Orthopedic Taping Wrapping Bracing and Padding 4th edition Beam Test Bank

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Chapter 2: Facility Design for Taping, Wrapping, Bracing, and Padding

Multiple Choice

1. The height of taping tables and benches should vary between:
A. 30 and 40 inches.
B. 40 and 50 inches.
C. 50 and 60 inches.
D. 60 and 70 inches.

ANS: A
TOP: Taping

2. The recommended humidity level for the application area is:
A. 20% to 30%.
B. 30% to 40%.
C. 40% to 50%.
D. 50% to 60%.

ANS: C
TOP: Facility Design

3. New construction or renovation of the application area should consider all of the following factors EXCEPT:
A. current staff.
B. number of sport teams.
C. strategic plan of organization or institution.
D. size of team locker rooms.

ANS: D
TOP: Facility Design

4. Tape should be stored in a:
A. cool, humid environment.
B. cool, moisture-free environment.
C. warm, well-illuminated environment.

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D. cool, well-illuminated environment.

ANS: B
TOP: Taping

5. OSHA is the acronym for the:
A. Occupational Safety and Health Administration.
B. Organizational Security and Health Agency.
C. Occupational Safety and Healthiness Administration.
D. Organizational Safety and Healthcare Agency.

ANS: A
TOP: Facility Design

6. Multiple individual taping tables or benches are effective:
A. when financial constraints are low.
B. in areas with adequate illumination.
C. with multiple sport teams.
D. in areas without space constraints.

ANS: D
TOP: Taping

7. Which of the following systems is not a required structural factor for the application area?
A. Electrical
B. Ventilation
C. Plumbing
D. Lighting

ANS: C
TOP: Facility Design

8. Ergonomics is based on the health care professional's:
A. psychological characteristics.
B. anatomical characteristics.
C. physiological characteristics.
D. All of the above

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ANS: D
TOP: Facility Design

9. Which of the following items should be used to clean plastic and rubber runners and mats?
A. Mild acid
B. Mild dish soap
C. Tape removal solvents
D. Isopropyl alcohol

ANS: B
TOP: Facility Design

10. Which of the following tapes has an expiration date?
A. Non-elastic
B. Elastic
C. Cast
D. All of the above

ANS: C
TOP: Taping

11. All of the following are structural factors to consider in planning for new construction or renovation of an application area EXCEPT:
A. table or bench design.
B. ceiling coverings.
C. available time and staff.
D. lighting system.

ANS: C
TOP: Facility Design

12. To lessen congestion, application areas in scholastic, intercollegiate, and professional sport facilities should be located near:
A. an entrance or exit.
B. a hydrotherapy room.
C. a rehabilitation area.

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D. an athletic trainer's office.

ANS: A
TOP: Facility Design

13. Taping tables and benches should be cleaned and disinfected:
A. only when visibly soiled.
B. at the end of each day.
C. immediately following technique application.
D. at least twice per week.

ANS: C
TOP: Taping

14. All of the following are suggestions for the electrical system in the application area EXCEPT:
A. placing outlets every 6 feet.
B. placing outlets 3 to 4 feet off the floor.
C. equipping outlets with GFI breakers.
D. using only hospital-grade plugs.

ANS: A
TOP: Facility Design

15. High levels of humidity in the application area can cause:
A. the growth of bacteria and fungi.
B. damage to taping, wrapping, bracing, and padding supplies.
C. uncomfortable working conditions.
D. All of the above

ANS: D
TOP: Facility Design

16. GFI is the acronym for:
A. ground fault indicator.
B. ground failure interrupter.
C. ground fault interrupter.
D. ground failure indicator.

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ANS: C
TOP: Facility Design

17. Taping tables and benches should be:
A. constructed with adequate storage space.
B. the same height.
C. 4 to 5 feet in width.
D. located in the center of the sport facility.

ANS: A
TOP: Taping

18. To lessen adverse effects on the adhesive mass and roll tension, it is recommended that the storage of non-elastic and elastic tapes be limited to:
A. 2 months.
B. 6 months.
C. 1 year.
D. 2 years.

ANS: C
TOP: Taping

19. Which of the following is not typically stored in taping tables and benches?
A. Tapes
B. Wraps
C. Braces
D. Pads

ANS: C
TOP: Bracing

20. To minimize damage to non-elastic and elastic tapes, all of the following recommendations are appropriate EXCEPT:
A. storing boxes or cases with the sides facing up.
B. storing tape in their original box or case.
C. keeping tape away from heat and humidity.
D. carefully handling tape prior to application.

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ANS: A
TOP: Taping

21. Facility design requires walls to be constructed with what material?
A. Cinder block
B. Drywall
C. Tile
D. All of these materials can be used.

ANS: D
TOP: Facility Design

22. In the application area, table widths should vary in what range?
A. 1–2 feet
B. 2–3 feet
C. 3–4 feet
D. 1–4 feet

ANS: B
TOP: Facility Design

23. Which of the following is a main structural consideration when designing the storage room of your facility?
A. Ventilation
B. Plumbing
C. Lighting
D. All of these are important to consider.

ANS: A
TOP: Facility Design

True/False

24. Illumination in the application area can be supplied with standard recessed lighting.

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ANS: True
TOP: Facility Design

25. Application areas do not need to conform to OSHA Standards for bloodborne pathogens because the area is not typically used to treat open wounds.

ANS: False
TOP: Facility Design

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