Leddy & Pepper's Professional Nursing 9th edition Hood Test Bank

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1. The nursing director attends a workshop and is presenting information on the ANA's seven essential features in *Nursing's Social Policy Statement (2010)*. Which one of the seven essential features of nursing is included in the publication?
   A) Application of professional judgment and critical thinking to assess and implement treatment based on human responses and experiences.
   B) Use public policy of current legislature to shape the future of the nursing profession.
   C) Use scientific knowledge to ration care to those individuals with noncomplex diagnoses and simple treatment options.
   D) Use assessment as the guide in order to treat the full range of human responses "within the physical environment."

2. A nurse who has worked for 15 years in the hospital has an opportunity to attend an RN-to-BSN program in her local community, and the hospital will pay for the cost of tuition if the nurse agrees to work there for 2 years following graduation. The nurse has accepted and is in the first term at the local college. If the nurse wants to work on her critical and reflective thinking skills, which activity should she/he focus on developing?
   A) Reading a chapter on "Care of the Cardiac Patient.
   B) Speaking to the nurses on the clinical unit.
   C) Listening to family as they share the client's story.
   D) Writing a paper on nursing for the palliative client.

3. A nurse in the long-term care facility has decided to return to nursing school to earn a higher degree. The nurse is full of positive thoughts and energy when contemplates all the new things to learn. According to Shane's returning-to-school syndrome, which phase is this nurse experiencing?
   A) conflict phase
   B) reintegration phase
   C) integration phase
   D) honeymoon phase

4. A student nurse, who is in the second semester of nursing school, is experiencing an unsettled feeling. The nurse notes a lack of confidence in knowing how to act or what questions to ask. According to Bridges' Managing Transitions theory, what phase of transition is this student experiencing?
   A) new beginning
   B) neutral zone
   C) transition one
   D) letting go

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5. A nurse returns to school to complete an advanced nursing degree and is finding it difficult to meet all expectations of her life. The nurse is a new parent, a student, a spouse, and a full-time employee. The nurse is experiencing what type of issue?
   A) value conflict
   B) behavioral conflict
   C) role conflict
   D) attitude conflict

6. The characteristics of a profession are many, and nursing is delineated as an emerging profession because of the absence of what characteristic?
   A) use of a specialized database
   B) standardized educational entry
   C) specialized competencies
   D) autonomy and control over work

7. A nurse works in the medical-surgical unit of a suburban hospital and is taking care of a client who has many complex physiologic processes going on at the same time. The nurse exhibits flexibility, inquisitiveness, and open mindedness in caring for the client as their condition changes from day-to-day. The nurse is primarily exhibiting which type of thinking?
   A) critical thinking
   B) creative thinking
   C) reflective thinking
   D) independent thinking

8. A nursing student is in the senior semester of nursing school. In addition to going to clinical sessions, didactic lectures, and applying for nursing position, the student is reviewing for the NCLEX exam. Which of these intellectual characteristics of a nursing student is involved with licensure?
   A) specialized education
   B) body of knowledge
   C) the ability to think critically
   D) the ability to manage colleagues

9. In order to attain professional status, which nursing role will nursing personnel need to be performing on a regular basis?
   A) Work individually to showcase contributions to society.
   B) Maintain three levels of education for nurses collectively.
   C) Work together to collaborate through professional organizations.
   D) Ethically maintain standards of care for clients.

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10. A nurse enters the room of a client and teaches about pain medication while simultaneously relieving stress with therapeutic massage. The nurse is also able to determine what theories pertain to the nursing actions. Which type of thinking is the nurse exhibiting when he/she processes caring for the pain of this client?
    A) independent thinking
    B) critical thinking
    C) reflective thinking
    D) creative thinking

11. A staff nurse is providing education to the unlicensed assistive personnel (UAP) on the unit about safe gowning and gloving when caring for clients with MRSA. Which role will the staff nurse undertake when providing this education?
    A) caregiver
    B) teacher
    C) coordinator
    D) counselor

12. While working on a busy medical unit, an assistant nurse manager has noted an increase in the number of falling incidents. After reviewing the documentation, it appears most falls occur soon before lunch when clients are going to the bathroom. The nurse shares this information with the UAP and asks them to assist clients more at this time. Which domain in the Professional Nurse Contributions model does this represent?
    A) cognitive
    B) behavioral
    C) affective
    D) psychomotor

13. After a nursing student does poorly on a test, the student's professor requests a conference to discuss the matter. During the discussion, the student comments, “I didn't have time to read all those chapters.” While discussing strategies to help with reading effectiveness, the professor suggests that after reading a passage, the student should take a break and do which activity?
    A) Paraphrase the major concepts they just read.
    B) Listen to classical music.
    C) Visit with their peers about their study habits.
    D) Get a caffeinated beverage.

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14. A professional nurse is trying to locate information about a disease process and is evaluating online information. Which question should the nurse ask to identify the authority of the online information?
    A) "Is the information error free and consistent?"
    B) "Does the information conflict with known scientific information?"
    C) "Is there a way to contact the author(s)?"
    D) "Are the initial posting dates and updates present?"

15. A graduate nurse is working on a busy inpatient medical floor. The nurse has been taught to do a central catheter dressing change one way but cannot handle changing the procedure to accommodate the supplies that are readily available. In addition, the nurse will not go to lunch until all charting is complete since, "Those are the rules." According to Benner's Novice-to-Expert Model, in which stage of the model is the nurse currently performing?
    A) expert practitioner
    B) novice practitioner
    C) advanced beginner
    D) Competent practitioner

16. Which client scenario best displays the meaning of "unpredictability that is conceptualized as *chaos*"?
    A) An ICU nurse implementing "proning" for ventilator clients as a "new" mechanism to prevent pneumonia.
    B) Ensuring every unresponsive client is turned every 2 hours as prescribed.
    C) Assisting the UAP with their morning rounds and checking blood glucose levels before breakfast.
    D) Calling security to assist with an "overdose" client who will not following orders to stay in their room.

17. A group of nursing students have been assigned to work on a group project. Every student has different working schedules making it difficult to meet in person. One student has volunteered to organize a timeline and edit the final project for consistent writing style. This student is fulfilling which role in the group?
    A) helper
    B) recorder
    C) leader
    D) gatekeeper

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18. To improve test results by decreasing anxiety, a faculty member may recommend which strategies to assist with anxiety on the actual test day? Select all that apply.
    A) Re-read all notes taken from the textbook and classroom lectures the a few hours before the actual test.
    B) Arrive at the test site early.
    C) Practice relaxation techniques like deep-breathing.
    D) Quiz fellow nursing students on concepts one has learned.
    E) Light an incense burner in the room to evoke calmness among all students.
    F) Keep room lights off and direct peers to meditate using a powerful mantra to chant.

19. A nurse is working on a unit caring for neurologic clients. The nurse notices one of the clients is struggling to feed themselves and immediately intervenes by providing a weighted utensil with a good grip. Since the nurse was able to look at the whole situation and intervene without the need for step-by-step plans of action, this nurse is functioning at which level of Benner's Novice-to-Expert Model?
    A) novice
    B) advanced Beginner
    C) proficient
    D) expert

20. Which scenario would be considered a breach of a common ethical principle for nurses?
    A) Keeping clients' gender identity confidential.
    B) Deciding to forego renewal of CPR certification when one's card expires since “nothing ever changes.”
    C) Attending nursing standards committee meeting and relaying information back to the nursing unit.
    D) Pulling drapes around a client and their family to give them privacy to make a decision about their care.

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Answer Key

1. A
2. D
3. D
4. B
5. C
6. B
7. A
8. A
9. C
10. C
11. B
12. A
13. A
14. C
15. B
16. A
17. C
18. B, C
19. C
20. B

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