Functional Performance in Older Adults 5th edition Bonder Test Bank

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Chapter 1: Aging in Context

1. In 2019, prior to the COVID-19 pandemic, life expectancy was greatest for which demographic group in the United States?
A. White women
B. Hispanic women
C. White men
D. Black men

ANS: B
Learning Objective: 1-1
Topic: Life Expectancy

2. An occupational therapist who is working in a community in a lower-income country would expect to find that the causes of death are greatest from:
A. Respiratory diseases
B. Cardiovascular diseases
C. Cancer
D. Diabetes

ANS: A
Learning Objective: 1-1
Topic: Life Expectancy

3. An older adult's approach to careful money management and frugality could be due to experiences living through financially difficult times during:
A. World War I
B. The Great Depression
C. The Industrial Revolution
D. The Great Recession

ANS: B
Learning Objective: 1-1
Topic: Cohort Effects

4. The greatest health disparities are found in which geographic area?
A. High-density urban communities
B. Low-density urban communities
C. Suburban communities
D. Rural communities

ANS: D
Learning Objective: 1-2
Topic: Social Determinants of Health

5. A practice to support health literacy would be best demonstrated by:

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A. Providing written instructions in the client's first language
B. Discussing treatment options with the client and care partners
C. Ensuring the client can locate health resources and ask pertinent questions
D. Offering home programs in written and recorded media

ANS: C
Learning Objective: 1-2
Topic: Social Determinants of Health

6. An older adult lives in a suburban area outside a large metropolitan city. What would be the occupational therapist's first concern about the older adult's ability to independently access health care and basic needs?
A. Access to community senior center programming
B. Access to transportation
C. Neighborhood social supports
D. Family social supports

ANS: B
Learning Objective: 1-3
Topic: Physical Environment

7. When considering aging-in-place supports for their older adult clients, in addition to home modifications, what would an occupational therapist consider addressing with their client as part of therapy intervention?
A. Roles the older adult can play in civic leadership
B. Employment options
C. Community mobility
D. Internet and virtual technology access

ANS: C
Learning Objective: 1-3
Topic: Aging in Place

8. When considering intervention supports for an older adult client who is homeless, the therapist's first priority would be to:
A. Assess basic ADLs, including grooming
B. Consult with social services on basic shelter needs
C. Develop an intervention on basic food preparation
D. Recommend institutionalization, e.g., a nursing home

ANS: B
Learning Objective: 1-3
Topic: Homelessness

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9. A therapist works with a team to develop a community day-care program in a rural community. One of the informational brochures states, “We ensure that all the grannies have access to the best technologies.” This is an example of:
A. Organizational health literacy
B. Personal health literacy
C. Ableist language
D. Ageist language

ANS: D
Learning Objective: 1-4
Topic: Attitudes

10. What government action has helped lift people out of poverty in the United States?
A. Public health measures
B. Americans With Disabilities Act
C. Social Security Act
D. Socialized medicine

ANS: C
Learning Objective: 1-4
Topic: Policy and Aging

11. An occupational therapist is working with an older male client in rehabilitation following a hip replacement. Motivation to participate has been a challenge in therapy, and the occupational therapist discovers that the client’s partner of 61 years recently died. What would be the first action taken by the therapist?
A. Ensure the client’s guns are removed from his home
B. Elicit the client’s perception of his needs
C. Explore the client’s social support system
D. Refer the client to a chaplaincy

ANS: B
Learning Objective: 1-4
Topic: Impact of Economics and Gender

12. A client who lives in Southeast Asia falls while visiting her son’s family in Canada. Prior to her fall, she enjoyed being a part of her grandchildren’s daily routines, including their afterschool programs. She is becoming depressed with her slow progress in rehabilitation and not wanting to attend therapy. What would be the best approach to re-engage her in therapy?
A. Preparing school snacks for her grandchildren
B. Engaging in arts-based activities at the facility
C. Re-engaging in daily faith-based rituals
D. Writing her life story

ANS: A
Learning Objective: 1-5

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Topic: Positive Aging

13. An example of addressing the "United Nations Decade of Healthy Ageing" initiative on integrated care is:
A. An occupational therapist working with her community health board to open a locally supported day-care program
B. An occupational therapist working with her state occupational therapy association to address affordable access to assistive technologies
C. An occupational therapist working with local government to audit community buildings for accessibility
D. An occupational therapist working with a nonprofit organization as a volunteer providing home safety assessments

ANS: B
Learning Objective: 1-6
Topic: Social and Occupational Justice and Aging

14. Addressing the natural environment supports for participation, such as developing shaded pathways for walking, is an example of addressing which ICF domain?
A. Activity limitation
B. Body structure, body function
C. Personal factors
D. Environmental factors

ANS: D
Learning Objective: 1-7
Topic: WHO ICF: A Framework for Health and Participation

15. An occupational therapist assesses an older adult client's sensory abilities. They are assessing which domain of the ICF?
A. Social participation
B. Activity limitation
C. Body functions and structure
D. Personal factors

ANS: C
Learning Objective: 1-7
Topic: WHO ICF: A Framework for Health and Participation

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