Community and Public Health Nursing Evidence for Practice 3rd edition Demarco Test Bank

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1. A nurse is striving to practice client-centered care at a hospital. Which action **best** exemplifies providing client-centered care?
   A) Having a client complete a self-reported functional status indicator and then reviewing it with the client
   B) Explaining to a client the benefits of computer-assisted robotic surgical techniques, which the hospital recently implemented
   C) Recording a client's signs and symptoms in an electronic health record
   D) Performing continuous glucose monitoring of a client while the client is in the hospital

2. A nurse is caring for an older client who is struggling to manage her type 2 diabetes mellitus. Which social determinant would the nurse predict are **most** likely influencing this client's choices? (Select all that apply.)
   A) Household income of $23,000 per year
   B) Reading level of a third grader
   C) Medication ineffective due to error in prescription
   D) Originally from Sudan
   E) No family in the area

3. A nurse successfully persuades an obese client to perform a weekly weigh-in at home using a digital scale and record the weight in a log. Which strategy is the nurse implementing in this case?
   A) Telehealth
   B) Health information technology
   C) Personal responsibility for health
   D) Evidence-based nursing

4. A nurse performs a variety of tasks as part of the nurse's position at a hospital. Which task **best** exemplifies public health?
   A) Reading current nursing journals and integrating the latest research into daily practice
   B) Instructing a client on how to best care for a suture site at home
   C) Participating in a videoconference call with a client who lives in a remote area
   D) Facilitating a community-wide smoking cessation program 1 month out of the year

5. Public health nursing is distinguished from other specialties by adherence to eight principles. Which principle will a public health nurse prioritize when providing care?
   A) Will see the population as the “client”
   B) Will focus on research to improve health
   C) Will develop independent agencies to provide care to the community
   D) Will focus on secondary prevention to improve the health of the community

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6. Public health nursing is distinguished from other specialties by adherence to eight principles. Which principle will a public health nurse **prioritize** in the community?
   A) Focuses policies on the individual's healthcare
   B) Ensures the community has an independent agency to provide care
   C) Focuses efforts on primary prevention of illness in the community
   D) Presents the client with a nursing care plan to follow after completing an assessment

7. A high school graduate is interested in pursuing public health nursing after shadowing the local public health nurse in the community. Which principles will this student be introduced to in preparing for this career path? (Select all that apply.)
   A) Assessing the clients based on intuition
   B) Using competent organizational skills
   C) Actively reaching out to all who will benefit the most from a specific service
   D) Developing cultural competence skills
   E) Developing appropriate marketing skills

8. A group of student nurses are preparing a poster that will depict the responsibilities of nurses in the late 1800s. Which duties should the students include in the section illustrating some of the duties of nurses in England?
   A) Use epidemiologic knowledge and methods
   B) Encourage community organization
   C) Report facts to and ask questions of physicians
   D) Assist physicians with surgery in the newly constructed hospitals

9. The public health nurse is preparing to lead a discussion at the local library centering on improving health in the local community. Which goal from the *Healthy People 2020* should the nurse **prioritize**?
   A) Decrease the incidence of preventable disease, disability, injury, and premature death
   B) Reduce health inequity, decrease disparities, and improve the health of certain groups
   C) Create social and physical environments that promote good health for all
   D) Promote healthy development and healthy behaviors for the geriatric stage of life

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10. A nurse is coordinating a plan to bring vaccinations in a cost-effective way to a rural community that currently lacks access to them. Which type of intervention is the nurse implementing in this community?
    A) Surveillance
    B) Outreach
    C) Screening
    D) Case management

11. The nurse is locating populations in her region who are exposed to lead-based paint and providing them with information regarding the dangers of lead poisoning. Which intervention is this nurse **prioritizing** in this outreach?
    A) Surveillance
    B) Outreach
    C) Screening
    D) Case management

12. A public health nurse is preparing a poster to share at Career Day at the local high school to encourage students to consider entering the public health field. Which 20th century achievements should this nurse point out as significant on this poster? (Select all that apply.)
    A) Elimination of common infectious diseases
    B) Recognition of tobacco as a health hazard
    C) Fluoridation of drinking water
    D) Healthier mothers and babies
    E) Decline in the percentage of obese and overweight people

13. Demographic characteristics indicate that people in developed countries are living longer, healthier lives, yet tremendous health and social disparities exist. Which factor **best** represents these social determinants of health?
    A) What society does collectively to ensure the conditions exist in which people can be healthy
    B) Social conditions in which people live and work
    C) Context of preventing disease and disability and promoting and protecting the health of the entire community
    D) Comprehensive management of health information and its secure exchange between consumers, providers, government and quality entities, and insurers

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14. A nurse works at a large university medical center but spends most of the time providing care for individuals via monitoring devices. How should the nurse explain the increased use of home monitoring devices when questioned by family members? (Select all that apply.)
    A) Rising number of people with acute conditions
    B) Increased need to deliver healthcare to medically underserved populations
    C) Advances in technology to assess clients' conditions in their home
    D) Performing assessments in real time using internet video systems
    E) Decline in the number of older adults

15. Personal responsibility for health involves active participation in one's own health through education and lifestyle changes. Which exemplify personal responsibility? (Select all that apply.)
    A) Reviewing one's own medical records
    B) Monitoring the positive and negative effects of prescription and over-the-counter medications
    C) Avoiding tobacco and recreational drug use
    D) Showing up for scheduled tests and procedures
    E) Eating the types of foods one most enjoys

16. A nurse who has been providing care to the local community for many years has noted an increase in the number of acute and chronically ill people in the community who require professional nursing care. Which is one factor that the nurse can point out as having greatly contributed to the increase in this situation?
    A) Shorter length of stay in long-term care facilities
    B) Increase in ambulatory surgery
    C) Decrease in the use of outpatient clinics
    D) Increase in length of stay in emergency departments

17. A group of nursing students are exploring the various options available for specialized training and are considering public health nursing. Which organization should these students research online to discover the essentials of public health nursing and the activities and accountabilities that are characteristics of practice at all levels and settings?
    A) Association of Community Health Nurse Educators (ACHNE)
    B) American Nurses Association (ANA)
    C) American Public Health Association (APHA)
    D) Association of State and Territorial Directors of Nursing (ASTDN)

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18. A high school graduate has decided to pursue a career in public health nursing. Which represents the minimum educational credential that this student will need to obtain entry into public health nursing practice?
    A) Associate's
    B) Baccalaureate
    C) Master's
    D) Doctorate

19. A team of nursing students are to present an oral report that will outline the various accomplishments of individuals throughout the history of nursing. Which individual pointed out that much of the ill health and disability in American cities in 1850 could be traced to unsanitary conditions?
    A) Clara Barton
    B) Dorothea Dix
    C) Lemuel Shattuck
    D) Lillian Wald

20. During the Civil War, a nurse made history by distributing supplies to wounded soldiers and caring for the casualties with the help of a team of nurses. Which individual accomplished this and, in the process, changed the course of nursing practice?
    A) Clara Barton
    B) Dorothea Dix
    C) Lemuel Shattuck
    D) Lillian Wald

21. In the United States, the state and federal government are actively involved in assisting with healthcare. Which actions are considered core functions of the government which address the health of its citizens? (Select all that apply.)
    A) Providing healthcare directly to its citizens
    B) Assessing healthcare problems
    C) Developing healthcare policy that provides access to services
    D) Building state-of-the-art hospitals
    E) Ensuring delivery of healthcare services and achievement of desired outcomes

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Answer Key

1. A
2. A, B, D, E
3. C
4. D
5. A
6. C
7. C, D
8. C
9. C
10. D
11. B
12. B, C, D
13. B
14. B, C, D
15. A, B, C, D
16. B
17. B
18. B
19. C
20. A
21. B, C, E

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