Occupational Therapy for Physical Dysfunction 8th edition Dirette Test Bank

SKU: 9781975110550-TEST-BANK

Test Bank, Chapter 2, Occupation: Philosophy and Concepts

1. Which of the following statements pertains to habits?
A) Habits are ingrained and cannot be changed.
B) Habits are no longer helpful to patients with brain damage.
C) Habits are unaffected by environment.
D) Habits promote occupational performance.

Answer: D

2. Which of the following is descriptive of ideal occupational balance?
A) The therapist prescribes a patient's day be divided into 8 hours sleep, 8 hours work, and 8 hours of care of self & others and recreation.
B) A teenage girl spends 6 hours in school, 2 hours on homework, 2 hours on Facebook, and 4 hours reading before bedtime.
C) A computer programmer alternates between computing, studying printed code, and volley ball in the company's gym during his 10-hour work day.
D) An accountant works 18 hours per day during tax time but "veges out" at his vacation home in the mountains in August.

Answer: C

3. What is the just-right challenge applied to occupation?
A) The demands of the occupation are the same as the person's skills.
B) The person likes the occupation chosen as therapy.
C) The person's skills are not quite what the occupation demands.
D) The challenge prevents the person's performance of the occupation.

Answer: C

4. Which statement regarding the evidence for effectiveness of occupation as therapy is true?
A) Evidence is strong that occupation restores self-esteem and self-efficacy.
B) Evidence is strong that occupation-as-means remediates impairments.
C) Evidence is strong that occupation-as-end restores BADL.
D) Evidence is strong for occupation-as-end to improve IADLs and leisure activities.

Answer: C

5. Which of the following is true? Meaningfulness as a therapeutic mechanism:
A) promotes participation.
B) has no effect on the central nervous system.
C) organizes patient responses.
D) depends on therapist's instruction or context.

Answer: A

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6. Which of the following pertains to occupation-as-end?
A) Involves activities to change impaired abilities.
B) Promotes balance of life occupations.
C) Teaches activities of daily living.
D) Task-specific training.

Answer: D

7. The definition of occupation in this textbook is limited to which of the following?
A) Work
B) ADL
C) Purposeful activity
D) All activities a person does

Answer: D

8. Purposefulness as a therapeutic mechanism is generated by all of the following EXCEPT which one?
A) Patient's goal
B) Weather conditions impacting occupational participation
C) Objects or implements available to do the activity.
D) Therapist's instructions.

Answer: B

9. Purposeful activity is defined as which of the following?
A) The same as occupation
B) Meaningful to the person's definition of self
C) Used to remediate impairments
D) Used to restore role performance

Answer: C

10. Which of the following statements is true? In a person's life, occupational engagement:
A) is always therapeutic.
B) can improve abilities and capacities.
C) constitutes busywork.
D) is unrelated to self-esteem.

Answer: B

11. Occupation-as-means involves which of the following?
A) Adaptation of method
B) Task-specific training
C) Appropriate feedback and practice schedules
D) Teaching activities of daily living

Answer: D

12. Every occupational therapist has the skill to do all of the following EXCEPT for which one?
A) Perform any task a patient may need to relearn
B) Interpret radiological images in the patient's chart
C) Address the acute psychiatric needs of a patient
D) Analyze the person, the activity, and/or the environment

Answer: B