Fundamentals - Perspectives on the Art and Science of Canadian Nursing (Canadian) 2nd edition Gregory Test Bank

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1. A nurse is planning the care of a client who has been diagnosed with a heart valve infection that has been attributed to intravenous heroin use. When applying a socioenvironmental approach to this client's care, what question should guide the nurse's assessment?
   A) “What are the characteristics of this client's health status that made him vulnerable to illness?”
   B) “What could this client have done differently in order to protect his health?”
   C) “Is this client's illness the result of society, or is he personally responsible for it?”
   D) “How did this client's behaviours intersect with external factors and influence his health?”

2. A nurse is working with a client with poorly controlled diabetes. The client tells the nurse that he knows he should monitor his blood glucose levels more frequently but does not. When applying a socioenvironmental approach to planning the client's care, what should the nurse identify?
   A) The contextual factors that may have influenced the client's actions
   B) The client's understanding of the pathophysiology of diabetes
   C) The client's beliefs around the negative health effects of high blood glucose
   D) The individuals who most strongly influence the client's health choices

3. A nurse who provides care at a long-term care facility is assessing a resident's risk for falls by measuring her blood pressure while lying, sitting, and standing. In addition, the nurse assesses the client's level of consciousness by asking her to state her name, the location of the facility, and today's date. This nurse is assessing the resident's health according to what approach?
   A) Medical approach
   B) Behavioural approach
   C) Socioenvironmental approach
   D) Holistic approach

4. A nurse's colleague has suggested having clients who use the emergency department pay a nominal fee in order to reduce health care costs in the province where they reside. How would the terms of the Canada Health Act (CHA) affect such a program?
   A) The practice would be a violation of the CHA unless it were applied to all care settings equally.
   B) The practice would be disallowed because it would be considered a form of taxation.
   C) The practice would be considered extra billing and would contravene the CHA.
   D) The practice would be allowed, provided the fee was set at a rate specified by the CHA.

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5. A nurse educator is describing the ways that Health Canada ensures that Canadians have equitable access to health care services. Which of the following statements best describes the role of Health Canada's relationship with individual provinces and territories?
   A) Health Canada sets the terms of the CHA and makes suggestions to provincial and territorial health care systems.
   B) Health Canada identifies gaps in provincial and territorial health care systems and provides temporary solutions.
   C) Health Canada ensures that the provinces and territories comply with the CHA.
   D) Health Canada provides 100% of the funding and oversight for each of the provincial and territorial health care systems.

6. A Canadian has just returned to Canada after several years of living abroad and requires medical treatment. How will the principle of universality affect this individual's health care?
   A) The individual will have to pay for his care and then be reimbursed after 6 months.
   B) The individual is entitled to free medical care but may have to first endure a waiting period.
   C) The individual will have to seek private care if he has been out of the country for more than 2 years.
   D) The individual may immediately be reenrolled in the provincial or territorial health care plan and receive free care.

7. An infant requires a heart transplant and this service is not readily available in the province where the family resides. What pillar of the Canada Health Act allows for the infant to be treated in another province?
   A) Comprehensiveness
   B) Universality
   C) Portability
   D) Accessibility

8. A nurse who works for Health Canada is describing the agency's role in the direct provision of health care to certain Canadians. Which of the following individuals are likely to receive care directly from Health Canada? Select all that apply.
   A) A child who resides in foster care in one of the territories
   B) An inmate of a federal prison
   C) A First Nations child who resides on a reserve
   D) A Canadian who resides abroad for part of each year
   E) An employee of the federal government

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9. Which of the following aspects of the nursing profession is most likely to be influenced by Health Canada's Office of Nursing Policy?
   A) Funding research that directly relates to nursing interventions
   B) Establishing clinical practice guidelines to inform evidence-based care
   C) Determining the supply of and demand for nurses in various regions
   D) Establishing the standards for nursing education across Canada

10. A nurse has received word that several of the registered nurses at a publicly funded long-term care facility will be replaced by unlicensed care providers. What factor is most likely to have prompted this change?
   A) Health care costs in every Canadian jurisdiction are rising sharply.
   B) Health Canada redefined the scope of practice for unlicensed care providers in 2011.
   C) Amendments to the Canada Health Act have broadened the definition of “health care provider.”
   D) Unlicensed care providers have been shown to be safer care providers than registered nurses.

11. An adult client has been exhibiting signs and symptoms of depression for several months, and the client's family physician has been treating the client with antidepressant medications and assessing the client on a biweekly basis. What aspect of this client's subsequent care best exemplifies secondary care?
   A) Increasing the frequency of the client's office visits to once per week
   B) The physician's recommendation of websites that may benefit the client
   C) Admission of the client to the intensive care unit (ICU) following a suicide attempt
   D) The physician's referral of the client to a local psychiatrist

12. A nurse is participating in an initiative that will enact primary health care reforms. What is the nurse's most likely role in this initiative?
   A) Collaborating with a team of health care providers to meet clients' needs
   B) Participating in nursing research under the guidance of a nursing scholar
   C) Being paired with an unlicensed care provider in the hospital setting
   D) Apprenticing under a physician to perform basic medical assessments

13. A nurse is participating in a multidisciplinary group that has been commissioned to introduce electronic health records to a rural hospital. This activity exemplifies what aspect of health care reform?
   A) Increasing accessibility
   B) Enacting secondary health care reform
   C) Applying the Canada Health Act
   D) Introducing primary health care reforms

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14. A group of community health nurses are planning their activities for the following year and are referencing the future goals that have been identified for the Canadian health care system. What nursing activity best matches these goals?
    A) Increasing the number of nursing students who complete clinical placements in the clinic
    B) Increasing the number of health promotion activities that are available to community residents
    C) Allowing residents of the community to choose the nurses' activities for the following year
    D) Educating residents about the terms of Canada Health Act

15. A nurse is planning a client's care and is aware that the client's current health status is a result of the determinants of health. What assessment should the nurse conduct?
    A) Assessing the client's political preferences
    B) Assessing the client's preferred recreational activities
    C) Assessing the client's income level
    D) Assessing the client's level of responsibility in the community

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Answer Key

1. D
2. A
3. A
4. C
5. C
6. B
7. D
8. B, C
9. C
10. A
11. D
12. A
13. B
14. B
15. C

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