Lippincott Textbook for Nursing Assistants 6th edition Carter Test Bank

SKU: 9781975198909-TEST-BANK

Test Generator Questions, Chapter 1, The HeaHlth Care System

1. A group of nursing assistant students are contrasting the various names of medical professionals over the years. The group discovered that a "family doctor" of their grandparent's generation will most likely now be referred to as which name?
    A. An in-house health care provider
    B. A general practitioner
    C. A community practitioner
    D. A general consultant

Answer: B

Rationale: The term “family doctor” has been largely replaced by “general practitioner” or “family physician.” The other terms are not used to describe a physician.
Format: Multiple Choice
Objective: 1
Chapter 1: The Health Care System
Page and Header: 3, Health Care Delivery, Past and Present

2. The nursing assistant has learned that health care should focus on the entire individual and not just the person's physical condition or disease. Which approach is the nursing assistant prioritizing when providing care?
    A. holistic
    B. comprehensive
    C. focused
    D. general

Answer: A

Rationale: A holistic, humanistic approach focuses on the care of the whole person, physical and emotional. The best aspects of the care provided by the old-fashioned "family doctor" (i.e., the doctor's familiarity with the person as an individual) are combined with modern-day availability of specialized care when needed. Holistic care could be comprehensive, but that term is not used to describe this concept. Focused care usually occurs in the acute care setting or hospital where the staff is prioritizing treatment to help the individual recover from a specific disease or condition. General is not a common term used to describe an approach of health care.
Format: Multiple Choice
Objective: 1
Chapter 1: The Health Care System
Page and Header: 4, Health Care Delivery, Past and Present

3. The nursing assistant is researching options for employment. Which of the following health care organizations is a possible option for this nursing assistant? Select all that apply.
    A. Drop-in center
    B. Homeless shelter
    C. Community center
    D. Assisted-living facility
    E. Long-term care facility

Answer: D, E

Rationale: An assisted-living facility is a type of long-term care facility in which individuals can provide most of their own care, but may need help with medications, transportation, meals, or housekeeping. A long-term care facility is a nursing home which provides care for individuals who can no longer care for themselves. Both an assisted-living facility and a long-term care facility would be employment options for a nursing assistant. A nursing assistant would likely not

find work at the other establishments. A drop-in center provides recreational, educational, or counseling services to a particular group. A homeless shelter provides temporary housing for individuals without places to live. A community center is usually a building or group of buildings which provide a location for a community's educational and recreational activities.
Format: Multiple Select
Objective: 2
Chapter 1: The Health Care System
Page and Header: 6, Types of Health Care Organizations

4. The health care provider has informed the family of a client that there is nothing more that can be done and recommends transferring care to a different health care organization. The nursing assistant recognizes which organization will best suit this situation?
    A. Hospice
    B. Nursing home
    C. Subacute care unit
    D. Assisted-living facility

Answer: A

Rationale: Hospice care focuses on relieving pain and providing emotional and spiritual support for the dying person and their family; therefore, hospice is the organization that would best suit this situation. An assisted-living facility provides care for individuals who can manage most of their daily activities but may require assistance with medications, transportation, housekeeping, or meals. A nursing home provides long-term care for people who are unable to care for themselves at home. A subacute care unit may still require certain treatment, but the focus is on rehabilitation before relocating the individual home or to a long-term care facility.
Format: Multiple Choice
Objective: 2
Chapter 1: The Health Care System

Page and Header: 7, Hospice Organizations

5. Several nursing assistant students have completed a presentation depicting the various aspects of a health care organization. The instructor determines they have successfully presented the information after they explain which duties of the board of trustees? Select all that apply.
    A. Setting policies to ensure that the organization provides safe and quality care
    B. Conducting research to determine the most effective treatments for clients
    C. Providing services during emergency operations
    D. Passing laws that address health care at a state level
    E. Ensuring the organization meets needs of the community

Answer: A, E

Rationale: The board sets policies to ensure that the care offered by the organization is safe and of good quality. The board also makes sure that the organization meets the needs of the community. The board then develops a plan to get funding to make necessary improvements to the organization, and to find qualified people to staff it. Research is usually conducted by universities, hospitals, or other organizations that specialize in that activity. Emergency services are provided by organizations that specialize in emergency and/or trauma care, such as fire departments, paramedics, government agencies such as the Federal Emergency Management Agency (FEMA), and nonprofit organizations, such as the Red Cross. State legislators are responsible for passing laws that address health care at a state level.
Format: Multiple Select
Objective: 3
Chapter 1: The Health Care System
Page and Header: 7, Structure of Health Care Organizations

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6. A nursing assistant student on clinical notes one of the RNs has "DON" on their nametag. When questioned by the instructor, the student correctly explains the "DON" represents what?
    A. Director of Nursing
    B. Division of Nursing
    C. Doctor of Nursing
    D. Directory of Nursing

Answer: A

Rationale: DON stands for a Director of Nursing, the head of nursing services of an organization. Division of Nursing could be the name of the department of nursing, and a Directory of Nursing could be a list of all the nurses who are employed with a certain organization, but these would not be designations for a person. There is no specific title of "Doctor of Nursing", but there is the title of "Doctor of Nursing Practice" (DNP) which the nursing assistant may see.
Format: Multiple Choice
Objective: 3
Chapter 1: The Health Care System
Page and Header: 7, Structure of Health Care Organizations

7. A nursing assistant student is preparing a poster illustrating the Omnibus Budget Reconciliation Act (OBRA) of 1987. Which goal of OBRA should the student prioritize in the presentation when explaining the passage of this act?
    A. Improve conditions for people in long-term care facilities.
    B. Provide convenient transport services for clients or residents.
    C. Ensure that the hospital's budget did not exceed a decided amount.
    D. Reconcile differences between the clients or residents of an organization and the management.

Answer: A

Rationale: OBRA was necessary because the quality of care provided in many long-term care facilities was inadequate; improving conditions was a major goal of OBRA. Local community or health care facilities, such as an assisted-living center or skilled nursing facility, may provide transport services. The board of directors is responsible for monitoring a hospital's budget. Reconciling differences between clients or residents and management would be handled by a legal department.
Format: Multiple Choice
Objective: 4
Chapter 1: The Health Care System
Page and Header: 8, Ensuring Quality Health Care

8. The nursing assistant student is investigating the various organizations in the community which might provide future employment. The student anticipates the organization will be in compliance with Occupational Safety and Health Administration (OSHA) standards which provide protection for which group?
    A. Clients and residents, from unqualified health care professionals
    B. Health care professionals, from on-the-job injuries
    C. Family members of clients and residents, from contagious diseases
    D. Equipment in the facility, from unsafe or inefficient usage

Answer: B

Rationale: The Occupational Safety and Health Administration (OSHA) outlines safety and health standards for those in the workplace in order to prevent injury; this includes setting standards to protect the employees from unsafe equipment, requiring certain standards and proper usage. The Omnibus Budget Reconciliation Act sets the standards for educational and skill requirements for health care professionals in order to protect clients and residents. The Center for Disease Control and Prevention (CDC) is responsible for setting the standards required to protect everyone from contagious diseases.
Format: Multiple Choice
Objective: 4

Chapter 1: The Health Care System
Page and Header: 11, Protecting Health Care Workers

9. Though the health care team works hard to achieve many goals while providing quality care, which goal should the team prioritize most?
    A. Provide competent, holistic care.
    B. Focus on the safety needs of the medical staff.
    C. Use the facility's resources efficiently.
    D. Maintain a strong nursing presence.

Answer: A

Rationale: The client or resident is always the primary focus of the health care team's efforts. The goal is holistic care provided competently by all members of the team. The other choices are secondary goals, which will help ensure the primary goal is met.
Format: Multiple Choice
Objective: 1
Chapter 1: The Health Care System
Page and Header: 7, Structure of Health Care Organizations

10. The nursing assistant works hard to complete many duties in caring for clients. Which skill should the nursing assistant prioritize to assist in the reimbursement process?
    A. Receiving payments from the person
    B. Documenting the care provided to the person
    C. Assessing the person's medical condition
    D. Authorizing treatments before they are carried out

Answer: B

Rationale: In many instances, care that is provided for people must be documented in a detailed, specified way for reimbursement to be made. The other choices are beyond the scope of practice for a nursing assistant.
Format: Multiple Choice
Objective: 6
Chapter 1: The Health Care System
Page and Header: 11, Medicare

11. The nursing assistant is responsible for obtaining some of the data collected for the Minimum Data Set (MDS). Which information will the nursing assistant collect?
    A. The individual's past medical history
    B. The resident's food and water restrictions
    C. Cost of prescribed monthly medications
    D. Resident's daily weight measurement
    E. Level of assistance needed for ADLs

Answer: D, E

Rationale: The MDS report for each resident in a long-term care facility is required for Medicare reimbursements. Information, such as the person's weight, bowel and bladder habits, and level of assistance, is recorded regularly as part of the MDS report. Obtaining the individual's past medical history and food restrictions are beyond the scope of practice of the nursing assistant and would be completed by the RN or LPN. The cost of prescribed medication would not be collected.
Format: Multiple Select
Objective: 5
Chapter 1: The Health Care System
Page and Header: 11, Medicare

12. The nursing assistant instructor has completed a class exploring the humanistic approach to health care. The instructor determines the class is successful when the students correctly choose which characteristic as most important?
    A. The client's physical needs are prioritized over spiritual needs.
    B. The individuality of the client is recognized and prioritized.
    C. The client is encouraged to be as independent as possible.
    D. Cooperation between the members of the health care team is prioritized.

Answer: B

Rationale: A humanistic approach to care focuses on the uniqueness and individuality of the person who is receiving care. This includes the individual's emotional, social, spiritual, and physical needs. It does not rely on the client being independent. Cooperation is also important but is not the main focus.
Format: Multiple Choice
Objective: 1
Chapter 1: The Health Care System
Page and Header: 4, Focus on Humanistic Health Care

13. The nursing assistant is excited to start a career at an assisted-living facility. The nursing assistant is prepared to care for individuals who meet which criteria?
    A. Are experiencing the later stages of an acute illness
    B. Are recipients of Medicare and Medicaid
    C. Have social needs but not significant medical problems
    D. Are able to provide most of their care independently

Answer: D

Rationale: People who live in assisted-living facilities often need assistance with some daily tasks (such as housekeeping, transportation, medication, and meals) but are independent enough to care for themselves most of the time. Subacute care

units are designed for individuals who are in the later stages of an acute illness. Recipients of Medicare and Medicaid may be at any of the facilities depending on their current health status. Individuals with social needs but no significant medical problems are not a focus of assisted-living facilities.
Format: Multiple Choice
Objective: 2
Chapter 1: The Health Care System
Page and Header: 6, Assisted-Living Facilities

14. The nursing assistant provides care to individuals who are unable to care for themselves at home but don't need an acute care setting. This nursing assistant most likely cares for individuals at which facility?
    A. Hospital
    B. Assisted-living
    C. Long-term care
    D. Hospice

Answer: C

Rationale: Long-term care facilities are designed for people who are unable to provide their own care independently but whose medical condition does not require admission to an acute care facility. Hospitals provide care to individuals who have an acute medical issue. An assisted-living facility is available for individuals who are able to care for most of their basic needs but may require some assistance for activities such as transportation, housekeeping, medications, and meals. A hospice provides services for individuals who have a terminal illness and are given 3 to 6 months to live; this care may be provided in the home, hospital, assisted-living facility or a long-term care facility.
Format: Multiple Choice
Objective: 2
Chapter 1: The Health Care System
Page and Header: 5, Long-Term Care Facilities (Nursing Homes)

15. The nursing assistant is considering employment at a local long-term care facility. Which standards should the nursing assistant ensure the facility is following to provide adequate care for the residents?
    A. The Joint Commission
    B. The Occupational Safety and Health Administration (OSHA)
    C. The Omnibus Budget Reconciliation Act (OBRA)
    D. A board of trustees

Answer: A

Rationale: The Joint Commission is an independent, nonprofit organization that sets standards for all types of health care organizations and accredits organizations that successfully meet these standards. OSHA is responsible for setting the standards to ensure safety of all employees. OBRA is a law ensuring quality of life for individuals in a long-term care facility. A board of trustees is responsible for how that organization runs and is maintained.
Format: Multiple Choice
Objective: 4
Chapter 1: The Health Care System
Page and Header: 8, Ensuring Quality Health Care

16. The facility where a nursing assistant provides care will soon begin an accreditation inspection by the Joint Commission. What is the primary goal of this process?
    A. To identify possible cost savings
    B. To improve public relations
    C. To study the facility's standards of care
    D. To identify staff strengths and weaknesses

Answer: C

Rationale: Successful inspection by the Joint Commission can result in a health care facility being accredited. Accreditation is an acknowledgement that the facility meets recognized standards of care. The other choices are some of the responsibilities of the board of directors of the organization which runs the facility.
Format: Multiple Choice
Objective: 4
Chapter 1: The Health Care System
Page and Header: 7, 8, Ensuring Quality Health Care

17. Two nursing assistants discuss that a resident's spouse of several decades has recently been diagnosed with cancer. What is the best reason for this discussion to be held in a private area?
    A. Protect the resident's confidentiality
    B. Allow for clearer, undisturbed communication
    C. Promote holistic care
    D. Allow more members of the care team to participate in discussion

Answer: A

Rationale: When discussing a resident's care or personal circumstances, it is necessary to take measures to protect confidentiality. The other choices are secondary reasons.
Format: Multiple Choice
Objective: 1
Chapter 1: The Health Care System
Page and Header: 10, Guidelines Box 1-1 Guidelines for Excelling at Your Job and Helping Your Facility Do Well During a Survey

18. The family of a new resident is questioning eligibility for Medicaid assistance. Which factor would the nursing assistant point out is most important to determine the eligibility?
    A. Age

B. Medical condition
C. Work history
D. Income

Answer: D

Rationale: The primary purpose of Medicaid is to allow individuals with low incomes to pay for medical care. Advanced age and disability may also qualify a person for Medicaid, but the most important factor is income level. Work history is not a deciding factor.
Format: Multiple Choice
Objective: 6
Chapter 1: The Health Care System
Page and Header: 13, Medicaid

19. The nursing assistant is providing care for a new resident. Which question should the nursing assistant prioritize when completing the Minimum Data Set (MDS)?
    A. "Are you able to get from your bed to the washroom on your own?"
    B. "When did you last see your health care provider about your blood pressure?"
    C. "What kinds of activities do you do to help yourself relax?"
    D. "Do you have any food or environmental allergies?"

Answer: A

Rationale: The MDS focuses on the degree of assistance or skilled care that an individual requires. Therefore, the question the nursing assistant should prioritize is whether the resident can get to the washroom without assistance. Specific questions about a resident's medical status, activities, and allergies are beyond the scope of the MDS.
Format: Multiple Choice

Objective: 5
Chapter 1: The Health Care System
Page and Header: 13, Medicare

20.A group of nursing assistant students are researching government agencies. Which agency will the students point out is primarily responsible for overseeing the health of Americans?

A. Centers for Disease Control (CDC)
B. Occupational Safety and Health Administration (OSHA)
C. United States Department of Health and Human Services (DHHS)
D. Centers for Medicare and Medicaid Services (CMS)

Answer: C

Rationale: The DHHS is primarily responsible for protecting and maintaining the nation's health. Other agencies and organizations exist under this umbrella organization, such as the CDC and CMS. OSHA is under the Department of Labor.
Format: Multiple Choice
Objective: 4
Chapter 1: The Health Care System
Page and Header: 7, 8, Ensuring Quality Health Care

21.The nursing assistant is assisting with the preparations to transfer a client to hospice. The individual in which situation is most likely being transferred?

A. Has no living family members
B. Has numerous chronic diseases and a low income
C. Is in the late stages of lung cancer
D. Has become unable to wash or dress themselves independently

Answer: C

Rationale: Hospice organizations provide care to dying individuals and their families, such as the individual in the late stages of lung cancer. The other individuals would be appropriate candidates for a long-term care facility.
Format: Multiple Choice
Objective: 2
Chapter 1: The Health Care System
Page and Header: 7, Hospice Organizations

22. The nursing assistant instructor is monitoring a student on clinicals. The instructor determines the student is developing good humanistic care skills by asking which question?
    A. "Are you still able to climb stairs on your own?"
    B. "How do your current health challenges make you feel?"
    C. "How many medications are you currently taking?"
    D. "Are your children able to help with your care?"

Answer: B

Rationale: Humanistic care involves a focus on the individual's thoughts, feelings, and uniqueness. Practical questions about medical care and function are not major focuses of the humanistic approach.
Format: Multiple Choice
Objective: 1
Chapter 1: The Health Care System
Page and Header: 4, Focus on Humanistic Health Care

23. A nursing assistant has applied for a job at a long-term care facility and the manager is checking to make sure the level of training is sufficient. Why will the manager prioritize this action?
    A. The facility's upcoming accreditation process requires it.
    B. Medicaid requires it.

C. The standards set by the Centers for Disease Control and Prevention (CDC) require it.
D. The Omnibus Budget Reconciliation Act (OBRA) requires it.

Answer: D

Rationale: OBRA sets out minimum training requirements for nursing assistants in long-term care facilities. Medicaid, the CDC, and The Joint Commission do not set these requirements, but cover other areas such as finances and appropriate care.
Format: Multiple Choice
Objective: 4
Chapter 1: The Health Care System
Page and Header: 7, Ensuring Quality Health Care

24. During a survey, a site inspector has asked the nursing assistant a question to which the nursing assistant does not know the answer. What action should the nursing assistant prioritize?
    A. Obtain the inspector's contact information for future follow-up.
    B. Answer the question to the best of their ability.
    C. Admit clearly that they do not know the answer.
    D. Ask the inspector to speak with a nursing supervisor.

Answer: C

Rationale: If you do not know the answer to a survey inspector's question, say that you do not know the answer. This communicates honesty. It is not necessary to obtain contact information and provide an answer at a later time. It is better to say you don't know than to guess and give the wrong answer. There is no need to refer the inspector to a supervisor, but it is okay to ask a supervisor later for the answer.
Format: Multiple Choice
Objective: 5
Chapter 1: The Health Care System

Page and Header: 10, Guidelines Box 1-1 Guidelines for Excelling at Your Job and Helping Your Facility Do Well During a Survey

25. The nursing assistant notes a client is a member of a preferred provider organization (PPO). The nursing assistant will interpret this to indicate which factor about this individual?
    A. Will receive care only from certain health care providers.
    B. Qualifies for Medicare or Medicaid.
    C. Has a much lower than average income.
    D. Can only be treated in their local community.

Answer: A

Rationale: In a PPO, health care providers contract with an insurance company to accept a standard payment as total payment for services rendered and form a network for clients to choose from. In return, the insured person usually receives that care at a reduced cost. If the person goes out-of-network, they will be required to pay the full amount charged by the health care provider. These providers may be outside the client's community. Income and enrollment in government programs are not relevant.
Format: Multiple Choice
Objective: 3
Chapter 1: The Health Care System
Page and Header: 11, Private and Group Insurance