Craven & Hirnle's Fundamentals of Nursing 1st edition Henshaw Test Bank

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Test Generator Questions, Chapter 01: The Profession of Nursing

1. A nurse in a high-acuity medical unit is caring for a client with complex health needs and multiple comorbidities. To create an appropriate care plan for this client, the nurse should consult which resource?
A. clinical nurse specialist
B. nurse informaticist
C. nurse researcher
D. nurse administrator

Answer: A

Rationale: A clinical nurse specialist has advanced experience and expertise in a specialized area of practice such as gerontology, pediatrics, critical care, or pulmonary disease. As such, a clinical nurse specialist can help organize appropriate care for a client with complex health needs. Nurse informaticists specialize in the application of information technology in care settings. A nurse researcher contributes to the knowledge base of nursing but may lack the clinical expertise to meet this client's complex needs. A nurse administrator is skilled in organizing and managing departmental operations.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 8-9

2. A nurse has received a referral to provide care for a client who lives 2 hours away from the nearest health care facility. This client will require extensive health education from the nurse. To meet this client's needs, what action should the nurse take?
A. Explore and organize telehealth options for the client.
B. Liaise with a clinical nurse specialist to organize care.
C. Arrange for subsidized transportation so the client can attend appointments.
D. Cluster the client's education into a small number of lengthy teaching sessions.

Answer: A

Rationale: Telehealth provides a convenient and effective solution for clients who may be unable or unwilling to attend in-person care, specifically for nursing actions that do not require physical proximity. A clinical nurse specialist can help inform complex care but is less likely to be able to present solutions posed by logistics. Subsidized transportation is not available for most clients, and geographic distance alone is unlikely to qualify a client. Clustering education may appear efficient, but retention is likely to suffer.

Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Communication and Documentation
Reference: p. 16-18

3. A client has been diagnosed with lung cancer after experiencing several episodes of hemoptysis. To adopt a functional approach to the client's care, the nurse will perform what action?
A. Identify and address the ways that the client is being affected by the diagnosis.
B. Delegate creation of the nursing care plan to a clinical nurse specialist.
C. Explore options for the client to receive care in the home setting.
D. Prioritize psychosocial interventions over physiologic interventions.

Answer: A

Rationale: In addition to using specific nursing theories, another way to organize nursing information in a holistic way is to use a functional approach. Rather than focusing on a client's medical diagnosis, the nurse may focus on how the client responds to that diagnosis. This cannot necessarily be achieved by delegating to a clinical nurse specialist or providing care in the home. Psychosocial interventions are important, but may not be appropriate to prioritize over physiologic interventions in all cases.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Physiological Integrity: Basic Care and Comfort
Integrated Process: Nursing Process
Reference: p. 15-16

4. The postpartum nurse is caring for a client who is experiencing challenges initiating breastfeeding. The client will soon be discharged and has not yet been seen by the lactation consultant. The nurse reaches out directly to the lactation consultant to facilitate a prompt referral. The nurse is acting in which role?
A. client advocate
B. caregiver
C. decision-maker
D. educator

Answer: A

Rationale: Nurses act as client advocates in many situations, including communicating the needs and concerns of clients and ensuring that clients receive the care they need. Reaching out directly to a lactation consultant does not involve making a decision on the client's behalf or providing direct care. Education focuses on the provision of information, not intervention.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Safe, Effective Care Environment: Management of Care

Integrated Process: Caring
Reference: p. 11-12

5. The nurse is caring for a client who has been receiving treatment for burns. The client is scheduled for discharge later this afternoon. The nurse has arranged to provide wound care and apply new dressings as close to discharge time as possible. The nurse is acting in which nursing role?
A. manager and coordinator
B. communicator
C. client advocate
D. clinical nurse specialist (CNS)

Answer: A

Rationale: The nurse is managing and coordinating care for the client by being strategic about when care is implemented. Although advocacy and communication may be involved in this scenario's action, the essence of the action is managing and coordinating time and tasks to benefit the client. A clinical nurse specialist is an advanced-practice role focused on specialty care, not one of the core roles of nurses.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 11-12

6. A client experienced a stroke several weeks ago and is currently participating in rehabilitation. The nurse can enact Henderson's theory of nursing by performing which action?
A. promoting the client's independence in as many aspects of care as possible
B. engaging the family and client support network in decisions related to care
C. acknowledging that the client's physiologic needs are a priority over psychosocial needs at this time
D. providing education even when the client does not explicitly request information

Answer: A

Rationale: The main purpose of Henderson's theory is to assist the client in gaining independence as rapidly as possible. None of the other listed actions—engaging the family, prioritizing physiologic over psychosocial needs, providing education—are contrary to Henderson's theory, but they do not exemplify the **core purpose** of the theory.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Physiological Integrity: Basic Care and Comfort
Integrated Process: Nursing Process
Reference: p. 13

7. The nurse is caring for a client who has been quarantined at home for 2 weeks. The nurse has identified interventions with the goal of promoting the client's self-care. What nursing theory is the nurse utilizing?
A. Orem's nursing theory
B. Benner's novice-to-expert model
C. Peplau's nursing theory
D. The Neuman systems model

Answer: A

Rationale: The major purpose of Orem's theory is to provide care and to assist the client to attain self-care. Benner's model addresses the nurse's own development. Peplau emphasized interpersonal relationships. Neuman focused on the concept of stress.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Physiological Integrity: Basic Care and Comfort
Integrated Process: Nursing Process
Reference: p. 13

8. A student nurse has begun the first semester of studies and expects to graduate in 4 years. Once graduated, the student would expect to witness what trend in nursing care?
A. increased use of community-based and outpatient care
B. convergence of the nursing role and the physician role
C. reduced expectations for a baccalaureate degree for entry to practice
D. use of the American Association of Colleges of Nursing core competencies to inform care

Answer: A

Rationale: Outpatient care and community-based care are increasingly common, and this trend is expected to continue. Although interprofessional dynamics always change, a convergence of the physician role and the nurse role is neither expected nor predicted. Questions around bachelor's degrees for entry into practice have existed for decades, and it is not predicted that the value of a baccalaureate degree will decrease. American Association of Colleges of Nursing core competencies are already prioritized, and this is expected to continue.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 15-16

9. A nursing student is learning about future trends in health, nursing, and medicine and is focusing on the role of technology in health care. This student should anticipate what phenomenon in the coming years for the nursing profession?
A. improved health outcomes but increased costs
B. decreased role for nurses and increased role for technicians

C. increased isolation of each health care profession from others
D. introduction of a single-payer, universal health care system

Answer: A

Rationale: Technological advances improve health outcomes. However, many technologies are associated with high costs that supersede any cost savings. Technology is not predicted to make the nursing role obsolete, nor is it predicted to isolate professions from each other. Although health care costs are expected to be a challenge well into the future, the development of a single-payer, universal health care system in the United States is not commonly predicted.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 16

10. The director of nursing (DON) of a hospital is seeking to hire a nurse with a strong technical background to care for clients on a subacute medicine unit. The DON is **most** likely going to hire a nurse prepared at which level?
A. associate degree
B. doctoral degree
C. master's degree
D. bachelor's degree

Answer: A

Rationale: Associate degree education prepares nurses to give care to clients in various settings, including hospitals, long-term care facilities, and home health care and other community settings. Graduates are technically skilled and well prepared to carry out nursing roles and functions. While many nurses enter the workforce with a bachelor's degree, associate degrees are still common, particularly in lower-acuity settings. Master's and doctoral prepared nurses possess higher degrees and expertise and are less likely to provide direct client care in a subacute setting.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 6-7

11. A student is choosing an educational path and desires a nursing degree with a track for community nursing and leadership and that allows for classes in liberal arts. The student would **best** be suited in which type of program?
A. baccalaureate program
B. licensed practical nursing program
C. certification in a nursing specialty
D. associate degree nursing

Answer: A

Rationale: In baccalaureate programs, the major in nursing is built on a general education base, with concentration on nursing at the upper level. Students acquire knowledge of theory and practice related to nursing and other disciplines, provide nursing care to individuals and groups, work with members of the health care team, use research to improve practice, and have a foundation for graduate study. It includes a focus on nursing leadership skills with additional requirements for clinical practice labs and clinical internships throughout its duration. Licensed practical nursing programs, certification in a nursing specialty, and associate degrees are shorter length programs whose curriculum is focused more on clinical nursing skills.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 6-7

12. A long-term care facility is seeking an advanced practice nurse to educate the staff about palliative care for the residents. The facility would benefit most by hiring which advanced practice nurse?
A. clinical nurse specialist
B. nurse researcher
C. nurse practitioner
D. nurse administrator

Answer: A

Rationale: The clinical nurse specialist and nurse practitioner are advance practice registered nurses. The clinical nurse specialist has advanced experience and expertise in a specialized area of practice such as gerontology and would be best suited to provide education on palliative care. Nurse practitioners typically provide direct care more often than leading and educating staff. The nurse researcher is responsible for the continued development and refinement of nursing knowledge and practice through the investigation of nursing problems. The nurse administrator is responsible for managing client care.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 8-9

13. A nurse in the community has been asked to join a nursing organization on the basis of exceptional leadership that the nurse provided during the COVID-19 pandemic. Which organization is has likely invited the nurse to join?
A. Sigma
B. American Nurses Association (ANA)
C. American Association of Colleges of Nursing (AACN)
D. National Council of State Boards of Nursing (NCSBN)

Answer: A

Rationale: Sigma, the nursing honor society, extends membership invitations to students who demonstrate excellence in scholarship and nurses in the community who demonstrate excellence in leadership. The American Nurses Association (ANA) is open to all licensed registered professional nurses. The American Association of Colleges of Nursing (AACN) sets standards and publishes essential components of baccalaureate, master's and doctoral education in nursing. The National Council of State Boards of Nursing (NCSBN) is responsible for NCLEX testing standards.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 10-11

14. The nurse is caring for a postoperative client, and administers a pain medication prescribed on a PRN basis by the health care provider. What describes the type of intervention the nurse is demonstrating?
A. collaborative intervention
B. dependent intervention
C. client advocacy intervention
D. nurse-prescribed intervention

Answer: A

Rationale: The administration of a PRN medication requires a health care provider-prescribed intervention (the medication prescription) as well as a nurse-prescribed intervention (determining when the prescription should be carried out and proper administration of the medication); therefore, this action would be considered a collaborative intervention. Nurse-initiated interventions, such as turning and repositioning a client, are described as nurse-prescribed interventions. Health care provider-directed actions are described as health care provider-prescribed interventions. Client advocacy refers to communicating the needs and protecting the needs of the client. Interventions are not normally categorized as independent or dependent.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 11-12

15. The nurse in a rehabilitative facility makes certain that the client is participating in group activities of interest. The nurse is ensuring which client need is met?
A. love and belonging
B. self-actualization
C. safety and security
D. self-esteem

Answer: A

Rationale: The nurse is responsible for making sure the needs of the client are met based on Maslow's hierarchy of needs. Attending a group activity helps meet the needs of love and belonging (the need to feel that one belongs and is loved to avoid loneliness and isolation). Self-actualization is the highest need and refers to realizing fully all of one's abilities and qualities. Safety and security refers to physical and psychological protection issues and is not suggested as an issue in this scenario. Self-esteem indicates a feeling of self-worth.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Psychosocial Integrity
Integrated Process: Nursing Process
Reference: p. 14

16. Nurses who enlist their services to the military are able to do so thanks to the work of which early organizer of health care?
A. Dorothea Dix
B. Linda Richards
C. Florence Nightingale
D. Theodor Fliedner

Answer: A

Rationale: Dorothea Dix, while not a nurse, established the Nurse Corps of the United States Army during the Civil War. Linda Richards was the first trained nurse to graduate from a nursing program. Theodor Fliedner opened the first hospital-based school of nursing, and Florence Nightingale was nursing's first professional leader.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 4-5

17. A prospective nursing student is seeking the opportunity to provide client care and to assist professional nurses with routine technical procedures. The prospective student needs to be employed in a full-time position quickly due to economic hardship. What type of nursing program would **best** suit this student?
A. licensed practical or vocational nursing program
B. associate of science registered nursing program
C. bachelor's of science in nursing program
D. diploma nursing program

Answer: A

Rationale: A licensed practical or vocational nursing program will allow the student to earn a technical certificate in 1 year and sit for the state board of nursing examination to be licensed as an LPN or LVN. This would allow employment that will allow the graduate to provide client care and to assist professional nurses with routine technical procedures as desired. An associate

program will take 2 years and a baccalaureate program will take 4 years; additionally these prepare new nurses to work in a more independent role than this person is seeking. There are very few diploma programs remaining in the United States, and these programs typically take 3 years to complete.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 6-7

18. A prospective nursing student has a bachelor of arts degree in psychology but wants to transition into a nursing career and aspires to transition into a master of science in nursing (MSN) program as soon as possible. What program should the student pursue?
A. graduate entry program
B. baccalaureate program
C. advanced degree program
D. continuing education program

Answer: A

Rationale: Students in a graduate entry program possess a baccalaureate degree in a field other than nursing. These students can track directly into a master's or doctorate in nursing program after successfully passing the NCLEX-RN. Baccalaureate programs are for those with none or lower level college background. Advanced degree programs provide a specific track to move from one degree within nursing to another. Continuing education allows those with an active license to earn professional continuing credit hours to maintain or advance their licensure or certification.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 6-7

19. The nurse is caring for a client who is on a ventilator. The nurse is bathing the client and telling the client what is going to happen next, using a soothing manner. The nurse is acting in which role(s)? Select all that apply.
A. caregiver
B. communicator
C. educator
D. decision-maker
E. client advocate

Answer: A, B, C

Rationale: The nurse is fulfilling the role of caregiver by providing the care and speaking to the client in a soothing manner. The nurse is also acting as a communicator by talking to the client, even if the client cannot respond. The nurse is also acting as an educator by informing the client of the care that will be

performed. The nurse is not assisting in making any decisions or speaking on behalf of the client.
Question format: Multiple Select
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Psychosocial Integrity
Integrated Process: Caring
Reference: p. 11-12

20. The nurse is caring a client with complex needs. In order to plan the client's care, the nurse has searched an online academic database and consulted journal articles that will inform the client's care and meet their unique needs. The nurse has demonstrated which competency(ies)? Select all that apply.
A. client-centered care
B. evidence-based practice
C. informatics
D. teamwork and collaboration
E. quality improvement
F. safety

Answer: A, B, C

Rationale: The nurse's use of electronic resources exemplifies informatics and the use of peer-reviewed articles is associated with evidence-based practice. The nurse's focus on the client's unique needs demonstrates client-centered care. While the nurse's actions are not contrary to any of the other competencies, there is no direct evidence of their application.
Question format: Multiple Select
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 12

21. The nurse is caring for a client with diabetes who acknowledges the need to gain better control of blood sugar levels. The nurse's subsequent actions with this client will be based on which nonnursing theory?
A. change theory
B. Maslow's hierarchy of human needs
C. Neuman's systems model
D. Watson's theory of caring

Answer: A

Rationale: The client has identified a need for change, which is the initial stage of the dominant theory of change (Lewin). Although not inconsistent with any of the other theories listed, this is a direct indication of the first stage of change theory.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Health Promotion and Maintenance

Integrated Process: Nursing Process
Reference: p. 15-16

22. The nurse is caring for a postoperative client. The health care provider has written a prescription for a pain medication, and the prescription gives a dosage range for the amount the nurse may give depending on the severity of the client's pain. The nurse has demonstrated which type of functioning within the health care team?
A. collaborative
B. authoritative
C. independent
D. assistive

Answer: A

Rationale: Nurses manage collaborative problems using both nurse- and health care provider-prescribed interventions to reduce the risk of complications. In this situation, the nurse is not operating authoritatively or independently, but within the parameters established by the health care provider. The nurse is not merely acting in an assistive capacity, as the nurse is performing interventions in the absence of the health care provider.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 11-12

23. The nurse receives an x-ray report confirming a leg fracture in a client who will soon be admitted to the unit. Which action should the nurse perform to fulfill the role of communicator?
A. Inform the appropriate health care team members.
B. Assess the family's need for support.
C. Assess the client's fracture and determine the client's pain level.
D. Seek input from colleagues about planning the client's care.

Answer: A

Rationale: Nurses are positioned to receive timely medical information on clients that other members of the health care team should receive expeditiously. Therefore, the nurse is acting in a role as communicator to assure that actions are taken in response to new medical information to provide quality care. Performing assessments and seeking advice are not direct demonstrations of the communication process.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Apply
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Communication and Documentation
Reference: p. 12

24. A nurse is caring for a client with multiple health needs and ensuring that the central concepts of nursing practice are reflected in care. What concepts should the nurse address? Select the **four (4)** central concepts.
A. person
B. environment
C. health
D. nursing
E. healing
F. wellness
G. ethics

Answer: A, B, C, D

Rationale: The four central concepts in nursing practice are referred to as the metaparadigm: person, environment, health, and nursing. Healing, ethics and wellness are not included among the four central concepts, though each is relevant to practice within one or more of the four central concepts.
Question format: Multiple Choice
Chapter 1: The Profession of Nursing
Cognitive Level: Understand
Client Needs: Safe, Effective Care Environment: Management of Care
Integrated Process: Nursing Process
Reference: p. 12-13