 18 years of age)

*e. all of these

13. The least restrictive environment concept recognizes that not all students with disabilities can be integrated into general classes.

*a. True
b. False

14. The ability to attain health-related, criterion-referenced physical fitness standards is an example of one criterion for establishing a unique need.

*a. True
b. False

15. Inclusion and the concept of least restrictive environment are essentially one and the same.

a. True
*b. False

16. Although the concepts of least restrictive environment and inclusion are not exactly the same, they both support integration.

*a. True
b. False

17. One advantage of using the term *adapted sport* is that it encourages a focus on sport, whereas the term *disability sport* focuses on disability.

*a. True
b. False

18. Generally, elimination-type activities are contraindicated for inclusive physical education settings.

*a. True
b. False

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19. The frequency and duration of the required instructional program for those receiving adapted physical education should be at least equal to that of students receiving general physical education programs.

*a. True
b. False

20. It is clear that the provisions of section 504 do not apply to sport or athletic programs in school districts.

a. True
*b. False

21. In a school district, funding for athletes cannot be applied in a discriminatory fashion (e.g., available to males but not females or available to students without disabilities but not students with disabilities).

*a. True
b. False

22. According to IDEA, the planning of programs for individuals with disabilities is the responsibility of the school physician.

a. True
*b. False

23. One technique for successfully integrating students with disabilities in physical education is to give handicaps.

*a. True
b. False

24. _____ refers to educating students with disabilities in general education settings alongside students without disabilities.

Correct Answer(s):
a. Inclusion

25. In this book, _____ sport is the term preferred when referring to sport opportunities for individuals with disabilities.

Correct Answer(s):
a. adapted

26. When students participate in the same activities that all other students are doing but are pursuing different objectives at multiple levels based on their needs in inclusive settings, they are working in a(n) _____ curriculum.

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Correct Answer(s):
a. multilevel

27. In this chapter, it is recommended that age differences within a class never exceed _____ years unless students are 16 or older.

Correct Answer(s):
a. 3

28. Physical education is considered a(n) _____ service under IDEA.

Correct Answer(s):
a. direct

29. Placing students in integrated settings without needed support services is sometimes called _____.

Correct Answer(s):
a. dumping

30. Identify five disability awareness activities that teachers may use to enhance the preparation of general physical education students for inclusion.

Correct Answer:
peer tutoring; peer interaction; involve speakers who have disabilities; provide reading materials about people with disabilities; discuss and describe disabilities; watch videos about people with disabilities; visit websites about people with disabilities; have individuals experience disabilities; become advocates for individuals with disabilities; describe the value of physical activity for persons with disabilities; listen to the stories of youngsters about their experiences in adapted physical education and sport.

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