Timby's Fundamental Nursing Skills and Concepts 13th edition Moreno Test Bank

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Test Bank Questions, Chapter 1: Nursing Foundations

1. A client reports to the emergency department with ankle pain due to a minor accident. By asking the client to describe the accident, which type of nursing skill is the nurse using?
A. assessment skills
B. comforting skills
C. counseling skills
D. caring skills

2. One of the nursing achievements in the Crimean War was that the death rate of soldiers dropped from 60% to 1%. Why did the death rate fall?
A. increased motivation among the soldiers
B. decreased rate of infection and gangrene
C. increased funds courtesy of donations from families
D. college-based education and training of nurses

3. A nurse is conducting an interview with a 40-year-old client who has been admitted with chest pain. Which action by the nurse indicates active listening?
A. listening to the client silently
B. interrupting after each sentence
C. asking for clarifications and repetitions
D. talking about the nurse's own experience

4. A 50-year-old client reports to a primary care unit with an open wound due to a fall in the bathroom. Which nursing action represents caring skills?
A. The nurse cleans the wound and applies a dressing to it.
B. The nurse inspects and examines the wound for swelling.
C. The nurse tells the client to use caution while on slippery surfaces.
D. The nurse informs the client that the wound is small and will heal easily.

5. A nursing student has begun a clinical placement at a large hospital that serves a diverse population. The student, as a result of this experience, has acquired a new appreciation for the profession, knowing that nursing combines art with science. What is the clearest manifestation of the scientific basis for nursing?
A. mentoring students and junior nurses
B. providing evidence-based nursing care
C. maintaining an attitude of curiosity
D. participating in continuing educational activities

6. Beginning with Florence Nightingale, many definitions of nursing have been put forth by individual nurses and by nursing organizations. Which statement describes an aspect of the changes in these definitions over time?
A. drawing a clear distinction between the art of nursing and science of nursing
B. definitions of nursing that have become narrower in scope over time
C. characterization of nursing as a discipline that is a distinct alternative to medical treatment
D. definition of an independent health care practice that is not solely dependent on health care providers

7. A team of nurses who provide care in a community hospital have been encouraged to participate in continuing education activities. Why is continuing education needed in nursing?
A. Continuing education helps to delineate the distinctions between nurses and health care providers.
B. Continuing education increases the public visibility of individual nurses and the nursing profession.
C. Continuing education has the potential to partially alleviate the nursing shortage.
D. Continuing education allows for safer division of labor on hospital units and more effective delegation of tasks.

8. A nurse has completed a hospital-based educational program that has allowed the nurse to become cross-trained. A nurse who is cross-trained is able to:
A. perform certain non-nursing duties in addition to traditional nursing duties.
B. adopt a work schedule that deviates from the normal shift rotation at the hospital.
C. orient new graduates and nursing students to the hospital.
D. retire with full benefits at an earlier date than a nurse who is not cross-trained.

9. A medical-surgical unit manager intends to have licensed practical nurses (LPNs) in the unit administer intravenous push (IVP) medications. What source would the manager contact to determine if this procedure is included in the scope of practice for an LPN?
A. American Nurses Association (ANA)
B. state nurse practice act (NPA)
C. facility policies and procedures committee
D. National League for Nursing (NLN)

10. The nurse is caring for a client who cannot meet health needs independently. Which action made by the nurse depicts concern and attachment?
A. telling the client, "I will be back in 15 minutes to change your dressing."
B. asking the client, "How are you today? I am really worried about you."
C. talking about diabetes and teaching the client how to perform foot care
D. organizing the work for the day and evaluating how the day went

11. A middle-aged nurse is concerned about a potential shortage of nurses when the Baby Boomer generation retires. What proactive intervention can the nurse take to address this anticipated deficit of nurses?
A. Develop a community program related to healthy nutrition and exercise.
B. Recruit more nurses to the acute care facility.
C. Encourage parents to immunize their children.
D. Lobby to increase the retirement age.

12. The nurse is caring for a client at the end stage of life. The client is crying and states to the nurse, "I just cannot believe I am going to be leaving my children without a parent. I am not ready to go." Which response by the nurse demonstrates the expression of empathy to the client?
A. "This is so sad and I feel so bad that you are in this situation."
B. "It sounds as though you are most concerned about how your children will feel."
C. "I am so sorry that I am crying with you when you need my support the most."
D. "This is just not fair at all; I do not understand why this is happening to you."

13. The nurse is delegating tasks to the unlicensed assistive personnel (UAP) prior to beginning a shift on the acute care unit. Which task is appropriate to delegate to the UAP?
A. starting an IV for a client with dehydration
B. inserting a nasogastric tube for a client with a small-bowel obstruction
C. assisting an older adult client with using the bedside commode
D. performing an assessment on a newly admitted client

Test Bank Answer Key, Chapter 1: Nursing Foundations

1. **A**. By asking the client to describe the accident, the nurse is using assessment skills to collect more information about the client's condition. The nurse is interviewing the client to collect related data. The nurse is not using comforting skills, as the nurse is not providing any emotional support. The counseling skills of the nurse are also not used, as no health education is provided. Caring skills include assistance provided with the activities of daily living, which is not applicable in this scenario.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Health Promotion and Maintenance
Cognitive Level: Understand
Integrated Process: Nursing Process
Page and Header: 11, UNIQUE NURSING SKILLS

2. **B**. During the Crimean War, the death rate of British soldiers was 60%, which dropped to 1% due to the nursing care provided. The nurses improved the ventilation, nutritional, and sanitary conditions of the soldiers, leading to decreased rates of infection and gangrene. As a result, the death rate dropped. The families of soldiers donated funds *after* the war, not during the war, through which an organized education and training facility for nurses was started.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Safe, Effective Care Environment: Safety and Infection Control
Cognitive Level: Remember
Integrated Process: Nursing Process
Page and Header: 3, The Crimean War

3. **C**. Active listening is an important component of counseling skills. It encourages the client to open up and express their concerns. The nurse may ask the client to repeat and clarify statements. Interrupting after every sentence may annoy the client. When the nurse listens to the client silently, the client may feel that the nurse is not interested. On the other hand, if the nurse talks about their own experiences, the focus of the session shifts to the nurse rather than to the client.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Psychosocial Integrity

Cognitive Level: Understand
Integrated Process: Caring
Page and Header: 11, Counseling Skills

4. **A**. The nursing action of cleaning the wound and applying a dressing indicates caring skills. Caring skills involve nursing interventions that restore or maintain a person's health. The nurse implements assessment skills while inspecting and examining the wound. The nurse counsels the client to use caution when walking on slippery surfaces. By informing the client about the wound's condition, the nurse uses comforting skills.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Physiological Integrity: Physiological Adaptation
Cognitive Level: Understand
Integrated Process: Caring
Page and Header: 11, Caring Skills

5. **B**. By developing an accumulating body of unique scientific knowledge, it is now possible to predict which nursing interventions are most likely to produce desired outcomes, a process referred to as evidence-based practice (EBP). EBP is possible because of the scientific basis that underlies nursing. Mentoring, maintaining curiosity, and participating in continuing education are beneficial, but these are not direct manifestations of the scientific basis for nursing.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Safe, Effective Care Environment: Management of Care
Cognitive Level: Understand
Integrated Process: Teaching/Learning
Page and Header: 4, Combining Nursing Art with Science

6. **D**. The most recent definitions of nursing specify that nursing has an independent area of practice in addition to traditional dependent and interdependent functions involving health care providers. This does not mean, however, that nursing is an alternative to medical treatment. Definitions have become broader over time; these definitions address the fact that nursing combines art with science.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Safe, Effective Care Environment: Management of Care
Cognitive Level: Remember
Integrated Process: Teaching/Learning
Page and Header: 6, Defining Nursing

7. **C**. Health care officials hope that enrollment in all nursing programs and continuing education will reduce the current and projected critical shortage of nurses. Continuing education is not driven by a desire to increase the visibility of nursing, to draw distinctions between nursing and medicine, or to facilitate the division of labor.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Safe, Effective Care Environment: Management of Care
Cognitive Level: Remember
Integrated Process: Teaching/Learning
Page and Header: 9, Continuing Education

8. **A**. A nurse who is cross-trained is able to assume non-nursing jobs, depending on the census or levels of client acuity on any given day. This does not necessarily guarantee changes to work scheduling or earlier retirement. Cross-training does not address the orientation of new employees or students.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Safe, Effective Care Environment: Management of Care
Cognitive Level: Understand
Integrated Process: Teaching/Learning
Page and Header: 10, Proactive Strategies

9. **B**. Each state has its own state nurse practice act (NPA), which determines what the nurse is allowed to do in each particular state. These nurse practice acts providing boundaries and limits and dictate what nurse can and cannot do. The NPA delineates scope of practice. Therefore, the manager would contact the NPA in this scenario. The other sources are not appropriate given the context of the scenario.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Safe, Effective Care Environment: Management of Care
Cognitive Level: Remember
Integrated Process: Nursing Process
Page and Header: 7, Practical/Vocational Nursing

10. **B**. Concern and attachment are the result of a close relationship of one human being with another. Thus, asking the client how they are feeling and expressing concern exemplifies caring. Stability and security, communication

and teaching, and organization and evaluation are physical care themes that are part of nursing care.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Psychosocial Integrity
Cognitive Level: Apply
Integrated Process: Caring
Page and Header: 11, Caring Skills

11. **A**. The promotion of wellness is important not only in our communities, but also in nationwide health. Promotion of healthy habits and nutrition/exercise can decrease some of the risk factors leading to acute and chronic illness and will lead to a decrease in hospital admissions. If effective, it would contribute to the management of issues that require an increase in the number of nurses required. Nurses fill roles other than in acute care facilities, and the recruitment of more nurses to those facilities does not address the issue of the shortage in other areas of nursing. Immunization of children does not affect the nursing shortage directly because there is not a relationship between the lack of immunization increasing the risk for illness to the present nurses employed in the field. Increasing the retirement age can have a detrimental effect on those nurses being required to work with age-related changes affecting their health.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Health Promotion and Maintenance
Cognitive Level: Apply
Integrated Process: Teaching/Learning
Page and Header: 10, Proactive Strategies

12. **B**. The nurse is demonstrating empathy when reiterating what the client is saying. This helps the nurse become effective at providing for the client's emotional needs while maintaining detachment. The other responses indicate that the nurse is feeling sympathy for the client, which includes feeling as emotionally distraught as the client. While this may be an unavoidable response, it may not help the client move through the grieving process as effectively.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Psychosocial Integrity
Cognitive Level: Apply
Integrated Process: Caring
Page and Header: 11, Counseling Skills

13. **C**. When delegating tasks to an unlicensed assistive personnel (UAP), the nurse should perform the rights of delegation prior to delegating. Assisting the client with activities of daily living such as transfers, assisting with toileting, and feeding are examples of tasks that the UAP can perform on their own. Inserting a nasogastric tube, starting an IV, and performing an assessment for a newly admitted client are tasks that *the nurse* must perform and are outside of the scope of practice for the UAP.

Format: Multiple Choice
Chapter 1: Nursing Foundations
Client Needs: Safe, Effective Care Environment: Management of Care
Cognitive Level: Apply
Integrated Process: Communication and Documentation
Page and Header: 7, Practical/Vocational Nursing