Psychology for Medicine and Healthcare 4th edition Visser Test Bank

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Psychology for Medicine and Healthcare (4th)

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Total Questions: 10

Multiple Choice (10)

Q1. *[Multiple Choice]*

Which of the following best describes the biopsychosocial model of illness/wellness?

a) The absence of illness indicates wellness

b) Disease is the result of the interaction between personal history, psychosocial processes and physiological mechanisms ✓ correct

c) Disease is caused by pathogenic stimuli acting on physiological and/or biochemical mechanisms

d) None of these

Q2. *[Multiple Choice]*

Which of the following is a weakness of the biomedical model of illness/wellness?

a) It does not consider the influence of psychological factors on illness

b) It does not consider the influence of social factors on illness

c) It does not consider the influence of environmental factors on illness

d) All of these ✓ correct

Q3. *[Multiple Choice]*

According to the biopsychosocial model, how should treatment of illness proceed?

a) Effective treatment should take into account patient beliefs, psychosocial circumstances and personal/family history ✓ correct

b) Effective treatment should only use medication that has been proven to be effective in clinical trials

c) Effective treatment is based on administering medical treatment to ensure recovery

d) None of these

Q4. *[Multiple Choice]*

Which of the following is the best definition of comorbidity?

a) The situation in which both members of a couple have a major illness

b) The presence of another illness in addition to a major 'index' chronic condition ✓ correct

c) The presence of multiple chronic conditions without a major 'index' condition

d) The presence of a chronic condition alongside ageing-related declines in physical capacity

Q5. *[Multiple Choice]*

According to the World Health Organization, what is health?

a) The absence of disease or infirmity

b) Complete physical wellbeing

c) Complete psychosocial wellbeing

d) Complete physical, mental and social wellbeing, and not merely the absence of disease or infirmity ✓ correct

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Q6. *[Multiple Choice]*

Which of the following is the best definition of the placebo effect?

a) A fake treatment presented as if it were a real treatment

b) An improvement in health that occurs in a 'control' group

c) An improvement in health that occurs in a group that receives a placebo, but not in a control group that receives no treatment ✓ correct

d) An improvement in health that occurs in a group that receives a real treatment, but not in a group that receives a placebo

Q7. *[Multiple Choice]*

The 'four Ps' are used to understand factors that contribute to illness (predisposing, precipitating, perpetuating and protective factors). Which of thefollowing are examples of perpetuating factors?

a) Use of healthcare services and adherence to treatment ✓ correct

b) Unhealthy behaviours that influence whether genetic factors lead to illness

c) Genetic factors that increase susceptibility to illness

d) Healthy lifestyles and good social support

Q8. *[Multiple Choice]*

Which of the following best describes epigenetics?

a) It involves applying epidemiological approaches to studying genetic variability.

b) It involves studying how experiences affect the expression of genes. ✓ correct

c) It involves studying how the expression of genes affects experiences.

d) None of these.

Q9. *[Multiple Choice]*

Which of the following specialism in psychology is relevant to healthcare?

a) Developmental psychology

b) Cognitive psychology

c) Health psychology

d) All of these ✓ correct

Q10. *[Multiple Choice]*

Blaxter's (1990) sociological study revealed that lay definitions of health are most like the _____.

a) Biomedical model because they focus on the presence or absence of disease

b) Psychological model because they focus on the subjective well-being

c) Biopsychosocial model because they include physical, psychological, and social functioning ✓ correct

d) Sociological model because they focus on social roles and social functioning

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