Nursing Assisting A Foundation in Caregiving 4th edition Dugan Test Bank

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Name: _____

Chapter 1: The Nursing Assistant in Long-Term Care

Multiple Choice. Choose the correct answer.

1. Long-term care is offered in
   (A) Hospitals
   (B) Adult day services facilities
   (C) Skilled nursing facilities
   (D) Ambulatory surgical centers

2. Residents in _____ are usually more independent and do not need skilled care.
   (A) Acute care facilities
   (B) Assisted living facilities
   (C) Subacute care facilities
   (D) Hospice facilities

3. Which of the following types of health care is generally for people who will die in six months or less?
   (A) Long-term care
   (B) Outpatient care
   (C) Inter-generational care
   (D) Hospice care

4. _____ is a federal health insurance program for people who are 65 years of age or older or people of any age with permanent kidney failure or certain disabilities.
   (A) Medicare
   (B) Medicaid
   (C) Occupational Safety and Health Administration
   (D) Health and Human Services

5. _____ is a medical assistance program for people who have low income or disabilities.
   (A) Medicare
   (B) Medicaid
   (C) Department of the Treasury
   (D) Committee on the Budget

6. Medicare will pay for
   (A) All care requested by the recipient
   (B) All care requested by the doctor
   (C) All care requested by the facility
   (D) Care that it determines to be medically necessary

7. The amount that Medicare and Medicaid will pay long-term care facilities for services is based on
   (A) The resident's background
   (B) The resident's need upon admission and throughout his stay
   (C) The size of the facility
   (D) The financial contributions from the resident's family

8. The residents with the longest average stay in long-term care facilities are
   (A) Residents admitted for terminal care
   (B) Residents admitted for rehabilitation or temporary illness
   (C) Residents who are developmentally disabled
   (D) Residents who have dementia

9. A disorder in which a person has a serious loss of mental abilities, including the ability to think, remember, and reason, is known as
   (A) A terminal illness
   (B) Dementia
   (C) Heart disease
   (D) Chronic disorder

10. Which of the following is a typical task that nursing assistants perform?
    (A) Administering medication
    (B) Bathing a resident
    (C) Changing sterile dressings
    (D) Giving tube feedings

11. Which of the following is a task that nursing assistants do not perform?
    (A) Shaving a resident
    (B) Inserting tubes into a resident's body
    (C) Helping a resident with toileting needs
    (D) Caring for equipment

12. Professionalism is related to
    (A) How a person behaves at home
    (B) How a person behaves at work
    (C) How well a person performs on tests
    (D) How a resident behaves in a facility

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13. A resident has purchased a special gift for her nursing assistant (NA). Which of the following would be the best response by the nursing assistant?
    (A) The NA should refuse the gift but thank the resident for thinking of her.
    (B) The NA should refuse the gift and let the resident know her employer is very unfair about employees accepting gifts from residents.
    (C) The NA should accept the gift if the resident will keep it confidential.
    (D) The NA should accept the gift and thank the resident for thinking of her.

14. One example of professional behavior by nursing assistants when working with residents is
    (A) Keeping all resident information confidential
    (B) Sharing funny stories about coworkers with the residents
    (C) Giving gifts to favorite residents
    (D) Asking residents for advice about personal problems

15. Which of the following is the best example of how a nursing assistant is demonstrating that she is dependable?
    (A) The nursing assistant shows an interest in others and their problems.
    (B) The nursing assistant performs tasks that she does not know how to do so she does not bother her supervisor.
    (C) The nursing assistant avoids excessive absences from work.
    (D) The nursing assistant respects an individual's background and beliefs.

16. To hold oneself accountable means to
    (A) Admit mistakes and apologize for them
    (B) Always speak positively about situations and people
    (C) Be able to work with people of many different backgrounds
    (D) Care about the problems of others

17. What does the term *empathetic* mean?
    (A) Empathetic means being alert around others.
    (B) Empathetic means being able to document accurately.
    (C) Empathetic means identifying with and understanding the feelings of others.
    (D) Empathetic means taking responsibility for one's own actions.

18. Which of the following is part of proper personal grooming by a nursing assistant?
    (A) Bathing once every other day
    (B) Applying perfume daily
    (C) Keeping hair neatly tied back away from the face
    (D) Wearing polished artificial nails to work

19. The best type of jewelry for an NA to wear to work is
    (A) A broach
    (B) A watch
    (C) A bracelet
    (D) A necklace

20. The most important member of the care team is
    (A) The nurse
    (B) The nursing assistant
    (C) The physician
    (D) The resident

21. Which member of the care team assesses residents, monitors progress, and gives treatments and medication?
    (A) The nurse
    (B) The nursing assistant
    (C) The medical social worker
    (D) The registered dietitian

22. Which member of the care team has the most direct contact with the residents?
    (A) The nursing assistant
    (B) The nurse
    (C) The physician
    (D) The activities director

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23. The chain of command is
    (A) A legal term meaning a person can be held responsible for harming someone else
    (B) The person in charge of the department for each shift
    (C) The line of authority in a facility
    (D) The department that a nursing assistant goes to if he wants to report a problem

24. In which type of nursing care does the registered nurse give much of the daily care to the residents?
    (A) Facility nursing
    (B) Team nursing
    (C) Primary nursing
    (D) Functional nursing

25. What is one possible negative result of the functional nursing style of care?
    (A) There are too many tasks to be completed effectively.
    (B) Nursing assistants may not be adequately trained for their tasks.
    (C) Staff may overlook changes in a resident's condition.
    (D) Residents may get tired of seeing the same care team members every day.

26. Which of the following is associated with person-centered care?
    (A) Nursing staff decide what a resident needs.
    (B) A resident's personal preferences and individual choices are promoted.
    (C) All residents are treated the same way.
    (D) Nursing assistants make sure that all residents participate in the same activities.

27. A policy is
    (A) A course of action that should be taken every time a certain situation occurs
    (B) A specific method of doing something
    (C) The chain of command within the facility
    (D) Another term for a state inspection of a healthcare facility

28. Which of the following would be the best response by a nursing assistant if he forgets how to perform a procedure?
    (A) The NA should review the steps of the procedure in the procedure manual.
    (B) The NA should perform the procedure anyway, knowing the correct order will come to him.
    (C) The NA should check online for instructions on how to perform the procedure.
    (D) The NA should ask the resident for a reminder on how to perform the procedure.

29. What would be the best response by a nursing assistant if a surveyor asks her a question?
    (A) The NA should answer honestly and to the best of her ability.
    (B) The NA should offer suggestions for making improvements in the facility.
    (C) The NA should refuse to answer any questions until her supervisor is present.
    (D) The NA should make up an answer if she does not know the answer to the question.

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Chapter 2: Ethical and Legal Issues

Multiple Choice. Choose the correct answer.

1. Which of the following statements is true of ethics?
   (A) Ethics are rules set by the government to protect people.
   (B) Ethics are the knowledge of what is right and wrong.
   (C) Misdemeanors are examples of ethics.
   (D) Ethics do not apply to healthcare workers.

2. Which of the following statements is true of criminal laws?
   (A) They protect society from harmful people or organizations.
   (B) They relate to resolving disputes between individuals.
   (C) They include any crime which is not a felony.
   (D) They are the code of proper behavior and courtesy in a certain setting.

3. Which of the following is an example of professional and ethical behavior by a nursing assistant?
   (A) Keeping quiet if he makes a mistake
   (B) Documenting care accurately and promptly
   (C) Telling his friend details about the residents he works with
   (D) Rushing a resident through tasks if there is not much time left in the nursing assistant's shift

4. Which of the following is an example of unprofessional behavior by a nursing assistant?
   (A) Graciously accepting a gift from a favorite resident
   (B) Reporting all abuse or suspected abuse of residents
   (C) Coming to work every day on time
   (D) Being positive, pleasant, and tactful

5. A code of ethics revolves around
   (A) Getting tasks done as quickly as possible
   (B) Controlling costs in the facility
   (C) Valuing residents and giving ethical care
   (D) Sharing opinions and personal values with residents

6. An example of ethical behavior by a nursing assistant is
   (A) Keeping a resident's information confidential
   (B) Not telling anyone when a mistake is made
   (C) Pretending to be a nurse in order to get residents to be more cooperative
   (D) Letting a resident know that the nursing assistant is having a bad day

7. The Omnibus Budget Reconciliation Act (OBRA) was passed as a response to
   (A) Lack of funding for long-term care facilities
   (B) Reports of abuse and poor care in long-term care facilities
   (C) Complaints from long-term care facility staff about resident behavior
   (D) Nursing assistants being unable to pass competency examinations

8. How many hours of training does OBRA require for nursing assistants?
   (A) At least 150 hours
   (B) At least 100 hours
   (C) At least 75 hours
   (D) At least 50 hours

9. Which of the following behaviors promotes Residents' Rights?
   (A) Deciding which clothing a resident should wear if she takes too long to decide for herself
   (B) Letting residents know when they are eating too slowly
   (C) Providing privacy during all care procedures
   (D) Restricting visitors for uncooperative residents

10. Which of the following behaviors violates Residents' Rights?
    (A) A nursing assistant tells stories about her favorite residents to her family.
    (B) A nursing assistant helps a resident resolve a complaint.
    (C) A nursing assistant informs a resident in advance about a change of roommate.
    (D) A nursing assistant encourages a resident to choose her clothing for the day.

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11. _____ means purposefully causing physical, mental, emotional, or financial pain or injury to someone.
    (A) Abuse
    (B) Assault
    (C) Battery
    (D) Malpractice

12. Threatening to harm a resident if he tells another caregiver about a problem is an example of which type of abuse?
    (A) Physical abuse
    (B) Psychological abuse
    (C) Financial abuse
    (D) Substance abuse

13. Negligence is
    (A) Threatening to touch a person without permission
    (B) Touching a person without permission
    (C) Actions or the failure to act or give care to a person, resulting in unintended injury
    (D) Insulting, humiliating, or treating a person as a child

14. If a nursing assistant sees or suspects that a resident is being abused, he must
    (A) Report it at once to his supervisor
    (B) Confront the abuser
    (C) Try to stop the abuse himself
    (D) Call the resident's family to inform them

15. Which of the following is considered a sign of abuse?
    (A) Missing teeth or hair
    (B) Ripped clothing
    (C) Pressure ulcers
    (D) Unanswered call lights

16. Which of the following is considered a sign of neglect?
    (A) Burns shaped in certain ways
    (B) Weight loss
    (C) Changing doctors frequently
    (D) Wearing makeup to hide injuries

17. Which of the following is a step taken when a nursing assistant is suspected of abuse?
    (A) A meeting of staff members and residents is held so that everyone can discuss the problem.
    (B) The nursing assistant continues to work while the investigation is being completed.
    (C) The name of the resident or staff member who reported the abuse is announced so opinions can be gathered.
    (D) The nursing assistant is suspended immediately and an investigation is completed.

18. Which of the following is an ombudsman's responsibility?
    (A) Helping with resident care procedures
    (B) Assisting with resolving staff disputes
    (C) Investigating and resolving resident complaints
    (D) Organizing outings and activities for residents

19. With whom may a nursing assistant share a resident's health information?
    (A) Anyone who asks
    (B) Anyone who lives or works at the facility
    (C) The resident's friends and family
    (D) Other care team members

20. One reason that the Health Insurance Portability and Accountability Act (HIPAA) was passed was to
    (A) Make sure nursing assistants receive adequate health insurance coverage
    (B) Protect privacy of health information
    (C) Ensure that care procedures are performed properly
    (D) Prevent abuse and neglect of residents

21. Which of the following is the best way for a nursing assistant to keep residents' health information confidential?
    (A) Discuss a resident's information away from the facility so that other residents cannot hear it
    (B) Bring family and friends to the facility to meet the residents
    (C) Return charts to their proper place after use
    (D) Post updates about favorite residents on her Facebook page to avoid being overheard

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22. A legal document that allows a person to decide what kind of medical care he wishes to have if he is unable to make those decisions himself is called a(n)
    (A) Will
    (B) Advance directive
    (C) CPR
    (D) Power of attorney

23. What is the purpose of the Patient Self-Determination Act (PSDA)?
    (A) To offer in-service training for nursing assistants
    (B) To keep protected health information (PHI) private
    (C) To encourage people to make decisions about advance directives
    (D) To detail how abuse should be reported

24. Which of the following is an example of an advance directive?
    (A) Last Will and Testament
    (B) Power of Attorney
    (C) Divorce Decree
    (D) Durable Power of Attorney for Health Care

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